

INTERNATIONAL STUDENT CENTER

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Dean, Counseling, Advising &
Matriculation

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If you'd like to share your
culture and experience by
contributing to *The Olive
Branch*, please contact Supinda.



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NO CLASSES

December 19—January 12

The Olive Branch

Cañada College International Student Newsletter

VOLUME 2, ISSUE 22

FALL 2013, DECEMBER 19

BUILDING 5, ROOM 229

Congratulations to our Staying Safe over New Ambassadors the Winter Break

The International Student Center would like to congratulate and introduce our new International Student Ambassadors for the Spring semester.



Tianqi (Lily) Zheng
China

Major: Accounting

Campus Involvement:

International Culture Exchange
Club

Interests: Reading, Painting

Favorite thing about Cañada:

Calm environment



Andres Cuellar
El Salvador

Major: Kinesiology

Campus Involvement: Soccer
team

Interests: Soccer, movies, food
and traveling.

Favorite thing about Cañada:
friendly people and amazing
campus.

If you are staying in the U.S. during the winter break, make sure that you have an emergency contact information and health insurance card with you at all times.

To download a copy of your health insurance card, log onto: <http://studentinsuranceusa.com/id-cards/international>.

Remember that you should always have health insurance when you are in the U.S. Medical care is expensive in the U.S. and having health insurance dramatically decreases the cost of health care.

The Health Center will be closed during the winter break. You can find a list of health care providers that accept your health insurance here:

www.providerlookuponline.com/UHC/po7/Search.aspx.

Have a great winter break and stay safe!

Important Dates

Friday, February 14

Online Scholarship Application Deadline

<http://canadacollege.edu/financialaid/scholarship.php>

Wed, December 18

Last day of the Fall semester

Wed, December 18, 3-5pm, Bldg 8 Reception

End of the Year Party

Mon, January 13

First day of the Spring semester

Mon, January 27

ADD/DROP deadline

Mon, January 27

Check in deadline Submit check in form, updated immigration documents and proof of health insurance.

Mon, January 6, 3:15pm, Bldg 8

New International Student Welcome

Reception Come say hello and meet new international students at Cañada.

Wed, January 29, 12:30-1:30, Bldg 9-106

Transfer Workshop for F-1 Students

Saturday, February 15

Deadline for buying health insurance:

www.studentinsuranceusa.com



Extending your F-1 Visa

If you are travelling outside of the U.S. during winter break, your F-1 visa must be valid when re-entering the U.S. If your F-1 visa is expired or you do not have an F-1 visa stamp in your passport because you were approved for a Change of Status, you must extend your F-1 visa at a U.S. embassy abroad, preferably in your home country. In order to extend your F-1 visa you will need to take the following steps:

1. Schedule a visa appointment at a U.S. embassy in your home country. Find the nearest U.S. embassy here: <http://usembassy.state.gov/>. You will need the information on your I-20 to request a visa appointment online. You may find visa wait times here: <http://travel.state.gov/visa/temp/wait/>.
2. You will need the following documents:
 - a. Original passport valid at least 6 months into the future
 - b. Original I-20 showing current program of study
 - c. Original transcript (Please request an original transcript from WebSmart.)
 - d. Original financial documents showing funds for the remaining period of study (If you have a financial sponsor, a letter from your sponsor stating that they will provide funding for your stay while in the U.S.)
 - e. Copy of your SEVIS fee receipt (You may print a copy at www.fmjfee.com.)
 - f. If you submitted a Change of Status application, original Change of Status Approval notice.
 - g. If you are on OPT, original OPT approval notice and/or EAD card. If you have an employer, you should request a letter verifying your employment.
3. Show up to your visa appointment on time. If you are denied an F-1 visa, please ask for documentation indicating the reasons for the denial. Scan the letter and send a copy to caninternational@smccd.edu for further instructions. Schedule another visa appointment and repeat the process again.
4. When entering the U.S., make sure that you present your passport and I-20 to the Customs & Border Protection (CBP) officer.
5. Please check in with ISC within 10 days of entering the U.S. and provide a copy of your new F-1 visa and I-94 record (www.cbp.gov/i-94).



Travel Tips during the Winter Break

If you are traveling during the winter break, it is important that you are prepared to present the following documents to the Customs & Border Protection (CBP) officer when re-entering the U.S.

- Valid passport (expiration date must be at least 6 months into the future)
- Valid F-1 visa stamp in your passport
- I-20 with a travel signature from Supinda on the bottom of the last page dated within 6 months
- Proof of financial support
- Proof of registration in the upcoming Spring semester (recommended)
- Proof of SEVIS fee payment, download at www.fmjfee.com (recommended)

If you do not have all the necessary documents to re-enter the U.S., you may be sent to secondary inspection where a CBP officer will review your SEVIS record more closely. They may issue you a Form I-515A indicating that you do not have all the necessary documents to re-enter the U.S. If you receive an I-515A, please make an appointment to see Supinda as soon as possible, you will be responsible for sending your immigration documents for review within 30 days.

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International Ambassador

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The Olive Branch

Cañada College International Student Newsletter

VOLUME 2, ISSUE 21

FALL 2013, DECEMBER 11

BUILDING 5, ROOM 229

My Experience as an International Student Ambassador

How can
I help?

Written by: Marina Andrijevic

Serving as an International Student Ambassador, has been a valuable experience for me. I know how learning a new culture and school system can be confusing and sometimes frustrating. My goal was to share my experience with other international students; give them courage to overcome obstacles they might have and help them 'walk' smoothly through the school year.

As an ambassador, my duties were not only to help students, but our project director, Supinda Sirihekaphong, and to build my leadership, research and technology-use skills.

Even though my goal was to help students I did not get a lot of chances. I worked only once a week, because of my class schedule. However, when I had interactions with students, I helped with all issues they had from choosing and signing up for classes, wondering about different majors to questions about traveling with F-1 visa. My private email address was available to students and I did email with some students in my 'out of work' hours.

I helped Supinda with answering emails, making fliers to upcoming events organized by ISC, answering phone calls, scheduling appointments, and doing specific tasks she asked me to do. Supinda is a great supervisor. She has a lot of patience and understanding for people in the learning process and provides valuable feedback.

I developed myself the most in technology-use. Since I have not used computers except for emails and writing school papers

this was great opportunity for me to learn new things. To name a few, I learned how to use Outlook calendar to schedule appointments and organize emails, how to do a mail merge, and how to make flyers.

I responded to many emails from prospective students and often did not use the standard email, but used my judgment to answer specific questions about Cañada.

What I was doing the most was research. I was constantly looking for things that I could write in our newsletter 'The Olive Branch.' Searches included upcoming events in the Bay Area, free things to do, upcoming holidays from different cultures and how they are celebrated, etc.

I would highly recommend international students to serve as an Ambassador. It does not take a lot of time, your work schedule is tailored to fit your school schedule. This position gives many opportunities to meet people and make friends, but also to enrich yourself with new skills.

I am grateful for this opportunity and if I could, I would do it again! Thank you, Supinda!

