



## INTERNATIONAL STUDENT CENTER

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[www.canadacollege.edu/international/newsletter](http://www.canadacollege.edu/international/newsletter)

If you'd like to share your culture and experience by contributing to *The Olive Branch*, please contact Supinda.

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End of the Year Goals and Reflection

# The Olive Branch

## Cañada College International Student Newsletter

VOLUME 4, ISSUE 18

FALL 2015, DEC. 18

## Tips on Applying for a SMCCD Scholarship

By: Alexandra Zhuang

Do you know that half of the international students who applied for a SMCCD scholarship received one or more scholarships? It's a great way to award your hard work and achievements by getting additional money to pay your tuition fees!

### How to apply for SMCCD Scholarships?

1. You need to create a SMCCD Scholarship allocation account at <https://smccd.academicworks.com/opportunities>. A My.SMCCD.edu email is required.
2. Complete the application questions.
3. Upload your unofficial transcript (request it through WEBSMART in "Student Records").
4. At least one recommendation letter from a SMCCD faculty or staff. You will be asked to provide the name and email address of the person you asked to write your recommendation. Ask this person FIRST before entering their information.
5. A personal statement

### What are the scholarships that I could apply to?

You only need to submit the documents mentioned above once and you will automatically be matched with scholarships for which you are eligible for. You will also be presented with a list of any other "apply to" scholarships that you may be eligible for once you respond to questions specific to these scholarships.

### What if I still need assistance about my scholarship application and personal statement?

Attend Scholarship Workshop hosted by the Financial Aid office! See dates and times here on the Scholarship website: <http://canadacollege.edu/financialaid/scholarship.php>

**Keep in mind that the Deadline for the 2016-2017 Scholarship Application is February 18, 2016 at 11:59 pm.**

Now, go and check it out!

## Important Dates

Tue, Jan 5, 5:00 – 6:00pm, Bldg 9-123

Thu, Jan 14, 1:00—2:00pm, Bldg 9-123

Thu, Jan 21, 3:00—4:00pm, Bldg 9-123

Tue, Jan 26, 1:00—2:00-m, Bldg 9-123

**Scholarship Workshop:** Learn how to complete an SMCCD scholarship application. For more workshop dates and times: <http://canadacollege.edu/financialaid/scholarship.php>

Tue, Feb 18

**SCHOLARSHIP APPLICATION DEADLINE**

December 19—January 19 **WINTER BREAK**

Thu, Jan 7 **TUITION PAYMENT DUE**

Mon, Jan 11—Fri, Jan 15, 9:00am-12:00pm, Library  
**Word Jam** <http://canadacollege.edu/wordjam/>

Mon, Jan 11—Fri, Jan 15, 9:00am-3:00pm, STEM Ctr  
**Math Jam**

[www.canadacollege.edu/STEMcenter/mathjam.php](http://www.canadacollege.edu/STEMcenter/mathjam.php)

Mon, Jan 11—Fri, Jan 15, 9:00am-3:00pm, STEM Ctr  
**Physics Jam**

[www.canadacollege.edu/STEMcenter/physicsjam.php](http://www.canadacollege.edu/STEMcenter/physicsjam.php)

# Focus Group Feedback

By: Supinda Sirihekaphong

During the week of November 30, the International Student Ambassadors conducted focus groups to receive feedback from international students about how we can improve our services to international students. Unfortunately, only a few international students participated but we did receive constructive feedback.

Positive feedback:

- I really like it because of the size of the campus. It's easy to make friends, and find a sense of belonging. I love the campus, it's not too big. Cañada is efficient and so is the campus.
- Academically, it's been good with good professors.
- My experience has been amazing. I like it.
- It's positively overwhelming to be surrounded by so many people that want you to succeed, and to have so many tools to do so within arm's reach.
- It's everything I expected it to be and so much more.
- With the guidance from Supinda, the application was easy. She emailed everything I needed to know, and was contacted by the ambassadors after acceptance. Email responses were really fast. Every time I had a question and sent her an email, she got back to me quickly, so there was no problem for me.

Suggestions for improvement:

- Halal food in The Grove.
- Open indoor place (besides The Grove) for students to relax and eat in between classes.
- Special price/discounts for public transportation and information about other transportation services such as Uber and Lyft. Special transportation (within a certain radius) for students taking night classes.
- On-campus housing or assistance with housing.
- More cultural events like Las Posadas and off-campus/ outdoor activities for students, like the trip to Great America during International Student Orientation.
- Provide sample tests of the Assessment Tests.
- Counselors should provide personalized advice, depending on a student's major and how long the student has been in the U.S. For example, students in their first semester, shouldn't take difficult classes.

# End of the Year Goals and Reflection

By: Stacey Carrasco

As the semester comes to a close and we are preparing for the winter break, let's not forget to reflect on our Fall semester goals that we set for ourselves in August. At that time, I know we were more refreshed and confident in setting our goals while now all we want to do is finish our finals and prepare for some R&R (rest & relaxation) but let's challenge ourselves on seeing whether our goals were met.

Right now we can reflect on our personal goals that were set for fall 2015. For some it may have been to make new friends, get all A's, be happy, be optimistic, or even follow your heart's desires. So did you get the chance to meet those goals, push yourself outside that comfort zone, or grow personally? I know for some, you're beginning to question what "were my goals" because as we all know, our daily routines of attending class and completing homework can consume our minds and we get lost in how fast the time has gone by. Even if you met one new friend or attending one new event on campus you've accomplished something you hadn't done before and you're becoming a better you.

The times we have while at Cañada College should be times we can reflect back on and think did I do what I set out to do. During your reflection time over the break, I believe most of you will realize what a better student and person you have become because you strived toward meeting your semester goals. As we move forward and prepare for spring 2016 and a New Year, we hope that each student can reflect upon fall 2015 and find their happiness in a successful fall semester.

We wish you a restful break and a happy holiday season. We're looking forward to the next semester, as we welcome a new cohort of students and begin to prepare for those who will be graduating in 2016.



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No "I" in Success

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# The Olive Branch

## Cañada College International Student Newsletter

VOLUME 4, ISSUE 17

FALL 2015, DEC. 4

### Get to Know the Cañada College Library

By: Moody Metry

It is almost the end of the semester and with finals coming you may be searching for a place to get your work done without distraction.

Well, the place is available and it is the Library. The Library has extended hours during the week before finals from 8am-10pm, which gives you more time to study and prepare for finals. The Library is not just a place to study, but also has great resources and services too.

Some of the services that the Library offers are: access to computers, scanners, printers/copiers, and even study rooms. Also, if you are facing a problem with citation or your research paper, make an appointment with a librarian at the Library website: [www.canadacollege.edu/library/](http://www.canadacollege.edu/library/).

