

Deliberative

- When taking a test, go through the questions slowly, concentrating on the ones you are more sure of first. Do the other questions later so that you have time to complete the exam.

Empathy

- When taking a test, ask yourself what concept the math question is about. (Put yourself in the shoes of the math teacher who wrote the problem. For example, is it asking me about square roots, the slope of a line or the quadratic equation?)