Important Dates

Friday, February 14

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<http://canadacollege.edu/financialaid/scholarship.php>

Wed, December 18

Last day of the Fall semester

Wed, December 18, 3-5pm, Bldg 8 Reception

End of the Year Party

Mon, January 13

First day of the Spring semester

Mon, January 27

Check-In and ADD/DROP deadline

Become an International Student Ambassador

In support of Cañada College's vision and mission, the International Student Center uses core professional competencies and best practices to provide individualized services for international students, so they can achieve their personal, educational, and professional goals. The International Student Center also promotes understanding and respect for diverse perspectives by providing college-wide opportunities for community engagement and cultural exchange.

The International Student Ambassador Program would enhance the personalized support services that our International Student Program strives for. The International Student Ambassador Program will:

1. Provide current international students opportunities for mentoring opportunities and the development of leadership skills.
2. Provide new international students with a peer support network to help them navigate a new environment and to integrate international students into the larger college community. International student ambassadors serve as role models for new students and foster a cycle of learning where international students share first-hand experiences on how to succeed academically, socially, and even emotionally.
3. Provide International Student Center staff with support in providing student-centered services to an increasing population of incoming, current, and prospective international students. As the number of international students continues to grow, international student ambassadors will assist in our goal of delivering high quality and personalized attention for which ISC strives through its international programs.

The International Student Center is seeking International Student Ambassadors to work 5 hours per week each. Student ambassadors will be paid \$10 per hour.

To be eligible for the International Student Ambassador Program, students must:

- Be a current Cañada College student,
- Enrolled in at least 12 credits,
- Have completed at least one semester at Cañada,
- Have at least a 3.0 GPA, and
- Provide at least one recommendation by a Cañada faculty or staff member.

Request an application and recommendation form from Supinda by emailing sirihekaphongs@smccd.edu. Applications and recommendation forms must be submitted by FRIDAY, DECEMBER 13.

With direction from Supinda Sirihekaphong, Project Director, International Support Services, international student ambassador job responsibilities include:

- Take initiative in being knowledgeable about Cañada's programs of study and student services offices.
- Answer incoming phone and email inquiries in the caninternational@smccd.edu email account and forward specific email inquiries to international student program staff, as needed.
- Gather content for *The Olive Branch: International Student Newsletter*.
- Post announcements on Facebook, with direct supervision from the Project Director.
- Act as a peer mentor to a group of 2-4 new international students by meeting at least 3 times per semester.
- Assist International Student Center staff with various activities and events including but not limited to orientation, campus visits by international delegations, campus tours for agents and prospective students, international student workshops, and International Culture Exchange Club activities.
- Assist with preparation of international program documents, including acceptance packets, orientation documents, and outreach materials.
- Participate in the college's international education advisory board meetings.
- Complete clerical tasks such as data entry, photocopying, filing, and other tasks as assigned.



The International Student Center invites you to an

End of the Year Party

Wednesday, December 18, 2013
3:00 - 5:00pm
Building 8 Reception Area

Come early to win a door prize and invite your host family, friends, and favorite professor.

Celebrate the end of the year with good food and good friends with fellow international students.

Confirm your attendance by emailing caninternational@smccd.edu.



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A Note of Gratitude

Stress Management Workshop

Become a Student Leader

Happy Thanksgiving

NO CLASSES November 28-29

A Note of Gratitude

From Supinda Sirihekaphong


What I like most about working in higher education is that teaching and learning doesn't just happen in the classroom and with students. This Thanksgiving, I'm grateful for all the positive changes I've seen in myself and in my students.


This year has provided me with many challenges that has helped me grow and develop better time management skills in juggling my roles at Cañada College and as a doctorate student at SFSU. I discovered my strengths and limitations that helped me to decide when to ask for help and when to take a much deserved break. What I learned from this year is that, although I play many roles—a colleague, an advisor, a team member and at times a leader—I've also learned when to let go, when I come to realize that not all problems are mine to fix but I can still lend a helping hand or a sympathetic ear.

This year I'm also proud of my students for

STRESSED?

International students are invited to come and learn techniques to help reduce anxiety and manage stress!





- General Stress/Anxiety
- Coping Skills
- Change negative patterns
- Time management
- How to gain control

Tuesday, December 3, 2013
12:30 – 1:30pm
BUILDING 5 ROOM 223
LUNCH WILL BE PROVIDED

their courage and openness in learning through experience about new cultures and their own strengths and limitations that can be overcome. Another lesson I've learned from my colleagues and students is that success happens through teamwork and I'm proud that we made it through together.

I'm grateful for being a part of the Cañada family because the value we place on community and helping each other out.

Important Dates

Sun, December 1

Online Scholarship Application Open

<http://canadacollege.edu/financialaid/scholarship.php>

Tue, December 3, 4-6pm, Learning Center

JFK University Representative on campus

Fri, December 6, 10am-1pm, Learning Center

CSU East Bay Representative on campus

Fri, December 13, 7:30-9:00pm, Main Theater

Dance Show

Thu, December 12-Wed, December 18

FINAL EXAMS SCHEDULED

Thu, December 19-Sun, January 12

Winter Break

Monday, December 2, 6-8pm, Bldg 9-257A

Narrating Your Dream Writing Workshop

What is your "American Dream"? What stories do you have to tell? In this workshop, explore the power of narrative to help us to make sense of our experiences and make art out of our lives.

www.canadacollege.edu/dreamact/

Thursday, December 5, 3-5pm, Bldg 3-148

International Film Night FREE film and food

from Mexico. Join the International Culture Exchange Club's screening of "Sin Nombre," about a Honduran teenager, who has an opportunity to realize her American dream.

Become a Student Leader: Join the

As the club advisor for the International Culture Exchange Club, I wanted to take this opportunity to say how proud I am of the International Culture Exchange Club.

A successful club takes trust, hard work, and sometimes mistakes. The Office of Student Life and Leadership offers a lot of support to any club or student leader who wants to share their passion with the Cañada community.

For anyone who is interested in being a student leader, I highly recommend you review the Office of Student Life and Leadership's website at: <http://canadacollege.edu/studentlife>. There is a lot of helpful information about how to organize a successful event and important procedures including how to request funding from ASCC.

When the new club officers of the International Culture Exchange club were having a rough time planning the International Film Night, the officers organized a team building meeting where they invited Vice President of ASCC, Jolani Moy to present about club procedures. They also did some team building activities and brainstormed

how to work better as a team.

After the team building meeting the club officers worked together and were successful in organizing three International Film Nights this semester.



Please join them in the final INTERNATIONAL FILM NIGHT and learn about Mexico and enjoy a FREE film and food.

The International Culture Exchange Club is looking for new student leaders to serve as club officers next semester. If you're interested in serving, please email caninternational@smccd.edu, with "ICE" in the subject line.

**President
Treasurer**

**Vice-President
Publicity Officer**

**Secretary
ASCC Liaison**



Thursday, October 10th
4:00
Build



Come
free f
from

Sponsored by: International Culture Exchange
For more information, email caninternational@smccd.edu



For more information email caninternational@smccd.edu

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VOLUME 2, ISSUE 19

FALL 2013, NOVEMBER 15

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Thanksgiving: An American Holiday

Written by : Marina Andrijevic

Thanksgiving is a true American holiday. There are claims that the first Thanksgiving was held in El Paso, Texas in 1598 but many people trace the origins to the harvest celebration that Pilgrims held in Plymouth, Massachusetts in 1621. Others believe that the first Thanksgiving was in 1623, when rain ended a long drought. Thanksgiving took the form of a special church service.