Make sure to get your favorite cup of beverage and go to the library and get your work done. Don't be shy to ask for help! We all know that it is a hard time before finals and everyone is busy, but asking for help may help you get through it easier. Best of luck!!



### Important Dates

Fri, Dec 4, 7-9pm, San Mateo Central Park

**Ice Skating:** Come and relieve stress at the last social event with MAP and ISC.

Thu, Dec 10, 1:00 – 2:00pm, Bldg 9-123

**Scholarship Workshop:** Learn how to complete an SMCCD scholarship application due in mid-February 2016.

Thu, Dec 10, 7:00 – 10:00pm, The Grove

**Salsa Social:** Dance your stress away!

**December 14–17 FINAL EXAM WEEK**

December 19—January 19 **WINTER BREAK**

Thu, Jan 7 **TUITION PAYMENT DUE**

Mon, Jan 11—Fri, Jan 15, 9:00am-12:00pm, Library

**Word Jam** <http://canadacollege.edu/wordjam/>

Mon, Jan 11—Fri, Jan 15, 9:00am-3:00pm, STEM Ctr

**Math Jam**

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Mon, Jan 11—Fri, Jan 15, 9:00am-3:00pm, STEM Ctr

**Physics Jam**

[www.canadacollege.edu/STEMcenter/physicsjam.php](http://www.canadacollege.edu/STEMcenter/physicsjam.php)

# There is No “I” in Success

By: Dominique Franceschi

I challenged myself to accept leadership positions, and I can say that after 3 semesters at Cañada College, I have learned a valuable lesson: Both **teamwork** and **group work** are an essential part of life, not just academically, but professionally as well, regardless of your field of study. So why do you need them and how are they different?

## Team Work: Together We Stand.

When you are working in a team, this means no one stakes a step alone. Everyone advances together. This usually happens with projects where everyone has to participate all the time, and it's not possible to divide the main task into smaller parts.

**Pros:** What you accomplish through team work is very likely to surpass what you could accomplish on your own.

**Cons:** Everyone needs to be on board, or willing to compromise, and that means being able to listen to what everyone has to say, not just doing things your way.

## Group work: From One Drop to an Entire Ocean.

When you are working in a group, you identify each member's strengths and based on that, divide and conquer. Everyone can walk through their own path and individually reach the "finish" line.

**Pros:** Ideally everyone ends up doing something they are good at or are interested in, hence each individual final product will be superior.

**Cons:** Because everyone can essentially end up doing their part alone, your final product may not be "smooth" but rather a combination of different styles and definitions of "good work."

So how do you make the most of working in groups? Well **Communication and Respect** are the foundation for anything where there's 2 or more! Do your best, and make sure everyone is on the same page! Good Luck!



# End of Semester Checklist

By: Nisa Nik

We're almost at the end of the semester, and while some of you are ready to kick back and relax, here are a few things you should bear in mind during the winter break.

After finals is a great time to reflect upon this semester, and start thinking on ways to improve and better prepare ourselves for the next. **Set education, personal, and professional goals, and aim to stick to them.** Learn how to set goals and motivate yourself to achieve them. We all need goals in order to help illuminate the road to our hopes and our dreams.

Have you registered for Spring 2016 classes? Set an appointment with a counsellor to update your Student Education Plan, and **start registering for classes.** Classes are filling up fast, so hurry before it's too late. As they say, the early bird catches the worm.

Need a head start for your upcoming classes? **Join Math, Physics or Word Jam!** Registration for January 11th-15th are now open. These award winning program is an opportunity for you to improve your Placement Test results in Mathematics and English, or prepare for upcoming courses that you will be taking.

How can I stand out academically from my peers? Enroll in an Honors class or negotiate an Honors Contracts (for non-honors transferable class). The Honors Contract is individually negotiated between the faculty member and the student. During the break is a great time to **brainstorm and gain inspiration for your Honor Research Paper**, as you may have an abundance of time and you have less school-work responsibilities.

Need a break to de-stress? **Travel and explore the U.S.!** Every U.S. State has something wonderful to offer. Grab a couple of friends, go on a road trip, or catch a flight to another state. Each city is an adventure and a long-lasting memory just waiting to happen!

Quick reminder, if you are planning travel out of the U.S.), **please come to the International Student Center with your current I-20 for a travel signature** to avoid any complications during the immigration check-in.

At that note, I wish you all the best for next semester. Happy Holidays!

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## Cañada College International Student Newsletter

VOLUME 4, ISSUE 16

FALL 2015, NOV. 20

## My First Thanksgiving

By: Supinda Sirihekaphong

I remember the first time I had a traditional Thanksgiving meal with one of my classmate's family in elementary school. The turkey looked delicious and there were so many different sides like mashed potatoes, cranberry sauce, and green beans. However, when I tasted the turkey I thought, "This tastes awful!" Actually, it didn't taste like anything and I was missing my traditional Thai condiments like fish sauce and sriracha. I couldn't wait for dessert, which was yummy pumpkin pie.

As I grew up, I realized that Thanksgiving wasn't about the food, it was about coming together with your friends and family and giving thanks. Growing up in an Asian household, our sense of responsibility was much stronger than gratitude, so my parents and I rarely expressed our gratitude towards each other. We showed our love by taking care of each other. So when I shared my Thanksgiving with my non-Asian friends, it was surprising to see how freely my friends said, "I love you and thankful for all that you do for me," to their parents and even more surprising to hear parents say, "I love you and am proud of you," to their children.

### THE CAÑADA COLLEGE ADMINISTRATION

INVITES YOU TO THE

## INTERNATIONAL THANKSGIVING

FEEL THE SPIRIT OF THANKSGIVING!

ENJOY A  
TRADITIONAL  
THANKSGIVING  
MEAL!  
HALAL FOOD  
(WILL BE PROVIDED)



### COME

&

### CELEBRATE

THIS AMERICAN TRADITION  
OF COMING TOGETHER

WITH

YOUR CAÑADA FAMILY!

FRIDAY

NOVEMBER 20

1:00 - 3:00PM

BLDG 8 RECEPTION AREA

INTERNATIONAL  
STUDENT CENTER  
CAÑADA COLLEGE

It is a custom and tradition that I have adopted into my family that is both nice and funny to my parents. Professionally, I also like to express my gratitude to my coworkers and students not only to honor their hard work but, I also find it encouraging as well.

