

Course Assessment Results aligned to Program SLOs

San Mateo CCCD

CAN Program - Kinesiology, Athletics, and Dance

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
|--|---|--|---|--------------------|
| Recognize and evaluate the importance of physical activity in leading a healthy, functional lifestyle and in creating or increasing a sense of well-being. | CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 220 - Conditioning for Dance Techniq - Flexibility - Students will increase flexibility as required for dance. (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Use of sit and reach box Assessment Method Category: Pre and post testing Success Criterion: Students will improve flexibility in hamstrings by at least 1 centimeter. Related Documents: SLODANC 220 Data_SPRING 2010.doc | 06/17/2010 - Students in average improved flexibility by 4 centimeters Result Type: Criterion met Reporting Cycle: 2009 - 2010 Related Documents: SLODANC 220 Data_SPRING 2010.doc | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 220 - Conditioning for Dance Techniq - aerobic test - Students will be able to perform three blocks of choreography without rest for 20 minutes (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: a stopwatch will be used to record whether the student performed the full choreography without rest Assessment Method Category: Presentation/Performance Success Criterion: 80% of the students should be able to perform the choreography | | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 220 - Conditioning for Dance Techniq - balance - Students will develop balance by standing on the ball of the foot on one leg for more than 1 minute (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Test- standing on one leg on the ball of the foot for one minute. Use of stopwatch to record the time. Assessment Method Category: Presentation/Performance Success Criterion: 80% of the students will be able to stand on one leg for more than 1 minutes | | |

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| | CAN Dept - Kinesiology, Athletics, and Dance - CAN FITN 124 - Pilates Training - Abdominal Muscles - Identify the layers of abdominal muscles and describe the primary action of each. (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Written exam to test whether students can correctly name and locate the abdominal muscles. Total 6 points: 2 point = for identifying the superficial layer and its action 2 point = for identifying the medial layer and its action 2 point = for identifying the deepest layer and its action Assessment Method Category: Exam Success Criterion: 70% of the students need to receive 4 out of 6 points. | | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN FITN 124 - Pilates Training - Postural Deviation - Identify exercises to correct postural deviation. (Created By CAN Dept - Kinesiology, Athletics, and Dance) | | | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN FITN 124 - Pilates Training - Breathing - Understand the action of the diaphragm during breathing and its effect on the contraction of the transverse abdominus. (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Total 2 points 1 point: student know the action of the diaphragm 1 point: student understands the effect on the contraction of the diaphragm Assessment Method Category: Exam Success Criterion: 70% of students achieve 1 out of 2 | 11/20/2013 - 86% of the students received full two points and explained the action and shape of the diaphragm. Reporting for FITN 335.1 and 335 .2 (all in one spreadsheet) Result Type: Criterion met Reporting Cycle: 2013 - 2014 Related Documents: | |

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| | | points. | SLO PILATES Fall 2013 03/31/2013 - 21 out of 22 students received full two points and explained the action and shape of the diaphragm. Result Type: Criterion met Reporting Cycle: 2012 - 2013 Related Documents: SLO_Pilates_Spring13 | |
| | | | 12/13/2012 - 90% of the students understood the action of the diaphragm and the effects of its contraction. Result Type: Criterion met Reporting Cycle: 2012 - 2013 Related Documents: SLO_PILATES_fall12.xlsx | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN FITN 124 - Pilates Training - Neutral Spine - Identify the shape of neutral spine and assign the correct name to the four main sections of spinal vertebrae. (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Total 8 points. Student receives 1 point each for identifying/naming the four main sections of the vertebral column. 1 point each for describing (demonstrating, drawing) the direction of the curve of each section. Assessment Method Category: Exam Success Criterion: 70% of students achieve 6 out of 8 points. | | |