Thanksgivings after the harvest became more common. However, it was celebrated on different days in different communities. George Washington proclaimed the first national Thanksgiving Day in 1789.

Not everyone sees Thanksgiving as a cause for celebration. Each year since 1970, a group of Native Americans and their supporters have staged a protest for a National Day of Mourning at Plymouth.

Today, Thanksgiving is traditionally a day of giving thanks and for families and friends to get together for a special meal of turkey, stuffing, potatoes, and pumpkin pie.

Hanukkah: Jewish Festival of Lights

Written by : Marina Andrijevic

Jewish communities in the U.S. celebrate the first day of Hanukkah on the 25th day of the month of Kislev in the Jewish calendar. This year that day is November 28. Hanukkah lasts for eight days. The first night of Hanukkah starts with special blessings at sunset the day before the 25th of Kislev. Many Jewish people light candles on a menorah, which holds eight candles for each night of Hanukkah.

Hanukkah commemorates the Jewish people's successful rebellion against the Greeks in the Maccabean War in 162 BC. A ritual cleansing and re-dedication of the Temple occurred after the Jewish people's victory. It is believed that there was only enough oil to keep the lamp burning for one day but the small bottle of oil miraculously lasted for eight days. Hanukkah is referred as the Festival of Lights for this reason.

The first day of Hanukkah is the start of a celebratory period in which a four-sided toy called a dreidel is used for games. The first night of Hanukkah is also a night when people sing songs and give gifts to celebrate Hanukkah.

Important Dates

Tue, Nov 19, 12:00-1:00pm, Bldg 9-106

Wed, Nov 20, 12:00-1:00pm, Bldg 16-110

Mon, Nov 25, 12:00-1:00pm, Bldg 16-110

Tue, Nov 26, 2:30-3:30pm, Bldg 9-106

UC, CSU & Common Application Workshop

Wed, Nov. 20, 1:00-2:00pm, Bldg 16-110

Writing a Personal Statement

Mon, Nov 18, 10:00am-1:00pm, Learning Ctr

CSU East Bay Representative On-Campus

Thu, Nov 21, 4:30-6:30pm, Transfer Center

Notre Dame de Namur University Rep

Sat, Nov 30

DEADLINE: UC and CSU Applications DUE

Mons, 8:30am-12:30pm; Tues, 8:30-10:30am

Weds, 4:30-6:30pm; Thurs, 8:30-10:30am

Learning Center: Drop-in Writing Tutoring

MAY YOUR THANKSGIVING BE
FILLED WITH ALL THE THINGS
YOU'RE THANKFUL FOR!



Extracurricular Activities: Life as a Student Leader

Written by: Cherry Zhang from China

Being involved in school activities teaches important life skills that benefit students in various areas of their lives such as teamwork, diligence, time management and self-discipline. It also gives students a social edge and the opportunity to interact with other students outside of class and make new friends.

When I first came to Cañada College, to be honest, I was extremely homesick. As a result, I refused to talk to people or do any extracurricular activities. I felt that my homesickness was getting worse. However, one day Cassi, my first Chinese friend invited me to join a club she was starting, the International Communication Club. The club was composed of international students. We shared our stories, cultures, and even troubles and gradually, I could feel my changes; I did not miss my home that much and I

started to get involve and enjoy my new school life at Cañada College. I also volunteered to be a treasurer of the club and I highly recommend students who are majoring in Accounting to be a treasurer because I think the work of being a treasure is related and helpful to your major.

Later, I became the President of the club. I thought I changed a lot and made many improvements, especially my leadership skills. Also, from this experience I think I have grown from being dependent to independent; naive to professional; childish to mature; and these changes have definitely contributed club activities.

This is my last semester and I plan on transferring to UC. I believe that the experience of being active in extracurricular activities will be quite helpful.



Cañada College: Home to the Redwood Symphony

One of the Bay Area's most notable symphony orchestras is not only based at Cañada College, but is free for all SMCCD staff and students. Professor of Music, David Meckler, interviewed the Founder and Music Director of the Redwood Symphony, Eric Kujawsky. What can you say about Redwood Symphony that would make people want to come to one of your concerts, such as the one coming up on Saturday, November 23 at 8pm in the Main Theatre?

Eric Kujawsky: Having taught at all grade levels, from kindergarten to college, I have seen firsthand that so many people grow up with the false idea that classical music is boring, and too "upperclass." I think the way it has been traditionally marketed has been counterproductive! Redwood Symphony concerts are meant to be a reenergized approach to a very old art form, one which happens to have works written by men and women still composing today.

When I founded Redwood Symphony in 1985, it was my intention that we would be a very non-traditional kind of orchestra. We've tried to innovate in every possible area, from programming to how we dress. In addition to standard repertoire, we feature music written by living composers, and we also do music that is generally considered too risky or ambitious for an all-volunteer group, especially Mahler symphonies, Stravinsky, Bartok, Adams, etc. Our concerts aren't stuffy, but they are really engaging, informative and eye-opening and our audiences are trending younger and more casual than you'll see at most orchestra concerts. We're attracting a healthy combination of both experienced and non-experienced listeners, all ages, who share an appetite for a range of music. Check out redwoodsymphony.org to find out what we've accomplished (mostly at Cañada College; thank you, CC!)

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Cañada College International Student Newsletter

VOLUME 2, ISSUE 18

FALL 2013, NOVEMBER 1

BUILDING 5, ROOM 229

Diwali: Festival of Lights

Written by : Marina Andrijevic

Diwali (Dīvali, Dīpāwali, or Deepavali) is a festival of lights observed on the 15th day of the month of Kartika in the Hindu calendar. Diwali is one of the biggest Hindu festivals celebrated among many people and communities around the world and in the United States.

Diwali is called the Festival of Lights and is celebrated to honor Rama-Chandra, the incarnation of the god Vishnu. It is believed that on this day Rama returned to his people after 14 years of exile during which he fought and won a battle against the demons and the demon king, Ravana. People lit their houses to celebrate his victory over evil (light over darkness).

The goddess of happiness and good fortune, Lakshmi, is also an important figure in the celebration. It is believed that she roams the earth on this day and enters the house that is pure, clean, and bright. Diwali celebrations may vary in different communities but its significance and spiritual meaning is generally "the awareness of the inner light."



Many women and girls use mehendi, which is a temporary henna decoration, on their palms. It is also common to wear fine jewelry and silk outfits to celebrate this joyous festival. Some businesses celebrate Diwali with Indian sweets and Chai tea. Many homes that celebrate Diwali have assorted sweets, savories and Diwali herbs. Some communities organize firework displays and states such as Utah have proclaimed Diwali as one of their state festivals.