## Important Dates

Nov 27-29-NO CLASS-Thanksgiving

Wed, Dec 2, 2:00 – 3:00pm, Bldg 3-104

**Multicultural Awareness Project (MAP)**

**Club Meeting:** Enjoy FREE snacks!

Thu, Dec 3, 9:00am – 1:30pm, Grove

**ASCC Star Wars Day:** First 50 dressed in theme will receive a Star Wars prize!

Fri, Dec 4, 7:00-9:00pm, Belmont Iceland

**Ice Skating:** Come and relieve stress at the last social event with MAP and ISC.

Tue, Nov 24, 10:00am-1:00pm, Transfer Ctr

**Palo Alto University Rep on Campus**

Mon, Nov 30, 10:00am-4:30pm, Transfer Center

**CSU & UC Application Q&A:** Ask questions

about your application, review your personal statement, calculate your GPA and more!

**Mon, Nov 30-CSU & UC APPLICATION DEADLINE**

Thu, Dec 3, 1:00-2:00pm, Learning Center

**Talk About It Discussion Group:** Meet other students to share tips to succeed.

Tue, Dec 1, 12:30-2:00pm, Bldg 9-123

**SparkPoint Financial Coaching:** Meet

with a financial coach to learn how to better manage your finances.



# International Student Spotlight



**Kassandra Fekir, France, English Major**

**How is your experience at Cañada College; are you involved in any campus activities/clubs and/or events?**

My experience at Cañada has been a rich experience. I've been enjoying my time here. I met a lot of nice people, and am able to improve my English by communicating with a lot of people through different programs and services. I am a peer-mentor in the Bridges to Opportunity (BTO) Peer-Mentor Program and am also involved in Intervarsity Christian Fellowship Club. I am a leader of a small group that meets once a week, to study the Bible. We also build community and care for one another.

**What is the most surprising or different about living in the U.S.?**

The most surprising thing to me was the diversity around me, I was not used to that. For example in my English classes I was able to meet a lot of people from different countries and communicate with them. I also learned a lot about different cultures and traditions.

**What is the best thing about your experience in the U.S.?**

For me the best thing that I've experienced is the sense of the community in Intervarsity and Cañada. I was able to know more people, and make new friends.

**What tips would you give other international students?**

I advise them to be involved on campus, by joining a club or a program that would enrich their college experience at Cañada College.



## What's SparkPoint?

by Dominique Franceschi

In the words of Adolfo Levia the Director, "*SparkPoint is a college-wide effort to strengthen student services and enhance community partnerships in order to increase available resources to support student success*". So what does that mean for international students? While there are a lot of U.S. government programs that international students cannot participate in, like the Opportunity Fund, there are a lot of services we can take advantage of!

**Financial Education:** When was the last time you made a budget? What is your credit score? Do you have unnecessary expenses? How much do you pay for transportation right? Financial education helps you with banking products, credit, money management, saving and identity theft prevention, amongst other services.

**Food Pantry:** How much do you spend on food each week? How much of it is healthy food? What if you could have a healthy diet while still saving money and time? SparkPoint's partnership with the Second Harvest Food Bank provides the Cañada with a Food Pantry. To make an appointment, please contact 650-381-3557 or visit in Building 9, 1st Floor at the end of the Counseling Center!



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# The Olive Branch

## Cañada College International Student Newsletter

VOLUME 4, ISSUE 15

FALL 2015, NOV. 6

## Explore STEM Fields

By: Nisa Nik

Cañada offers many services that benefit students. However, not many know, or fully utilize them. One of the services offered at Cañada College is the STEM Center in Building 9, second floor.

The STEM Center fosters the study of Science, Technology, Engineering, and Math (STEM) and supports students pursuing their education in STEM. They offer extensive programs, services and academic support for all students taking STEM courses, as well as a collaborative space for study groups, tutoring, and club meetings.

Are you looking to be inspired? Try attending a STEM Speaker Series! They invite professionals from various STEM fields to talk about their careers/research and education path. A former STEM Speaker included Margarita Quihuis, Co-founder of Aggrigator and a researcher from Stanford. She started as a petroleum engineer, but by saying yes to every good opportunity that knocked on her door, she has jumped between many different fields and gained so much knowledge about the world. She

believes that the world works best when there is a blend between different disciplines especially with technology. I learned that STEM is not for perfectionists, but rather an experimental field for trial-and-error. What might you learn from a STEM speaker? Find out for yourself! It is held EVERY Wednesday, 5-6pm in Building 6-102. They reward those who come with free food!

Do you want to prepare for your upcoming Math and Physics courses? The next Math and Physics Jam is January 11-15. By the end of the program, you will be prepared to retake the Math Placement Test, if you need to (especially for students intending to major in STEM). Registration is now open!

Become a STEM member today to keep up with news, scholarships, and internships! For more information, be sure to check out their website: [www.canadacollege.edu/stemcenter/index.php](http://www.canadacollege.edu/stemcenter/index.php).



## Important Dates

Mon, Nov 9-NO CLASS-Veteran's Day

Wed, Nov 11, 2:00 – 3:00pm, Bldg 3-104

### Multicultural Awareness Project (MAP)

**Club Meeting:** Enjoy FREE snacks!

Wed, Nov 11, 11:30am – 1:30pm, Grove

### Study Abroad Fair:

FREE pizza and a chance to win gift certificates!

Wed, Nov 11, 1:00-2:00pm, Bldg 13-115

### Interviewing Essentials Workshop

Tue, Nov 17, 12:30-3:00pm, Transfer Center

### Entrepreneurship Workshop:

Meet entrepreneurs and former students who successful started their own company.

Thu, Nov 19, 2:00-3:00pm, Bldg 9-252

### Talk About It Discussion Group:

Meet other students to share tips to succeed.

Wed, Nov 11, 11:00am-1:00pm, Transfer Ctr

### Fashion Inst of Design & Merchandising

Thu, Nov 12, 10-11am & Wed, Nov 18, 11am-12pm

### Bldg 16-110 CSU & UC Application Workshop

Tue, Nov 17, 12-1pm, Bldg 9-106

### Personal Statement Workshop:

Presented by UC Berkeley Representative

Mon, Nov 16, 11:00am-2:30pm, Transfer Center

### CSU East Bay Rep on Campus

Tue, Nov 17, 1-2pm, Bldg 9-106

### Ready to Transfer Workshop:

Learn how to evaluate your remaining course work.

Tue, Nov 17, 11:00am-2:00pm, Transfer Center

### Golden Gate and William Jessup University

Tue, Nov 17, 1:00-4:00pm, Transfer Center

### UC Berkeley Rep on Campus

# International Student Spotlight

Joanna Dai, China, Economics and Mathematics Major

**How is your experience at Cañada College; are you involved in any campus activities/clubs and/or events?**

This is my first semester and it's been great, so far! I'm a student assistant at the Office of Planning, Research, and Institutional Effectiveness (PRIE). My main responsibility is to sort out different data. I also work at the Bookstore and also enjoy serving as an ASCC Senator, where I help organize fun events on campus.

