Student Name:		Catalog Year
Cañada College –AA-T/AS-T Deg	ree Requirements	
Graduation from Cañada College with the Associate in Arts for Transfer (AA-T) Deg	ree or the Associate in Science for T	Fransfer (AS-T) Degree is
based on: Completion of minimum of 60 CSU-transferable semester units		
☐ Minimum grade point average (GPA) of at least 2.0 in all CSU-transferable cours	ework. While a minimum of 2.0 is r	required for admission, some
majors may require a higher GPA. Please consult with a counselor for more info		
☐ Completion of a minimum of 18 semester units in an "AA-T" or "AS-T" major as	listed below and detailed in the Ass	ociate Degrees, Certificates,
Transfer section of the college catalog. All courses in the major must be complete	ed with a grade of C or better or a '	'P" if the course is taken on a
"pass-no pass" basis (title 5 § 55063).		
☐ Certified completion of the California State University General Education-Breadt Education Transfer Curriculum (IGETC) pattern	th pattern (CSU GE Breadth); OR the	e Intersegmental General
Kinesiolog	 V	
Associate in Arts Degree for T		
Core and Selective Requirements		
·		
Complete 15 units Core Courses:	Term Completed/In-Progress	Grade/In-Progress
☐ BIOL 250 Human Anatomy (4 Units)		
☐ BIOL 260 Human Physiology (5 Units)		
☐ KINE 101 Introduction to Kinesiology (3 Units)		
☐ Movement Based Courses: Select a maximum of one course		
from any 3 of the following areas for a maximum of (3 units):		
Area 1: Dance – All courses are 1 unit each	Term Completed/In-Progress	Grade/In-Progress
□ Dance 121.1, 121.2, 121.3, 121.4 (Modern Dance I-IV)		
□ DANC 125.1, 125.2, 125.3, 125.4 (Salsa I-IV)		
□ DANC 130.1, 130.2, 130.3, 130.4 (Jazz Dance I-IV)		
□ DANC 140.1, 140.2, 140.3, 140.4 (Ballet I-IV)		
□ DANC 150.1, 150.2, 150.3, 150.4 (Social Dance)		
□ DANC 220(Dance Conditioning)		
☐ DANC 400.1, 400.2, 400.3, 400.4 (Dance Production I-IV))		
Area 2: Fitness - All courses are 1 unit each	Term Completed/In-Progress	Grade/In-Progress
☐ FITN 112(Cross Training); ☐ FITN 117 (Fitness Assessment &		
Conditioning); ☐ FITN 118 (Beginning Fitness Center);		
☐ FITN 119 (Inter. Fitness Center); ☐ FITN 122 (Total Body Burn);		
☐ FITN 128 (Get on the Ball Exercising);		
☐ FITN 129 (Beginning Strength Training on the Ball);		
\square FITN 151 (Step Aerobics) ; \square FITN 153 (Soccer Conditioning);		
\square FITN 154 (Volleyball Conditioning); \square FITN 210 (Varsity Weight		
Conditioning); ☐ FITN 235 (Boot Camp); ☐ FITN 304.1, 304.2, 304.3,		
304.4 ☐ FITN 334.1, 334.2, 334.3, 334.4 (Yoga I-IV); ☐ FITN 335.1, 335.2, 335.3, 335.4 (Pilates I-IV)		
Area 3: Individual Sports - All courses are 1 unit each	Term Completed/In-Progress	Grade/In-Progress
□ INDV 160.1, 160.2, 160.3, 160.4 (Golf I-IV)		
□ INDV 251 1 251 2 251 3 251 4 (Tennis I-IV)		

Area 4: Team Sports - All courses are 1 unit each	Term Completed/In- Progress	Grade/In- Progress
☐ TEAM 105 (Advanced Baseball)		
☐ TEAM 111.1, 111.2, 111.3, 111.4 (Basketball I-IV)		
☐ TEAM 141.1, 141.2, 141.3, 141.4(Soccer I-IV)		
☐ TEAM 148 (Indoor Soccer)		
☐ TEAM 171.1, 171.2, 171.3, 171.4 (Volleyball I-IV)		
☐TEAM 185 (Expert Volleyball Training)		
Selective Courses: Choose a minimum of 6 units from the followin Select a maximum of two courses from the following:		1
These courses may also count toward GE requirements.	Term Completed/In-Progress	Grade/In-Progress
☐ BIOL 130/132 Human Biology/Lab (3/1 Units)		
☐ CHEM 210 General Chemistry I (4 Units)		
☐ MATH 200 Elementary Probability and Statistics (4 Units)		
☐ PHYS 210 General Physics I (4 Units)		
Total Core/Selective Requirements (21 Semester Units) General Education Requirements:		
☐ Certified Completion of CSU GE Breadth Pattern (34-39 Semester Un		ted / Units in-progress
OR		, pgc.
☐ Certified Completion of IGETC Pattern (37 semester Units)		
And	Units comple	ted / Units in-progress
☐ Completion of additional AA-T/AS-T degree requirements outlined list	sted above.	
Verified by Transfer Program Services Supervisor:	on (date)	

Please note that awarding an AA-T/AS-T degree is pending the successful completion of all requirements listed above.