Resource: <http://www.timeanddate.com/holidays/us/diwali>

Important Dates

Tue, Nov 5, 1:00-2:00pm, Bldg 5-223

Career Center Workshop: Resume Creation

Tue, Nov 12, 1:00-2:00pm, Bldg 5-223

Career Center: Interviewing Essentials

Tue, Nov 5, 2:00-3:00pm, Bldg 9-106 and

Thu, Nov 14, 1:00-2:00pm, Bldg 9-106

**Transfer Center: How to fill out the UC, CSU,
and Common Applications?**

Wed, Nov 6, 11:30am-12:30pm, Bldg 16-110

and Thu, Nov 14, 2:00-3:00pm, Bldg 9-106

Transfer Center: Personal Statement

Mons, 8:30am-12:30pm; Tues, 8:30-10:30am

Weds, 4:30-6:30pm; Thurs, 8:30-10:30am

Learning Center: Drop-in Writing Tutoring



Wed, Nov 6, 12:00-5:00pm, Upper Quad

Campus Movie Fest: Make a Film in Week

Find out how to make a 5-minute film:

www.campusmoviefest.com/canada

Tue, Nov 12, 2:00-6:00pm, The Grove

Campus Move Fest: Submit your film

Thu, Nov 14, 7:30-8:30pm, The Grove

Campus Movie Fest Finale

10 Tips on Staying Healthy During Flu and Cold Season

Written by: Marina Andrijevic from Serbia
Free flu shots are offered in the Health Center during regular business hours. On their website you can find the link to the Center for Disease Control's flu prevention tips at: <http://canadacollege.edu/healthcenter>.

Besides getting the shot, there are so many other things you can do to keep yourself healthy during the winter:

1. Eat Healthy. Remember to eat the recommended 5-9 servings per day of fruits and vegetables.
2. Get enough sleep. This will help manage your stress.
3. Drink more water. Consume at least 8 glasses a day.
4. Wash your hands.
5. Avoid touching your face unless you have clean hands.
6. Cover your mouth with a disposable tissue when coughing and sneezing.
7. Avoid sharing objects like cups, utensils, etc.
8. Exercise at least 3-4 days a week.
9. Limit alcohol intake.
10. Take your vitamins and minerals such as: Zinc, vitamin D, herbal supplements (echinacea, sambucus, etc.) and probiotic. Some studies showed that garlic can help prevent a cold.

All of these are important and valuable tips to follow in order to stay healthy during the cold season!

Cañada College Health Center
presents:
Fall Lifelong Wellness
JOIN US!!!
**Wednesday
November 6th**
Fall Lifelong
Wellness Fair
10am-2pm in the Grove
Dining Hall
FREE FLU SHOTS
Free food if you visit 5
vendor stations!
2 Raffle Prizes
at 12pm and
2pm!

Being a Student is More Than Just Going to Class and Studying

If you think going to classes and getting A's is enough to transfer into your dream school, top universities such as UC Berkeley recognize that being a student is not just about gaining knowledge but its also about gaining a stronger sense of yourself. College is the perfect time for you to explore your interests and develop character and leadership skills that will help you become a better student and a better person. That's why colleges in the U.S. have Centers for Student Life that offers students opportunities to gain leadership skills and while making new long-life friendships.

In selecting students, UC Berkeley takes a "holistic" approach, this means that they look at potential students as a whole person and not just as a student. Here are some things that they look at when reviewing applications:

1. Academic achievement including the number and rigor of courses taken and the grades earned.
2. Personal qualities such as leadership ability, motivation, initiative, originality, maturity and concern for others.
3. Diversity in personal background and experience.
4. Other areas of achievement such as academic, community service, employment or volunteer service, athletic and creative pursuits.

Students are able to demonstrate all of the above by providing transcripts, a personal statement, portfolios (art/music students), and letters of recommendation.

Resource: <http://admissions.berkeley.edu/selectsstudents>



Dia de los Muertos

Celebrate with the Center for Student Life & Leadership, 10:30am-12:30pm, Bldg 5-350

Monday-Thursday, November 4-7

Dia de los Muertos Altar

Interactive altar on display in the Grove.

Monday, November 4

Face Painting

Learn about the significance of painting faces during Dia de los Muertos and get your face painted.

Tuesday, November 5

Creating Sugar Skulls

Learn the history of sugar skulls and make one too.

Wednesday, November 6

Decorating Sugar Skulls

Learn how to decorate hardened sugar skulls.

INTERNATIONAL STUDENT CENTER

Kim Lopez

lopezk@smccd.edu

Dean, Counseling, Advising &
Matriculation

Supinda Sirihekaphong

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VOLUME 2, ISSUE 17

FALL 2013, OCTOBER 18

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An Islamic Pilgrimage

Written by : Khaoula Charabili from Morocco
October 13 was the first day of *Hajj*, an Islamic pilgrimage to Mecca and the largest gathering of Muslim people in the world. This year it is estimated that 2 million Muslims from all other world will travel to Mecca.

Hajj is one of the five pillars of Islam, and a religious duty which must be carried out by every physically and financially capable Muslim at least once in his or her lifetime. The Hajj is a demonstration of solidarity and devotion of the Muslim people to Allah.

The pilgrimage occurs from the 8th to 12th *Dhu al-Hijjah*, which is the 12th and last month of the Islamic calendar. Because the Islamic calendar is a lunar calendar, eleven days shorter than the Gregorian calendar used in the Western world, the Gregorian date of the Hajj changes from year to year.

The Hajj is associated with the life of the Islamic Prophet Muhammad from the 7th century, but the ritual of pilgrimage to Mecca is considered by Muslims to stretch back thousands of years to the time of Prophet Abraham (Ibrahim).

During the period of Hajj, pilgrims join processions of people, who converge on Mecca and perform a series of rituals: Each person (1) walks counter-clockwise seven times around the Ka'aba, the black cube-shaped building which acts as the Muslim direction of prayer, (2) runs back and forth between the hills of Al-Safa and Al-Marwah, (3) drinks from the Zamzam Well, (4) goes to the plains of Mount Arafat to stand in vigil, and (5) throws stones in a ritual stoning of the Devil.



Important Dates

Mons, 8:30am-12:30pm; Tues, 8:30-10:30am

Weds, 4:30-6:30pm; Thurs, 8:30-10:30am

Learning Center: Drop-in Writing Tutoring

Students can get assistance for any writing assignment. Whether you are enrolled in Biology or English, History or Speech, Chemistry or Business, ESL or Psychology, we are here to assist you in planning, researching, organizing and writing your paper. From the initial brainstorming through the final draft, we can support you in the entire writing process.

Thu, Oct 24, 2:00pm-3:00pm, Bldg 9-106

Wed, Oct 30, 11:00am-12:00pm, Bldg 16-110

UC, CSU & Common Application Workshop

Tue, Oct 22, 1:00-2:00pm, Bldg 5-223

Career Center: Cover Letters

Thu, Oct 31, 11:00am-1:30pm, Quad

Spirit Thursday: Halloween Bash: Join the whole campus to celebrate a Carnival-themed Halloween with a costume contest, food and prizes. Come in costume!