**What is the most surprising or different about living in the U.S.?**

The language barrier is the biggest difference for me, especially when talking about topics involving cultural differences. For example, during the Halloween planning meeting at ASCC, I didn't understand all the Halloween costumes that people were going to wear.

**What is the best thing about your experience in the U.S.?**

People are friendly and nice, sometimes it's hard to build a deep relationship. However, because I was an exchange student for one year during 11<sup>th</sup> grade and my participation on campus, I now feel like I can make lots of new friends. I wish public transportation could be better.

**What tips would you give other international students?**

Be more open-minded and put yourself out of your comfort zone.



## International Education Week 2015

### November 9-12, 2015 | Cañada College

#### THE GROVE SPECIALS

**TUESDAY:** Greek Mediterranean Gyro and 5% discount to active military staff and veterans

**WEDNESDAY:** Indian Chicken Masala

**THURSDAY:** British Bangers & Mash

#### MONDAY, NOVEMBER 9

The College is closed for Veteran's Day.

#### TUESDAY, NOVEMBER 10

##### Reveille Military Flag Raising Ceremony

**9:30am, Flag Pole in front of the Bookstore**  
Members of the U.S. Marine Corps will conduct an official military flag raising ceremony.

##### U.S. Military and Veterans Discussion

**11:30am-1:00pm, Bldg 9-154 (CIETL)**  
Veterans and active military share their experience in service both at home and abroad.

#### WEDNESDAY, NOVEMBER 11

##### Study Abroad Fair

**11:30am-1:30pm, The Grove**

Pick up a U.S. passport application, an IEW passport, and learn about study abroad opportunities. FREE food and prizes!

##### Presentation: Scholarships for Study Abroad

**12:30pm, Bldg 9-154 (CIETL)**

Think studying abroad is too expensive? Find out about scholarships and meet students just like you who have studied abroad!

##### Reflections from Cuba

**1:30-2:30pm, Bldg 9-154 (CIETL)**

Skyline History Professor John Ulloa and students talk about their experience in the Life and Culture of the Local Area: Cuba course.

##### Multicultural Awareness Project (MAP) Club

**2:00-3:00pm, Bldg 3-104**

Meeting: The MAP Club will explore universal and regional laws and traditions across the globe and discover how we are connected.

##### STEM Speaker Series

**5:00-6:00pm, Bldg 6-101**

Ranjeet Tate, Data Scientist, Rocket Fuel  
Learn about STEM as an International Pathway.

#### THURSDAY, NOVEMBER 12

##### ASCC International Showcase & Quidditch Match

**9:00am-1:00pm & 4:00-7:00pm**

ASCC will host interactive activities in The Grove and Quidditch Match on the Upper Lawn!

##### Social Sciences Topic of Interest (TOI)

**2:00-3:00pm, Bldg 9-307 (Social Sciences Hub)**

MAESTRA "Education as Transformation: The Cuban Revolution and the 1961 Literacy Campaign". Film screening and discussion with History Professor Alison Field.

##### IEW 2016 CALENDAR PHOTO CONTEST

Submit a photo of your home, travels, or culture by Friday, Nov. 6 to [caninternational@smccd.edu](mailto:caninternational@smccd.edu), include your name, title of photo and brief description. Online voting until Friday, November 20 at <http://goo.gl/forms/5XMkGZuavz>.



Top 12 photos will be included in Cañada's 2016 Calendar to raise funds for the Gail Kamei Memorial Scholarship Fund.

**THANK YOU TO OUR SPONSORS AND ORGANIZING PARTNERS:** Army National Guard, Arya Global Cuisine, Associated Students of Cañada College (ASCC),

International Student Center, Multicultural Awareness Project (MAP) Club, Pacific Dining, Sakura Teppanyaki & Sushi, San Mateo County History Museum, SMCCD Study Abroad, Social Sciences Hub, STEM Center, U.S. Marine Corps, U.S. Navy, Veterans Resource Center (V-ROC)

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## INSIDE THIS ISSUE

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# The Olive Branch

## Cañada College International Student Newsletter

VOLUME 4, ISSUE 14

FALL 2015, OCT. 23

## Looking for a Job? Check out Career Center

By: Moody Metry

At Cañada College you can find a lot of services and programs that will help you succeed on your journey here. For instance, the STEM Center, Bridge to Opportunities (BTO) Peer Mentoring Program, student clubs, and more. Unfortunately, some students don't really know all the services that are provided on campus, and so they don't take full advantage of all the help at Cañada College. One of the services that is offered on campus that can help you apply for jobs, internships and more, is the Career Center, located at building 5, room 332, inside The Grove.

The Career Center offers a lot of tools and help to write a strong personal statement, resumes, and cover letters. They have workshops every week that provides tips on how to make your application more competitive. They also give excellent tricks and things to look for while you are looking for a job and interviewing.

The Career Center has access to more than 100 career-related websites, mostly free for students. These include a resume builder software, and places to look for jobs and even salary information. Check out their website at [www.canadacollege.edu/careercenter](http://www.canadacollege.edu/careercenter). If you're not sure where to start, attend the upcoming workshops on Wednesdays from 1:00-2:00pm in Bldg 13-115:

- October 28: *Resume and Cover Letter Creation*
- November 11: *Interviewing Essentials*
- November 18: *Finding Your Major*



## Important Dates

Wed, Oct 28, 2:00 – 3:00pm, Bldg 3-104

### Multicultural Awareness Project (MAP)

**Club Meeting:** Learn about different cultures and enjoy FREE snacks!

Thu, Oct 29, 2:00pm – 4:00pm, Bldg 3-142

### MAP International HORROR Film Night:

Spook yourself with a horror foreign film and enjoy FREE food!

Thu, Oct 29, 9:00am-1:00pm, Upper Lawn

### ASCC Halloween Celebration

Bring your student body card to get free stuff!

Wed, Oct. 28, 10:00am-1:00pm, Transfer Center

### Golden Gate University Rep on Campus

Thu, Oct. 29, 1:00-4:00pm, Transfer Center

### UC Berkeley Rep on Campus

Thu, Nov. 5, 11:00am-2:00pm, Transfer Center

### University of Arizona Rep on Campus

Thu, Oct 29, 2:00-3:00pm, Bldg 9-106

Tue, Oct 27, 11:00am-1:00pm, Learning Center

**CSU & UC Application Workshop:** Counselors will be available to assist you with filling out the CSU & UC application.

# Mid-term Progress Reports: A Self-Reflection

By: Supinda Sirihekaphong

It seems like just yesterday, I was greeting new international students during orientation. The semester has gone by so quickly and now half the semester is already over. This is a good time for self-reflection and I hope that through submitting the mid-term progress reports, you have also taken the opportunity to reflect on how your semester is going and whether you feel you are achieving the goals you have set for yourself or maybe you need to set more goals to motivate yourself.