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| | | Assessment Method: Total 3 points. Student receives 1 point each for identifying/naming the three main sections of the vertebral column. Assessment Method Category: Exam Success Criterion: 70 % of students will receive two or more points | 11/20/2013 - 88% of the students received two or more points. Reporting for FITN 335.1 and 335 .2 (all in one spreadsheet) Result Type: Criterion met Reporting Cycle: 2013 - 2014 Related Documents: SLO PILATES Fall 2013 | |
| | | | 03/31/2013 - 18 out of 22 students received 2 or more points. More time was spent on discussing the spine. Result Type: Criterion met Reporting Cycle: 2012 - 2013 Related Documents: SLO_Pilates_Spring13 | |
| | | | 12/13/2012 - 6 out of 10 students received 2 or more points in identifying the main curves of the spine. Result Type: Criterion not met Reporting Cycle: 2012 - 2013 Related Documents: SLO_PILATES_fall12.xlsx | 12/13/2012 - More time will be spent discussing about the main curves of the spine. Action Plan Category: Use New or Revised Teaching methods |
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| | CAN Dept - Kinesiology, Athletics, and Dance - CAN FITN 124 - Pilates Training - Pilates Principles - Students will identify at least three Pilates principles. (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Students will need to identify three Pilates principles during a test. Assessment Method Category: Exam Success Criterion: 70 % of the students will receive three or more points. | 11/20/2013 - 75% of the students received three full points. Result Type: Criterion met Reporting Cycle: 2013 - 2014 Related Documents: SLO PILATES Fall 2013 | 01/14/2014 - More time will be spent on the Principles of the Pilates. Action Plan Category: Use New or Revised Teaching methods |

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| | | | <p>03/31/2013 - 19 out of 22 students received full points. Students had a chance to read about the principles and apply them through the practice.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p> <p>Related Documents: SLO_Pilates_Spring13</p> <hr/> <p>12/13/2012 - 90% of the students received 3 points.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p> <p>Related Documents: SLO_PILATES_fall12.xlsx</p> | |
| | <p>CAN Dept - Kinesiology, Athletics, and Dance - CAN FITN 151 - Step Aerobics</p> <p>- Benefits - Students will describe three benefits of cardiovascular workout. (Created By CAN Dept - Kinesiology, Athletics, and Dance)</p> | <p>Assessment Method: Students will write an essay describing three benefits of cardiovascular workout. Total points of the essay = 3 points</p> <p>Assessment Method Category: Essay</p> <p>Success Criterion: Students will be able to identify all three benefits</p> | <p>12/15/2011 - Students who completed the essay showed understanding of the benefits of cardiovascular exercise. 83 % of the students received 3 (full points) and 17 % received 2 points.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2011 - 2012</p> | |
| | <p>CAN Dept - Kinesiology, Athletics, and Dance - CAN FITN 151 - Step Aerobics</p> <p>- CV system - Students will improve in the cardiovascular system. (Created By CAN Dept - Kinesiology, Athletics, and</p> | <p>Assessment Method: Teacher will assess cardiovascular endurance using measurements of post exercise heart rate at the beginning and end of semester. Students have to do the same test at the beginning and at the end</p> | <p>01/11/2011 - 4 out of 10 students improved their HR. However 6 out of 10 students did not improve their HR. All of the students worked hard during the semester and experienced changes in various ways (body weight reduction,</p> | <p>01/11/2011 - Use HR monitors for more objective measurement!</p> |

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| | Dance) | <p>of the semester. The step test consisted of a 3 minute stepping on a bench at a 12inch height in a 98 bpm rhythm. The students warmed up first and the test was explained. They measured their Heart Rate immediately after the test. If their Heart Rate dropped at the end of the semester means that they improved their cardiovascular system.</p> <p>Assessment Method Category: Pre and post testing</p> <p>Success Criterion: Students will lower their HR by at least 5 bpm</p> | <p>doing well on the tests, had better concentration etc). I would say the results were hard to measure since students used locating the carotid artery and for some students it was hard to find and measure HR. So I would say the test was unreliable since we didn't use any objective equipment to measure HR.</p> <p>Result Type: Inconclusive</p> <p>Reporting Cycle: 2010 - 2011</p> <hr/> <p>06/18/2010 - 12 out of 15 student lowered their HR, which means 80% of the class improved. As far as the other three students, they had noticed other improvement such as loss of body weight. One of them was not coming regularly to the class and it was clear that would not get any results. Another important note to take into consideration is that the students in this test were learning how to take their Heart Rate for the first time so that might give us some errors too.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2009 - 2010</p> <hr/> | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN FITN 151 - Step Aerobics - aerobic - Student will be able to perform at least of 30 minute continious activity on the step. (Created By CAN Dept - Kinesiology, Athletics, and Dance) | <p>Assessment Method: A stop watch will be used to record the time of the performance for 30 minutes without rest.</p> <p>Assessment Method Category: Presentation/Performance</p> <p>Success Criterion: 80% of the students should be able to perform the activity for more than 30</p> | | |