Tips for Transferring to UCs

Written by : Cherry Zhang from China

Most transfer students at the University of California (UC) are from California community colleges. In fact, UCs usually admit 7 of every 10 California community college students who apply. UCs work in partnership with the community colleges to make transfer possible and gives community college students priority over other transfer applicants, including those from other colleges and UC's own intercampus transfers. Here are some tips:

1. Know which courses transfer.

One of the best ways to guarantee a smooth transfer from a community college to a UC is to have all courses transfer. The most effective approach is to seek assistance from an academic counselor as soon as possible. Students can also use www.assist.org for information on transferrable courses. Not all UCs have the same requirements, so it is essential that students understand which courses will transfer to which UC campus. From there, student can develop a student education plan.

2. Understand minimum admission requirements.

The transfer process is a tedious one but if students already know what is expected of them, this makes the process much easier. The UC website is filled with resources, including how to apply: <http://admission.universityofcalifornia.edu/how-to-apply/apply-online/index.html>. Many of the items required for admissions at a UC are the same as with other colleges/universities, such as submitting official transcripts and personal statements, but each school may have its own specific list of items needed.

3. Find out if TAG applies.

Community college students who don't know what TAG is should make it a priority to find out because it could help make the process of getting into a UC much less stressful. In a nutshell, the Transfer Admissions Guarantee (TAG) is a special program that ensures students get accepted automatically, as long as they meet specific requirements, but not all UCs are a part of this program. Only 7 campuses currently participate in the TAG program: UC Irvine, UC Santa Cruz, UC Davis, UC Santa Barbara, UC Merced, UC San Diego and UC Riverside.

So if you're thinking about transferring, set up an appointment to meet with a counselor now. You can schedule an appointment by stopping by the Welcome Desk in Building 9, 1st Floor or calling 650-306-3452. See you at Transfer Day, there will be over 50 universities.

The History of Halloween

Written by: Marina Andrijevic from Serbia

Halloween is a holiday celebrated on the night of October 31. The word Halloween is a shortening of All Hallows' Evening, hallow meaning holy or sacred.

Halloween has its origins in the ancient Celtic festival in Ireland. They believed that on October 31, the boundaries between the worlds of the living and the dead overlap and the deceased would come back to life and cause havoc such as sickness or damaged crops. The festival would frequently involve bonfires and masks and costumes were worn in an attempt to mimic the evil spirits or appease them.

The tradition of trick-or-treating goes back to the Middle Ages. The poor folks would go begging on Halloween and receive food in return for prayers for the dead.

Today, Halloween is the United States' second largest retail holiday behind Christmas. The National Retail Federation projects that Americans are expected to spend \$2.6 billion on Halloween costumes for adults, children and pets. Consumers are projected to spend \$79.82 per person on costumes and candy and 51.4% will decorate their home or yard, 45% will wear a costume and 15.1% will dress up their pets.

www.halloweenhistory.org/
www.examiner.com/article/how-much-people-spend-on-halloween
www.cnn.com/2013/06/13/us/halloween-fast-facts/index.html

**Transfer Day
Annual College Fair**

Date: October 22, 2013
Time: 10:30 a.m. — 1:00 p.m.
Location: The Grove
(Cafeteria/BLDG 5)

From here you can go anywhere!

This is an excellent opportunity to meet with university representatives and explore your option of transferring to a four year university. (CSU, UC, private, and out-of-state universities)

List of the university participants is available at:
<http://www.canadacollege.edu/student/transferday.html>

For more information contact
the Transfer Center at
(650) 306-3453
cantranscr@smccd.edu

**INTERNATIONAL
STUDENT CENTER**

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- UN Non-violence Day
- Plan Ahead for Spring 2014

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Cañada College International Student Newsletter

VOLUME 2, ISSUE 16

FALL 2013, OCTOBER 4

BUILDING 5, ROOM 229

The Olive Tree: Cañada's Official Tree

Written by: Ruixuan "Cherry" Zhang

The Hebrew word for "olive tree" is *es shemen*, which literally means "tree of oil." The root word *shemesh* mean "to shine or to be brilliant" like the sun. The olive tree was one of the most valuable trees to the ancient Hebrews. It is first mentioned in Scripture when the dove returned to Noah's ark carrying an olive branch in its beak (Gen.8:11). Since that time, the olive branch has been a symbol of "peace" to the world, and we often hear the expression, "extending an olive branch" to another person as a desire for peace.

Cañada College has had a special relationship with olives since its inception. Many of the historic olive trees were naturalized from early California plantings and because of that, the olive tree is part of the Cañada College logo.

When the college was built in the late 1960's, the olive trees were carefully removed during construction and planted in a temporary location under the protective custody of the San Mateo Community College District's Buildings & Grounds experts. The olive trees were replanted in time for the

college's official opening in 1968.

Forty-four years later, the trees are thriving and are an integral part of the campus. The graceful leathery olive trees bearing gray-green leaves haven't changed much over the years. However, the College has charged into the future with a brand-new look for its classrooms, state of the art facilities and innovative programs that improve access to higher education and provide the local industry with a highly qualified workforce. (<http://olivefest.org/>)



Important Dates

Mons, 8:30am-12:30pm; Tues, 8:30-10:30am
Weds, 4:30-6:30pm; Thurs, 8:30-10:30am

Learning Center: Drop-in Writing Tutoring

Students can get assistance for any writing assignment. Whether you are enrolled in Biology or English, History or Speech, Chemistry or Business, ESL or Psychology, we are here to assist you in planning, researching, organizing and writing your paper. From the initial brainstorming through the final draft, we can support you in the entire writing process.

Tue, Oct 8, 1:00pm-2:00pm, Bldg 9-106
UC, CSU & Common Application Workshop

Thu, Oct 17, 1:00-2:00pm, Bldg 6-106

What courses are transferable?

Tue, Oct 8, 1:00-2:00pm, Bldg 5-223

Career Center: Interviewing Essentials

Wed, Oct 9, 11:00am-1:30pm, The Grove

Career Center: Career Fair

Polish your resume and interviewing skills with Bay Area businesses who are hiring.

Tue, Oct 15, 1:00-2:00pm, Bldg 5-223

Career Center: Interviewing Essentials

Int'l Day of Non-violence

Written by : Marina Andrijevic from Serbia

October 2nd is International Day of Non-violence, which was adopted by the United Nations in 2007. It is also the birthday of Mahatma Gandhi. The UN hoped that the day can be used to “disseminate the message of non-violence, including through education and public awareness.”

Will all violence stop on that day and people will live in peace? I am a little sensitive to violence, because I grew up during the Yugoslav war and my country was bombed by NATO the year I started college. I can dream about peace, but the fact that I close my eyes does not change anything. Open the newspapers, watch the news, it is everywhere.

A few weeks ago I was sitting with my friend who grew up in Syria. He was sad and disappointed that chemical weapons were used in the city where he grew up, and I knew what kind of pain he felt. Even though the Syrian government denies it, there is evidence that chemical weapons was used. Reports show that civilians, especially children were trapped by the conflict and are lacking assistance like vaccinations, safe drinking water, shelter, education and psychological support. UNICEF is calling for school and health facilities to be ‘peace zones’.

Let's hope conflict in Syria will resolve soon. It could start with October 2nd – International Non-Violence Day. What will you do for your community to end violence?