I know that being an international student can be a challenge because you are far from home and people who can encourage and support you. However, you should be very proud of yourself for surviving the first half of the semester. You might also want to ask yourself, how have I grown since the beginning of the semester, what can I do to improve and make sure I end the semester successfully, and what new experiences have changed my thinking and ways of doing things?

For me, my goal for the semester was to balance my work and personal life better. I realized that I was neglecting my health and things like friendships that made me happy. This made me stressed and I even gained a lot of weight! I'm happy to say that I spend more time with friends and I lost 10 pounds!



# October Celebrations Around the World

By: Dominique Franceschi

After living in California for some time, I learned here it's customary to celebrate Halloween on October 31<sup>st</sup>. In Colombia we also celebrate Halloween, however if October 31<sup>st</sup> lands on a weekday, then Halloween is moved to the closest weekend. My host family mentioned they ALWAYS celebrate on the 31<sup>st</sup>, regardless the day of the week. That got me thinking, what else is going on in the world during October? Here are some interesting October festivals and celebrations!

- *Halloween*: Children who dress in costume and go door-to-door to go "trick or treating" for candy.
- *Diwali (Festival of Lights)*: Ancient Hindu festival that spiritually signifies the victory of light over darkness. Preparations and rituals typically extend over 5-days.
- *Samhain*: Gaelic festival marking the end of the harvest season and the beginning of winter. Traditionally celebrated from sunset on October 31 until sunset on November 1.
- *Día de los Muertos (Day of the Dead)*: Mexican holiday that gathers family and friends to remember and pray for those who have died, thus supporting them in their spiritual journey.
- *Indigenous Peoples' Day (or Native American Day)*: Promotes and commemorates Native American culture and history. It coincides as a counter celebration of Columbus Day.
- *Tübingen Duck Race*: German celebration where people stick their name on yellow rubber ducks and release them to race into a river. There is €10.000 worth of prizes.
- *Pushkar Camel Fair*: Indian fair where thousands of camels, decorated with colorful bits of clothes and papers, are traded. There are also camel races and camel beauty parades.

Have you heard about any of these before? Are some similar to what your traditions? The world is a big place. I've found it's just as easy to find differences with our neighbors, as it is to find similarities amongst strangers.

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### INSIDE THIS ISSUE

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Happy Eid al Adha

How to Beat Stress

Shake Out Drill-Oct. 15

Bowling-Oct. 9, 2:00pm

# The Olive Branch

## Cañada College International Student Newsletter

VOLUME 4, ISSUE 13

FALL 2015, OCT. 9

## Congratulations, Global Beca Scholars!

The Global Beca Scholarship Foundation awards scholarships between \$250-\$1,000 to new international students in the San Mateo Community College District who have accomplished exceptional work before being an SMCCD student. This semester's application was very competitive and only 50% of the applicants were awarded a scholarship.

Congratulations to the following Cañada College students who received a Global Beca Scholarship!

- Jose Morales Rosales, Mexico, Computer Science
- Enkhtamir Narmanddakh, Mongolia, Fashion Design
- Siyue Wang, China, Engineering
- Licheng Yu, China, Engineering

All scholarship recipients are in their first semester at Cañada College. Siyue states, "The professors are very helpful, and my classmates are friendly. It is a very cool and beautiful college!" Enkhtamir shares, "My experience at Canada College as a international student is great! The professors are most knowledgeable, services are helpful and the campus is very beautiful, safe, and green, it's a very convenient place to study. Additionally, I have just received my scholarship. Thank you International Student Center and the Global Beca Foundation!"



## Important Dates

Wed, Oct 14 & 28, 2:00 – 3:00pm, Bldg 3-104	Wed, Oct. 28, 1:00-2:00pm, Bldg 13-115
<b>Multicultural Awareness Project (MAP)</b>	<b>Resume &amp; Cover Letter Career Ctr Workshop</b>
<b>Club Meeting:</b> Learn about different cultures and enjoy FREE snacks!	Wed, Oct 14, 1:00-2:00pm, Bldg 13-115
Thu, Oct 29, 2:00pm – 4:00pm, Bldg 3-142	<b>Finding the Right Major Career Ctr Workshop</b>
<b>MAP International HORROR Film Night:</b> Spook yourself with a horror foreign film and enjoy FREE food!	Tue, Oct. 20, 10:00am-1:00pm, Transfer Center
Thu, Oct 29, 9:00am-1:00pm, Upper Lawn	<b>Palo Alto University Rep on Campus</b>
<b>ASCC Halloween Celebration</b> Bring your student body card to get free stuff!	Tue, Oct 13 & Thu, Oct 29, 1:00-4:00pm, Transfer Ctr
Wed, Oct 21, 1:00-2:00pm, Bldg 9-207	<b>UC Berkeley Rep on Campus</b>
<b>Study Smart Workshop</b> Learn how to study effectively, including managing time, staying motivated and other tips!	Tue, Oct 20, 10:30am-1:30pm, The Grove
Fri, Oct 16, 1:00-2:00pm, Bldg 9-307 (Library)	<b>Transfer Day:</b> Stop by the Grove and meet with over 60 university representatives.
<b>Managing Your Math Class</b> Learn strategies to succeed in your math class!	Wed, Oct. 28, 10:00am-1:00pm, Transfer Center
	<b>Golden Gate University Rep on Campus</b>
	Thu, Oct 15, 10:00-11:00am, Room 16-110
	Thu, Oct 29, 2:00-3:00pm, Bldg 9-106
	Tue, Oct 27, 11:00am-1:00pm, Learning Center
	<b>CSU &amp; UC Application Workshop:</b> Get help completing an application for CSU and UC.

# Happy Eid al-Adha!

By: Khairunisa Nik

Muslims around the world came together on September 24 or 10<sup>th</sup> day of Dhu al-Hajjah (lunar based Islamic calendar) to celebrate *Eid al-Adha* "Festival of the Sacrifice". It is one of the two religious holiday Muslims celebrate annually.

*Eid al-Adha* honors the willingness of Abraham (Ibrahim) to sacrifice his son, as an act of submission to God's command. But just before his sacrifice, God intervened through Gabriel, his angel, and informed him that his sacrifice has already been accepted. *Eid* also marks the end of the hajj pilgrimage to Mecca. It is remarkable despite the diversity of culture around the world, *Eid* is still celebrated relatively the same.