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| | | | 2012 - 2013 | |
| | | | 06/30/2011 - In the MW and TH class 89 % of the students completed the assignment successfully (40 out of 45 students from both classes). | |
| | | | Result Type: Criterion met | |
| | | | Reporting Cycle: 2010 - 2011 | |
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| | CAN Dept - Kinesiology, Athletics, and Dance - CAN FITN 334 - Yoga - philosophy - students will explain the philosophy of yoga (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: essay will be given to explain the three important parts of yoga (body, mind and soul connection) Assessment Method Category: Essay Success Criterion: 80% of the students will name all three parts of yoga | 02/09/2014 - I combined both of my classes and all of the four levels of Yoga FITN 334.1, 334.2, 334.3, and 334.4 on a spreadsheet. 91 % of the students received 3 or more points. For detailed information refer to the SLO spreadsheet. Result Type: Criterion met Reporting Cycle: 2013 - 2014 Related Documents: SLO YOGA Fall 2013 | |
| | | | 07/05/2013 - I combined both of my classes on a spreadsheet. The name of the SLO is SLO2 on the spreadsheet. 23 (46%) out of 50 students received 5 points and 22 (44%) received 4 points which means 90 % of the students explained in details the three important parts of yoga. Result Type: Criterion met Reporting Cycle: 2012 - 2013 Related Documents: YOGA_SLOSPRING2013 | |

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| | | | <p>05/24/2012 - I created a spreadsheet that includes both of my classes. So, I am going to report the results for both classes at once. To break it down: 86% of the students received 5 points and 12% of the students received 4 points. Total of 98% of the students received more than 3 points.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2011 - 2012</p> <p>Related Documents: Yoga spring 12</p> <hr/> <p>06/30/2011 - In TTH class 12% of the students received 2 points. The rest of the students 88% completed with 3 points or higher. In MW class all of the students received 3 or more points.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2010 - 2011</p> <hr/> | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN KINE 245 - Principles/Techniques of Resistance, Balance, and Flexibility Training - Principles or Resistance Training - Students will identify the principles of resistance training. (Created By CAN Dept - Kinesiology, Athletics, and Dance) | <p>Assessment Method: Students will answer the following question An imbalance between training and recovery is called:</p> <ol style="list-style-type: none"> Overload Principle Principle of Individual Differences Overtraining Specificity Adaptation <p>Assessment Method Category: Exam</p> <p>Success Criterion: More than 80% of the students need to answer the question correctly</p> | <p>06/18/2010 - Only 68% of the students answered the question correctly.</p> <p>Result Type: Criterion not met</p> <p>Reporting Cycle: 2009 - 2010</p> <p>Related Documents: FITN 245 SLO SPRING 2010.doc</p> <hr/> | <p>06/18/2010 - The instructor will spend more time explaining about the principles of resistance training.</p> <hr/> |

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| | | <p>Assessment Method: A new assessment question was asked: What is TRUE about overload principle: a. Incorporates the principle, which states: the client's results are specific to the type of training used. b. Incorporates the principle, which states: the client needs to generate a force or resistance that is greater than it is normally encountered. c. It is a principle that causes muscle soreness b. It is not a principle</p> <p>Assessment Method Category: Exam</p> <p>Success Criterion: more than 80% of the students need to answer the question correctly.</p> | <p>02/29/2012 - All students (100%) answered the question correctly. More time was spent on resistance training principles and therefore there was 100% correct answer. Also, the question was changed and I believe it was a little easier than the question assessed in 2009 -2010 cycle.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2010 - 2011</p> | <p>02/29/2012 - For the Spring 2012 I will use the both assessment methods for this SLO so that I can compare results (question number one).</p> <p>Action Plan Category: Conduct Further Assessment</p> |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN KINE 245 - Principles/Techniques of Resistance, Balance, and Flexibility Training - stretching exercise - students will select correct stretching exercise for a specific muscle (Created By CAN Dept - Kinesiology, Athletics, and Dance) | <p>Assessment Method: students will be asked to demonstrate an exercise for a specific muscle. A checklist will be used to asses. Total 2 points 1- correct technique/body alignment 1-correct choice of exercise for muscle used</p> <p>Assessment Method Category: Presentation/Performance</p> <p>Success Criterion: 80% of the students will be able to receive 2 points</p> | <p>12/25/2013 - 86% of the students were able to select the right exercise for the muscle being stretched and also to demonstrate the correct alignment.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2013 - 2014</p> <p>Related Documents: KINE 245 Fall 2013</p> <p>01/10/2013 - All of the students demonstrated the correct stretching technique however 4 out of 11 students did not identify the right stretching muscle.</p> <p>Result Type: Criterion not met</p> | <p>01/10/2013 - More time will be spent on teaching about the muscles.</p> <p>Action Plan Category: Use New or Revised Teaching methods</p> <p>Follow-Up:</p> |