[www.un.org/disarmament/content/slideshow/Secretary General Report of CW Investigation.pdf](http://www.un.org/disarmament/content/slideshow/Secretary%20General%20Report%20of%20CW%20Investigation.pdf)

Meet with an Counselor to Plan Ahead for Spring 2014

Written by : Sandra Mendez, Academic Counselor

The most successful students are those who take responsibility for their own educational progress. This often begins by making an appointment with a counselor.

Counselors can help you clarify your educational and career goals and assist you with the development of a Student Educational Plan (SEP). You will get the most out of your visit with a counselor if you have thought about a few questions, bring necessary documents and learn some basics about college requirements.

Prepare for your counseling appointment by:

1. Planning ahead - Avoid the rush by setting up a counseling appointment well before your scheduled date to register.
2. Be on time – Each appointment is only 30 minutes.
3. Come prepared - Write out any questions you may wish to ask your counselor.

To schedule a counseling appointment, please call our counseling center at 650-306-3452. We look forward to working with you to achieve your educational goal!

ASSOCIATED STUDENTS CANADA COLLEGE

INTERNATIONAL FILM NIGHT

THURSDAY, OCTOBER 10th
4:00-6:00pm
Building 3-148

International Culture Exchange

Come and enjoy a free film and food from GERMANY

THE TIN DRUM
A FILM BY VOLKER SCHLÖNDORFF

Sponsored by: International Cultural Exchange Club
For more information, email caninternational@smccd.edu

Fall Into Spring - It's SEP Time!

Update your Student Educational Plan (SEP) to get an early November registration date for Spring 2014!

Deadline: Friday, Oct. 25 @ 12noon

Schedule a Counseling appointment NOW!

To Make an Appointment:
Call us at (650) 306-3452 ♦ Visit us in Building 9; first floor
CAÑADA COLLEGE COUNSELING DEPARTMENT

INTERNATIONAL STUDENT CENTER

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VOLUME 2, ISSUE 15

FALL 2013, SEPTEMBER 20

BUILDING 5, ROOM 229

International Peace Day

Compiled by: Marina Andrijevic

The International Day of Peace, a.k.a. "Peace Day," celebrated on September 21, provides an opportunity for individuals, organizations and nations to create practical acts of peace.

In 1981, the United Nations General Assembly, by unanimous vote, established the International Day of Peace (IDP) which stated in part, "...to devote a specific time to concentrate the efforts of the United Nations and its Member States, as well as the whole of mankind, to promoting the ideals of peace and to giving positive evidence of their commitment to peace in all viable ways." The first Peace Day was celebrated in 1982 on the opening day of the General Assembly.

Since its inception, Peace Day has marked our personal and planetary progress toward peace. It has grown to include millions of people in all parts of the world, and each year events are organized to commemorate and celebrate this day. Events range in scale from private gatherings to public concerts and

forums where hundreds of thousands of people participate.

Anyone anywhere can celebrate Peace Day. It can be as simple as lighting a candle at noon, sitting in silent meditation, or doing a good deed for someone you do not know. Or it can involve getting your co-workers, organization, community or government engaged in a large event. The impact if millions of people in all parts of the world, coming together for one day of peace, is immense, and does make a difference.

International Day of Peace is also a Day of Ceasefire – personal or political. Take this opportunity to

make peace in your own relationships as well as impact the larger conflicts of our time. Imagine what a whole Day of Ceasefire would mean to humankind.

For more information please visit:

www.internationaldayofpeace.org/.



Important Dates

Tue, Sept 24, 11:30am-12:30pm, Bldg 9-106

Mon, Sept 30, 1:00-2:00pm, Bldg 9-106

Transfer Agreement Guarantee Workshop

If you are planning to transfer to UC, now is the time to begin working on your Transfer Agreement Guarantee. TAG applications can be submitted Sept. 1-30. The UC general application period is Nov. 1-30. For more information, go to www.canadacollege.edu/transfercenter/tag.php.

Wed, Oct 2, 11:00am-12:00pm, Bldg 16-110

UC, CSU & Common Applications Workshop

Tue, Sept 24, 1:00-2:00pm, Bldg 5-223

Career Center: Interviewing Essentials

Tue, Oct 1, 1:00-2:00pm, Bldg 5-223

Career Center: How to write a cover letter

Fri, October 4

Deadline: Petition for Degree Completion

Sat, Sept 28, 10:00am-4:00pm

Artistry in Fashion

Featuring great designers, a stylist show, food trucks, Fashion Department Open House, and more! Scholarship fundraiser.

China's Mid-Autumn Festival

"Zhong Qiu Jie" which is also known as the Mid-Autumn Festival, is celebrated on the 15th day of the 8th month of the lunar calendar. Mid-autumn is a time for family members and loved ones to congregate and enjoy the full moon - an auspicious symbol of abundance, harmony and luck. Adults will usually indulge in fragrant moon cakes of many varieties with a good cup of piping hot Chinese tea, while the little ones run around with their brightly-lit lanterns.

"Zhong Qiu Jie" probably began as a harvest festival. The festival was later given a mythological flavor with legends of Chang-E, the beautiful lady in the moon. According to Chinese mythology, the earth once had 10 suns circling over it. One day, all 10 suns appeared together, scorching the earth with heat. The earth was saved when a strong archer, Hou Yi, succeeded in shooting down 9 of the suns. Yi stole the elixir of life but to save the people from his tyrannical rule, his wife, Chang-E drank it. Thus started the legend of the lady in the moon to whom young girls would pray to at the Mid-autumn Festival.

In the 14th century, the eating of moon cakes at "Zhong Qiu Jie" was given a new significance. During the Yuan dynasty (A.D.1280-1368) China was ruled by the Mongolian people. Leaders from the preceding Sung dynasty (A.D.960-1280) were unhappy at submitting to foreign rule, and set out how to coordinate the rebellion without it being discovered. The leaders of the rebellion, knowing that the Moon Festival was drawing near, ordered the making of special cakes. Baked into each moon cake was a message with the outline of the attack. On the night of the Moon Festival, the rebels successfully attacked and overthrew the government. What followed was the establishment of the Ming dynasty (A.D. 1368-1644). Today, moon cakes are eaten to commemorate this event.



Celebrate Peace by Joining



The International Culture Exchange (ICE) Club participated in Cañada Club Rush sponsored by ASCC on September 12.

The Club had its first meeting and are already busy planning events. If you'd like to participate, please attend

ICE Meetings

Every 2nd and 4th Thursday, 2:00-3:00pm

ASCC Meeting Room, Building 5-35

The meetings are one hour long, with half an hour to discuss club business and half an hour to participate in **LEXIS: Language Exchange with International Students** where you can teach fellow club members your language.