On this festive day, we would start the morning with Sunnah (optional) prayers at the mosque. Muslims of different ages and backgrounds would fill the floors - parents chasing their running kids, grandparents on chairs catching up with one another, strangers exchanging smiles, all making the environment very merry and family-oriented. This is the best part of *Eid* as we get to strengthen our bond as brothers and sisters. Other than that, we would have social gatherings, but mainly, we would fill the day with prayers.

However, for me, *Eid al-Adha* is that time of the year to remember God, be with your family, and pray for one another. Even though I am far from home, I am thankful that I am still surrounded with brothers and sisters that remind me that I am never alone.

Thus, take this time to thank your family and the people around you for all their sacrifices. If it's not too late, Happy *Eid al-Adha* everyone!

**Get Ready to Shake Out.** **Shake Out**

October 15, 2015

[www.ShakeOut.org](http://www.ShakeOut.org)

Cañada College will participate in this national event, on Thursday, October 15 with earthquake drills at 10:15 am and 7:30pm. The Great Shake Out is intended to provide preparation and practice for earthquakes. Check out this video to see what you need to do <https://youtu.be/ijKGH3WKo3Q> during the earthquake drill DROP, COVER, AND HOLD ON!

# How to Beat Stress!

By: Alexandra Zhuang

"I have a paper due next week, but I haven't started yet!"

"I have two midterms that I'm not ready for!"

Doesn't it sound familiar? That's happening all around us! It's not only about the deadlines; in our lives, we also have a lot we want to accomplish and all of this need time and effort! How am I going to deal with all of it? That's when we feel stressful and anxious. A certain level of stress motivates us to do better, but exceeded stress does harm to us physically and mentally.

What should you do to manage my stress?

1. Mastering time management skills definitely makes your life easier. When there is a lot going on, relax your brain by writing everything down by using planners, calendars, and your phone! It's never too late to start planning!
2. Do not stay up late. Messing up your sleeping cycle only does harm to you. Try to be more effective rather than spending more time trying to stay awake.
3. Your overall health is important in decreasing your stress; eat healthy, exercise more and be happy!
4. Your social network is one of your best tools for handling stress, so you should reach out. Talk to your friends and hang out with them more. Always keep in mind that International Student Ambassadors are here to serve you! Get rid of your stress NOW by going bowling with us on Friday, October 9!

**BOWLING**  
with **ISC AND MAP**

**BEL MATEO BOWL**  
4550 OLYMPIC AVENUE (BY EL CAMINO REAL) SAN MATEO, 94403  
FRIDAY, OCT 9, 2015  
2.00PM-3.30PM  
PRICE : \$15-\$20

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September is TAG Month

Join the Multicultural Awareness Project Club

Artistry in Fashion

# The Olive Branch

## Cañada College International Student Newsletter

VOLUME 4, ISSUE 12

FALL 2015, SEPT. 18

## International Day of Peace

By: Moody Metry

On September 21, every year the world celebrates the International Day of Peace. The United Nations declared International Day of Peace on September 21, 1982. To initiate the day, the United Nations Peace Bell is rung at UN Headquarters in New York City. The caption on the side of the bell is "Long live absolute world peace."

Countries from around the world celebrate the day in different ways, some of them include: interfaith peace ceremonies, a toast for peace, a peace choir, lighting candles, peace prayers, a peace convoy of vehicles, tree planting for peace, art exhibitions promoting peace, picnics for peace, peace walks. The theme for this year will be: "Partnerships for Peace — Dignity for All."

This day was initiated to remind us that we are all humans despite our races, religions, and ethnicities. It would be a great opportunity to ask about the nearest event, and join millions of people who will be celebrating that day.



On Monday, September 21, 2015, come to the Cañada Flag Pole and join the world in taking a Minute of Silence for Peace at 12:00pm to reflect on what you can do to promote world peace. Join the movement at [www.facebook.com/  
MinuteOfSilenceMomentOfPeace](http://www.facebook.com/MinuteOfSilenceMomentOfPeace).



## Important Dates

Tue, Sep 22, 3:30-4:30, Clubhouse 5-250

### Inter-Club Council (ICC) Meeting:

Come learn about all the current clubs on campus and events they're planning.

Wed, Sep 23&30 , 3:30-5:00pm, STEM Ctr

### ASCC Meeting:

Come learn about what the student government is planning.

Wed, Sept 30, 2:00pm – 3:00pm, Bldg 3-104

### Multicultural Awareness Project (MAP)

**Club Meeting:** Learn about Game Theory and enjoy FREE snacks!

Thu, Oct 1, 2:00pm – 4:00pm, Bldg 3-148

### MAP International Film Night:

Choose your foreign film and enjoy FREE food!

Wed, Sep 23, 1-2pm, Bldg 13-115

### Interviewing Essentials Career Ctr Workshop

Tue, Sep 22, 5:00-7:00pm, Bldg 9-106

Wed, Sep 23, 10:30-11:30am, Bldg 16-110

Wed, Sep 28, 1:00-2:00pm, Bldg 9-106

### TAG Workshop:

Learn about the UC Transfer Agreement Guarantee requirements.

Wed, Sept 30, 10:00am – 11:00am, Bldg 9-106

### Personal Statement Transfer Ctr Workshop

Thu, Oct 1, 1:00pm – 2:00pm, Bldg 9-106

### CSU & UC Application Workshop:

Learn how to complete an application for CSU and UC, calculate your transfer GPA, report your grades, and ADT degrees for CSU.

# September is TAG Month!

By: Alexandra Zhuang

September is a busy month for transfer applications and I'm sure every transfer student feels nervous and excited at the same time. There are many universities you can apply to but the University of California (UC) is a great option and if you're applying to UC, you must apply for a TAG (Transfer Admission Guarantee).

## Why should I apply for a TAG?

By applying for a TAG, you will receive early review of your academic records, early admission notification and specific guidance about major preparation and general education coursework.

## Important Information and Dates

Six UC campuses offer TAG, but you could only apply for TAG to one UC campus.

SEP 1-30 for TAG and will be approved in November  
NOV 1-30 for undergraduate admission for UC

## What are some requirements of applying TAG?

To be eligible to apply for a TAG, you must have completed a minimum of 30 transferable units and meet the UC minimum GPA requirement. Here's a list of minimum GPA requirements and to see other specific requirements, such as listed of eligible majors and semesters, check out the TAG Matrix at <http://admission.universityofcalifornia.edu/counselors/files/tag-matrix.pdf>.

UC Irvine-3.4 GPA minimum

UC Davis and UC Santa Barbara-3.2 GPA minimum

UC Riverside and UC Santa Cruz-3.0 GPA minimum

UC Merced-2.8 GPA minimum

## Applying for TAG is easy!

Create a UC Transfer Admission Planner (TAP) at <http://admission.universityofcalifornia.edu/transfer-transfer-admission-planner/index.html>, answer the questions and simply enter your information on your academic record, and then submit! You could always meet with a counselor if you have any questions.