ICE is planning **International Film Night** on these days:

Wednesday, October 9 featuring Germany

Thursday, November 7 featuring Japan

Thursday, December 5 featuring Guatemala

PEACE DAY SF



Sept
21

NOON to 4

INTERNATIONAL
PEACE DAY

UN PLAZA
1150 Market St @ Hyde St

CODE PINK sponsored
WOMEN FOR PEACE **event**

www.PeaceDaySF.com

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Cañada College International Student Newsletter

VOLUME 2, ISSUE 14

FALL 2013, SEPTEMBER 6

BUILDING 5, ROOM 229

History of Labor Day

Compiled by: Marina Andrijevic

Labor Day, the first Monday in September, is a creation of the labor movement and is dedicated to the social and economic achievements of American workers. It constitutes a yearly national tribute to the contributions workers have made to the strength, prosperity, and well-being of the U.S.

The form that the observance and celebration of Labor Day should take was outlined in the first proposal of the holiday — a street parade to exhibit to the public "the strength and esprit de corps of the trade and labor organizations" of the community, followed by a festival for the recreation and amusement of the workers and their families. This became the pattern for the celebrations of Labor Day. Speeches by prominent men and women were introduced later, as more emphasis was placed upon the economic and civic significance of the holiday.

The character of the Labor Day celebration

has undergone a change in recent years—the holiday also symbolizes the end of summer for many Americans, and is celebrated with parties, parades, and sports events.

The vital force of labor added to the highest standard of living and the greatest production the world has ever known and has brought us closer to the traditional ideals of economic and political democracy. It is appropriate, therefore, that Labor Day pays tribute to the creator of so much of the U.S.'s strength, freedom, and leadership — the American worker.

www.dol.gov/laborday/ and

www.history.com/topics/labor-day



Important Dates

Saturday, Sept 8

Last Day to Drop with no "W"

Tuesday, Sept 10, 1:00-2:00pm, Bldg 5-223

Employment Workshop for F-1 Students

Thursday, Sept 12, 12:30-1:30pm, Bldg 9-106

Transfer Agreement Guarantee Workshop

If you are planning to transfer to UC, now is the time to begin working on your Transfer Agreement Guarantee. TAG applications can be submitted Sept. 1-30. The UC general application period is Nov. 1-30. For more information, go to www.canadacollege.edu/transfercenter/tag.php.

Thursday, Sept 12, 2:15-3:00pm, STEM Center
Scholarship Information Session

Do you have a 3.5 GPA or higher? Are you transferring to a four-year university next fall? Find out how you can get nominated for the \$30,000 Jack Kent Cooke Scholarship and other scholarships for transfer students.

Tues, Wed & Thurs, Sept 10-12, 11am-1:30pm

ASCC Welcome Back Week

ASCC is welcoming students to campus with games, prizes, food, and information about various services on campus. Sign up for a club during **CLUB RUSH on Spirit Thursday**.

Employment Options for

F-1 International Students

There is a misconception that international students are not allowed to work while in the U.S. on F-1 status. Here's a list of opportunities and eligibility:

On-campus Employment: International students are allowed to work on-campus for no more than 20 hours per week during the semester (students may work more than 20 hours per week during semester breaks). Students may apply for positions at the Bookstore, Library, Learning Center, and SMCCD District Office. International students are not eligible for U.S. government work study positions.

Off-campus Employment

a. Curricular Practical Training (CPT)

After completing two semesters on F-1 status, students may be eligible for CPT authorization for internships/work experience related to your field of study as listed on your I-20. Students must register for cooperative education/practicum units. Students are still limited to 20 hours per week during the semester. Students must have an employment offer and request an I-20 with CPT authorization from ISC before working.

b. Optional Practical Training (OPT)

After completing two semesters on F-1 status, students may apply for OPT authorization from USCIS. The application process takes up to 90 days and has a fee of \$380. If approved, students obtain 12 months of authorization within your field of study only. An employment offer is not required and OPT may be done before or after completing an associate.

c. Severe Economic Hardship

After completing two semesters on F-1 status, students may apply for authorization from USCIS, if students prove an unforeseen severe economic hardship, such as theft or death/illness of a sponsor. The application process is the same as OPT. Employment under Severe Economic Hardship is granted for 12 months and work does not have to be within the student's field of study.

Fun FREE Events Around Town

Compiled by: Marina Andrijevic

Music on the Square

Fridays until September 27

6:00-8:00pm

Courthouse Square

View all of our Downtown and

Parks concert schedules:

www.redwoodcity.org/events/musiconthesquare.html



Movies on the Square

Thursdays until September 26, 2013 at Sundown

Courthouse Square, Redwood City

www.redwoodcity.org/events/Movies.html

Kiwanis Farmers Market

Saturdays until November 30, 2013, 8:00am-12:00pm

850 Winslow Street, Redwood City near Caltrain Station

Fiestas Patriás

September 16, 2013, 4:00pm-8:00pm

Courthouse Square, Redwood City

This FREE event features LIVE music, dancing, great authentic Mexican food, and a flag ceremony!

September Hot Harvest Nights

Live Bands at the San Carlos Farmer's Market

near the San Carlos Caltrain Station

Thursdays, September 5 and 12, 2013, 4:00pm-8:00pm

Enjoy the finest San Carlos has to offer, featuring specialty foods, musical entertainment.

A poster with a green background. At the top, it says 'Employment Workshop For F-1 International Students'. Below this is a world map with silhouettes of people sitting around a table. The text 'Come learn about:' is followed by a list of topics. To the right, a white box contains the date and time: 'Tuesday, September 10 1:00pm-2:30pm Building 5-223'. At the bottom, it says 'Sponsored by: CIUS, Career Center, and Cooperative Education' and 'Please confirm your attendance by emailing caninternational@smccd.edu.'

Employment Workshop
For F-1 International Students

Come learn about:

- F-1 employment regulations
- Resume Writing
- Career Center Services
- Cooperative Education
- American Business Etiquette

Tuesday, September 10
1:00pm-2:30pm
Building 5-223

Sponsored by: CIUS, Career Center, and Cooperative Education
Please confirm your attendance by emailing caninternational@smccd.edu.



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FALL 2013, AUGUST 26

BUILDING 5, ROOM 229

Safety on Campus

The Public Safety Department are committed to providing a safe and secure environment for students, faculty, staff and community members that supports and enhances the educational mission of the college.

The campus Public Safety Officers are here to help you. Your safety is our first priority. Please help us by being alert, security conscious and involved. If you have a problem, concern or would like to report an emergency, violation of school policy, or criminal action, you should contact the Public Safety Department immediately. They can be contacted from any campus phone at extension 3420 or by calling 650-306-3420.

Lockdown Drill

Wednesday, September 4

When the alarm sounds:

- If you are outdoors, enter the nearest building.
- Lock classroom and office doors.
- Turn off all lights.
- Stay out of sight from any windows.
- Silence any phones and remain quiet and calm.



AlertU

On WebSmart, sign up for text messages of any campus emergency through AlertU. Emergency situations may include fire, earthquake, power outages, and severe weather. Messages may provide warnings and instructions on how to proceed. Remember, your safety is our priority.

Important Dates

Friday, August 30

Last Day to ADD Class

Friday, August 30

Last Day to DROP Class with partial refund

Friday, August 30

Deadline to Check In with Supinda

Monday, September 2

NO CLASS: Labor Day

Sunday, September 8

Last day to DROP without a "W"

Tuesday, August 27, 1:00-2:00pm, Bldg 16-110

Transfer Agreement Guarantee Workshop

Tue, Aug 27 & Sept 3, 3:15-5:00pm, Bldg 2-10

ASCC Student Government Meeting

Wed, August 28, 12:30-1:15pm, Main Theater

Convocation: Come celebrate the start of the semester with the Cañada community.