## Want more information & help?

Check out the Transfer Center's TAG Workshops at <http://canadacollege.edu/transfercenter/docs/2015-fall-workshops.pdf>



Join the MAP Club a student club at Cañada College centered around learning and sharing about cultures, traditions and foods from all around the world.

The MAP Club provide a safe proactive learning space for Cañada College students to explore other languages, traditions, foods and cultures by bringing together students who have an interest in multicultural diversity.

Our fun meetings always has food and we meet on the following Wednesdays from 2:00-3:00pm in Bldg 3-104.

September 30

November 11

October 14 and 28

December 2

We also host International Film Nights on Thursdays at 2:00pm in Bldg 3-148, featuring foreign films and food!

October 1, October 29, and November 19

Come learn about a new culture and share yours as well!



## *Artistry in Fashion*

### Wearable Art & Jewelry Sale

Saturday, September 26, 2015  
Cañada College

60+ Professional Designer Sale  
10 am – 4 pm

Designer Showcase by Stylists  
11 am Amphitheater

Fashion Dept Open House  
12 pm – 3 pm Bldg. 3

Fashion Show with Linda Lee  
Owner, Sewing Workshop  
4 pm Main Theater Bldg. 3

\$10 donation/\$9 with postcard  
Food Available for Purchase



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INSIDE THIS ISSUE

Tips for Planning: Little Things Make a Big Difference

Microaggressions: Unintended Discriminations

Dean David Johnson's Convocation Speech

# The Olive Branch

Cañada College International Student Newsletter

VOLUME 4, ISSUE 11

FALL 2015, SEPT. 4

## Little Things Can Make a Big Difference

By: Nisa Nik

"All great changes are preceded by chaos." – Deepak Chopra

The start of a new semester can be a bit overwhelming especially after the long (and already missed) summer break that we all needed. If you are new to the college life, still in your summer shorts, or even just jetlagged (by the way, welcome back!), here are some tips that can help with the transition, and hopefully get you ahead of your game:

- Get a **planner**, so you won't miss pesky due dates.
- Set an appointment with your **counselor** at least once a semester to make/ update your SEP (Student Education Plan). Appointments can be made at the Welcome Center in Bldg 9, 1st Floor. You are more prepared with updated SEPs because it gives you a priority registration date, since courses always get filled up quickly.
- Check your **My.SMCCD.edu email** and **WebAccess** regularly. An easier way is to link it to your phone or to an existing

email account. Keep in mind this is the only connection professors have to you, so expect a lot of emails coming in.

- See your **professors** after class or during their office hours, if you have any questions. Get noticed by your professors because the better they know you, the better they can help you achieve your goal in that class.
- Make at least one **new friend** in each class. You can update each other on assignments and homework, and study groups do come in handy during exam week.
- Get enough sleep, and **get to class early** because some professors will not take attendance if you are late to class.

And lastly, get a **planner**!

Good luck and enjoy your semester here at Cañada College!



## Important Dates

Tue, Sep 8 and Wed, Sep 9, Upper Lawn  
9:00am-1:00pm and 4:00-7:00pm

**Spirit Week:** Show your Cañada spirit and win prizes for showing up and participate!

Tue, Sep 8, 3:30-4:30, Clubhouse 5-250

**Inter-Club Council (ICC) Meeting:**

Come learn about all the current clubs on campus and how to start a club.

Thu, Sep 10, 9:00am-1:00pm, Upper Lawn

**Club Rush:** Check out all the clubs and sign up for clubs on campus!

Wed, Sep 9 &16 , 3:30-5:00pm, STEM Center

**ASCC Meeting:** Come learn about what the student government is planning.

Tue, Sep 8, 2:10pm-3:10pm, Bldg 3-142

**Employment Workshop:** Come learn about how to work as an F-1 student, what's a resume and how to work off-campus legally.

Wed, Sep 9, 10-11am, Bldg. 9-106

**TAG Workshop:** Learn about the UC Transfer Agreement Guarantee program requirements and get help with the TAG application.

Wed, Sep 9, 1-2pm, Bldg 13-115

**Resume & Cover Letter Creation Workshop:** Organized by the Cañada Career Center.

Thu, Sep 17, 4pm-7pm, Upper Lawn

**Constitution Day:** Earn prizes for correctly answering questions about U.S. constitution!

# Microaggressions: Unintended Discrimination

By: Dominique Franceschi

"You guys! I have an idea!"

"You walked all the way? That's crazy!"

"Oh you grew up with two cultures? How exotic!"

Think of all the words we use on a daily basis: How many of those words can you define? How many of those words are you using based on the context/meaning society has created, as opposed to their true meaning? How many of those words are hurting people?

It's okay if you don't have an answer, but let me define these words to shed some light.

**Guy:** A man. A Gentleman. A male.

**Crazy:** Mentally deranged. Demented

**Exotic:** From the outside.

Microaggressions (*also known as "unintended discriminations"*) are words with negative connotations we mindlessly use on a daily basis. However, because of their constant use, we've grown insensitive to them, but it doesn't eliminate or reduce the negative undertone.

They don't have to be intentional to be painful, and if left unchecked, microaggressions separate, segregate, and reinforce stereotypes. Sometimes it can eventually lead to health problems, like stress, anxiety and depression.

So what can we do? My challenge to everyone reading this is to investigate and educate yourselves. There are many words/phrases we use without fully understanding/knowing their meaning.

Me? My goal is to avoid asking a very popular and seemingly harmless question:

"Where are you from?"

Words can  
**hurt** more  
than you **think**  
they can .... .

Why? Because what you're really saying is:

1. You're an alien in your own home.

2. You're not North American.

3. You don't belong.



All it takes is small changes in our daily routine to slowly start eliminating these words and expressions. And remember, be the change you want to see in the world.

# Dean David Johnson's Convocation Speech

The word Convocation is derived from the Latin word *convocare*, which means a "calling or coming together." So in a formal sense we are gathered here today to commence and celebrate the academic year with the sense of purpose that the occasion deserves. We are here to affirm the responsibility we have to be the students, teachers, and leaders that our families, communities, and country need us to be. And finally, we are here to dream big and then go achieve the things that we have envisioned.

During your time here at Cañada you can expect to receive an education that promotes your intellectual growth and your personal development. We are committed to providing you with an environment that will help you define your life purpose and refine your sense of the world and your place in it. In the timeless words of one professor "we expect you to leave here with an understanding about the nature of things according to the best knowledge of our time." So when you graduate you will be prepared to make your mark not only at the university or in the workforce but out in the world as well.