Wed, August 28, 12:00pm, Bldg 16-110

Transfer Center Workshop for Int'l Students

Thu, August 29, 3:30-5:00pm, Bldg 5-354

Inter-club Council Club Orientation

Wed, September 4 & 18, 3:30-4:30pm, Bldg 5-354

Inter-Club Council Meeting for all Clubs

International Culture Exchange is Looking for New Club Officers

The International Culture Exchange student club is looking for new officers for the Fall 2013 semester:

President Vice President ASCC Liaison
 Treasurer Secretary Publicity Officer

The International Culture Exchange Club is all about sharing different cultures with the Cañada community. All Cañada College students, staff, and faculty are invited to join, share and learn about our diversity through our regularly scheduled programs including:

- LEXIS: Language Exchange w/International Students
 - International Film Night: Free foreign films and food
- Interested in being a student leader and sharing your culture with others? Email Supinda the Club Advisor at sirihekaphongs@smccd.edu.

If you are interested in becoming a club officer, please attend the Inter-Club Council Orientation on **Thursday, August 29, 3:30-5:00, Bldg 5-354.**



Center for Student Life and Leadership Development

Building 5 Room 354

Get involved in student government and clubs on campus. Be a student leader!

Welcome Back Week Activities

Tuesday, Sept 10 and Wednesday, Sept 11
11:00am-1:30pm, The Quad

Free entertainment, food and prizes.

Thursday, Sept 12

11:30am-1:30pm & 5:30-7:00pm, The Quad

SPiRiT Thursday: Show your school pride by wearing your Cañada College gear.

Club Rush: Learn about student-run clubs and sign up to be a member. Clubs include:

International Culture Exchange

Frisbee Club

Salsa Club

Robotics Club

Christian Club

Mathematics Club

Spectrum Alliance

Political Awareness Club

Associated Students of Interior Design

Phi Theta Kappa: Community College Honor Society

Women in Science and Engineering



Transfer Workshop

For F-1 International Students

Come learn about:

- U.S. Educational System
- DegreeWorks
- Project Assist
- TAGs and AA-Ts/AS-Ts
- Honors Transfer Program

Wednesday, August 28
12:00pm-1:00pm
Building 16-110

Sponsored by: CIUS, Transfer Center, and Honors Transfer Program

Please confirm your attendance by emailing caninternational@smccd.edu.

Join ASCC, Your Student Government

CAÑADA COLLEGE

President: Alaa Aissi **Vice President:** Jolani Chun Moy
Treasurer: Open **Commissioner of Activities:** Jessica Loi
Secretary: Maria Ayala **Commissioner of Publicity:** Arian Kashaiamin
Senator: Ivan Evans **Senator:** Claire Marie Sharif
Senator: Geovanna Moreno **Advisor:** Misha Maggi

WE'RE STILL LOOKING FOR MORE SENATORS!



INTERNATIONAL STUDENT PROGRAM

Kim Lopez

lopezk@smccd.edu

Director, Counseling

Supinda Sirihekaphong

sirihekaphongs@smccd.edu

Project Director

International Support Services

Cañada College International Student Program

Building 5, Room 229

4200 Farm Hill Boulevard

Redwood City, CA 94061

Phone: (650) 381-3544

Fax: (650) 381-3518

If you'd like to share your culture and experience by contributing to *The Olive Branch*, please contact Supinda.

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VOLUME 2, ISSUE 12

FALL 2013, AUGUST 12

BUILDING 5, ROOM 229

Fall 2013 Orientation for New International Students

Cañada College welcomes 11 new international students from Chile, China, El Salvador, India, Iran, Slovakia, South Africa, and United Kingdom this Fall.

The new students attended a 3-day orientation the first week of August. President Larry Buckley and Vice President Gregory Anderson welcomed the students at a Welcome Lunch and the students learned about the Counseling Center and the Office of Student Life & Leadership Development.

The students were also welcomed by Professor Jeanne Gross who presented about U.S. classroom expectations and academic integrity.

International Student Ambassadors Cherry, Kali, and Marina also gave a lot of good advice to international students since they also have experienced the challenges of being an international student.

We wish all international students much success in the upcoming Fall semester!



Important Dates

Mon, August 19

First Day of Class

Friday, August 30

Last Day to ADD Class

Friday, August 30

Last Day to DROP Class with partial refund

Friday, August 30

Deadline to Check In with Supinda

Wednesday, August 14, 11:00am, Bldg 5-223

Makeup International Student Orientation

Wednesday, August 14, 12:00pm, Bldg 5-223

Health Center Tour for International Students

Wednesday, August 21, 12:00pm, Library

Library & Learning Center Tour for Int'l Students

Wednesday, August 28, 12:00pm, Bldg 16-110

Transfer Center Workshop for Int'l Students

International Student Program is Now a Part of Counseling

In order to improve international student services at Cañada College, the International Student Program is now a part of the Counseling Center. This change will bring a stronger connection with International Student Program staff and counselors to help international students reach their educational goals.



Kim Lopez is the Dean of Counseling, Advising & Matriculation at Cañada College. Prior to joining Cañada College, she served as the Director/Counselor of the EOPS/CARE, CalWORKs & Student Support Services programs at the College of the Siskiyous in Weed, CA.

Kim had many opportunities to live abroad over the past 30 years. She was an au pair in Barcelona, Spain, taught English as a Second Language in Taipei, Taiwan and also was an Upward Bound Director in Kosrae, Micronesia.

She earned her BA in Psychology from the University of California, Santa Barbara and her MA in Counseling at Cal Poly, San Luis Obispo.

Transfer Workshop For F-1 International Students



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Tips on How to Start Your Semester Off Right



We hope you had a wonderful summer break and are ready for the Fall semester. Here are a few tips to make sure that you start your semester off right!

1. Check in with Supinda by submitting a check in form with your updated contact information and copies of proof of health insurance and any updated immigration documents. You must check in with Supinda before the ADD deadline, Friday, August 30.
2. Enroll in at least 12 credits. Please be aware that only one online class counts towards full-time enrollment and any dropped classes do not count towards full-time enrollment. If you are unable to register in 12 credits, please meet with Supinda to discuss if you are eligible for authorization for a reduce course load.
3. Meet with a counselor. Whether it is to complete an associate's degree or transfer to a 4-year college/university, a counselor will make sure that you are on track to achieving your educational goals.
4. Attend all your classes and stay engaged. If you need any help, ASK! Ask your professors, ask a counselor, or ask Supinda. We will help you in any way that we can and may recommend getting a tutor at the Learning Center in Building 9, 2nd Floor.
5. Not feeling well? The Health Center is free and open to all Cañada College students. They can help you if you have a headache, need a nap, have a cold, are missing home, or are feeling overwhelmed with the first few weeks of the semester. The Health Center is located near the Grove in Building 5-303.