And we do not doubt for one moment your ability to educate yourselves, uplift this college, and change the world. You are HERE at a time when you have more access to more information and resources than any previous generation, and this college is committed to helping you leverage all of that so as to ensure your success. You have instructors who are dedicating their lives to fostering your intellectual and professional development. And most of all, as students YOU have the focus and the fortitude...the talent and tenacity to get it done. You see, many of you have already overcome challenges and obstacles that would have stopped others in their tracks. You have experienced setbacks and disappointments but have carried on undeterred toward your goals. That is what has BROUGHT you here to Cañada and I know that you haven't come this far so as to be ANYTHING LESS THAN PHENOMENAL.

Tuesday, September 8  
2:10 - 3:10pm  
Bldg 3-142

**Employment Workshop**  
for ESL and International Students

Come learn about:

- F-1 Employment Regulations
- How to write a resume
- What is Cooperative Education
- Career Center Services

Cañada College  
Career Center

Cooperative Education  
Cañada College

INTERNATIONAL STUDENT CENTER  
CAÑADA COLLEGE

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### INSIDE THIS ISSUE

International Student Orientation

Staffing Changes at the IS Center

Tue, August 25:  
Transfer Workshop & Welcome Back Party

# The Olive Branch

## Cañada College International Student Newsletter

VOLUME 4, ISSUE 10

FALL 2015, AUGUST 21

## Welcome New International Students!

Cañada College welcomes over 50 new international students this Fall 2015 semester, bringing the international student population to 115. The new students are from 17 countries including Canada, China, Costa Rica, Germany, Greece, India, Jordan, Malaysia, Mexico, Mongolia, Myanmar, Nepal, Poland, Saudi Arabia, Spain, Taiwan, and Vietnam.

The campus community hosted a Welcome Luncheon on Monday, August 3 sponsored by ISP Homestays. VPs Gregory Anderson and Kim Lopez congratulated the students on their journey as an international student in the U.S. Misha Maggi, Center for Student Life Manager and International Student Ambassadors Dominique Franceschi and Khairunisa Nik encouraged the students to get involved and share their culture with the campus.

The new international students also had an opportunity to tour downtown Redwood City and received a warm welcome from Redwood City Mayor Jeff Gee, Councilmembers, and members of Redwood City International. Their orientation ended with a fun-filled day at Great America riding roller coasters and enjoying the last days of summer.

We're excited to grow our international student population and provide more opportunities for our community to understand and appreciate different points of view within our diverse community.

## Important Dates

Tue, Aug 25, 1:30-2:30pm, Bldg 9-106  
**Transfer Workshop for Int'l Students**

Tue, Aug 25, 2:30-3:30pm, Bldg 3-142  
**Welcome Back Party for Int'l Students**

Tue, Aug 25, 3:30-4:30, Clubhouse 5-250  
**Inter-Club Council (ICC) Meeting:** Come learn about all the current clubs on campus and how to start a club.

Wed, Aug 26, 3:30-5:00pm, STEM Ctr 9-257  
**ASCC Meeting:** Come learn about what the student government is planning!

Wed, Aug 26, 12:30, Main Theater  
**Convocation Ceremony:** Celebrate and affirm your commitment to education.

Tue, Sep 2, 1:30 and 5:30pm, Bldg 3-142  
**Class Participation Workshop for ESL & International Students**

Tue, Sep 8, 1:30pm-2:30pm, Bldg 3-104  
**Employment Workshop:** Come learn about how to work as an F-1 student, what's a resume and how to work off-campus legally.

Tue, Sep 8 and Wed, Sep 9  
9:00am-1:00pm and 4:00-7:00pm, Upper Lawn  
**Spirit Week:** Show your Cañada spirit and win prizes for showing up and getting involved!

Thu, Sep 10, 9:00am-1:00pm, Upper Lawn  
**Club Rush:** Check out all the clubs and sign up for clubs on campus!



# Changes at the IS Center

Summer has been a busy time. Vice President of Student Services, Robin Richards retired and the Dean of Counseling, Kim Lopez will be serving as the Interim Vice President of Student Services until a permanent Vice President is hired in the Spring 2016 semester.



In Kim Lopez's place, Lizette Bricker will serve as the Interim Dean of Counseling and was the Cañada A2B Program Supervisor. She has served in a variety positions throughout her 14 year professional career, including as a Counselor at Cal State East Bay and at College of the Desert; as an English Instructor at College of the Desert; and, as the Regional Coordinator of the Early Academic Outreach Program at the University of California, Riverside. She holds a Bachelor of Arts Degree in English for San Diego State, and two Master's Degrees from California State University, San Bernardino in English Composition and Counseling & Guidance. Lizette likes to read and watch movies and explore great restaurants in the Bay Area .



We would also like to welcome Stacey Carrasco to the ISC as our Part-time Program Services Coordinator. Stacey is originally from the Pacific Northwest and has a passion for international education. Stacey earned her Master's degree from the College of Ethnic Studies at San Francisco State University and a Bachelor of Arts degree from the University of Washington in Seattle, Washington. She has over 5 years experience working with international students in the community college system and is devoted to cultural diversity, higher education, and the student experience. She loves the outdoors, traveling, hiking throughout the Bay Area, the serenity of the beach, and is a foodie trying new restaurant. We are excited to welcome her to Cañada College.



International Student Center Manager, Supinda not only celebrated her birthday in the summer but also celebrated 10 years of working in the field of international education both with international students and study abroad. Supinda is relieved to complete all her coursework towards her Educational Leadership Doctorate and is on All but Dissertation (ABD) status at San Francisco State University. Most importantly, Supinda is excited to see the International Student Center and the students we serve grow and succeed.

# Mission to Serve You: IS Ambassadors



The IS Center is happy to have Yingjie "Alexandra" Zhuang from China, Moody Metry from Egypt, and Dominique Franceschi from Colombia back as International Student Ambassadors and is excited to welcome Khairunisa "Nisa" Nik from Malaysia as our newest team member.



The Ambassadors support the IS Center by

serving as peer-mentors to new international students and getting prospective students excited about applying and attending Cañada College.

The IS Ambassadors are also great role models for all students because they are all the Dean's List with a GPA of 3.8+ and also are involved in other campus activities, such as serving as club officers, tutors, and other student life involvement. So if you want to be successful at Cañada follow their lead!

Tuesday, August 25  
1:30pm—2:30pm  
Bldg 9-106

### Transfer Workshop

for ESL and International Students

Come learn about:

- Honors Transfer Program
- U.S. Educational System
- How to transfer to a 4-year university
- DegreeWorks and Project Assist
- Transfer Center Services

**WELCOME BACK!**  
The International Student Center  
is hosting a Pizza Party!

Tuesday August 25, 2015  
2:30pm  
Building 3 Room 142

Make new friends from all  
around the world!