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| | | | Reporting Cycle: 2012 - 2013 Related Documents: SLO_KINE_245.xlsl | Follow-Up: 02/09/2014 - More time was spent on muscles and stretching technique. I added a three hour class on muscles and stretching. |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN KINE 245 - Principles/Techniques of Resistance, Balance, and Flexibility Training - Balance - students will identify the three systems behind balance training: visual, vestibular and somatosensory (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: students will be asked to name the three systems important to balance. Total of points received is 6. 1 point for visual system 1 point for vestibular system 1 point for somatosensory system Assessment Method Category: Exam Success Criterion: 70% of the students will receive 2 or more points | 12/25/2013 - 76% of the students received 2 or more points. More time was spent on the importance on balance and the systems that support the balance. Result Type: Criterion met Reporting Cycle: 2013 - 2014 Related Documents: KINE 245 Fall 2013 | 02/29/2012 - More review will be spent on the balance systems since students need to know what systems affect balance training. Action Plan Category: Use New or Revised Teaching methods |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN KINE 250 - Personal Trainer Prep:Anatomy & Physiology - Bones - Students will identify names of bones in the human body. (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Professor will use a photo of a skeleton and students will need to identify the right bones (femur, patella, tibia and fibula). One point will be given for each bone identified. Students can receive maximum four points. Assessment Method Category: | 02/09/2014 - 76% of students identified all of the assigned bones correctly. Result Type: Criterion not met Reporting Cycle: 2013 - 2014 Related Documents: | 02/09/2014 - More time will be spent to make sure students can identify the names of the bones. Action Plan Category: Use New or Revised Teaching methods |

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| | | <p>Exam</p> <p>Success Criterion: 80% of the students need to identify correctly all of the bones</p> | <p>KINE 250 Fall 2013</p> <p>12/15/2011 - 14 out of 16 (87.6)% of students identified all of the assigned bones correctly.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2011 - 2012</p> | |
| | <p>CAN Dept - Kinesiology, Athletics, and Dance - CAN KINE 250 - Personal Trainer Prep:Anatomy & Physiology - Action of muscle. - Students will identify the correct muscle responsible for an assigned exercise (Created By CAN Dept - Kinesiology, Athletics, and Dance)</p> | <p>Assessment Method: Teacher will use multiple choice questionnaire which will be given to students identify an action of certain muscle. Example: The muscle responsible for stabilization of the lumbar part and trunk extension is called:</p> <p>a. transversus abdominis b. erector spinae c. rectus femoris d. rectus abdominis</p> <p>The correct answer was c.</p> <p>Assessment Method Category: Exam</p> <p>Success Criterion: 80 % of the students need to choose the right answer</p> | <p>12/25/2013 - 81% of the students identified the correct muscle in one of the question of the test given to students.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2013 - 2014</p> <p>Related Documents: KINE 250 Fall 2013</p> <p>12/15/2011 - 15 out of 16 students (93%) identified the right muscle.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2011 - 2012</p> | <p>08/18/2012 - The SLO and the assessment will be changed. The SLO was too narrow. I would like the students to understand and know more muscles and their actions (which is covered in the course lectures) and students need to learn how to apply that knowledge of actions of muscles to certain exercise.</p> <p>Action Plan Category: Develop new evaluation methods</p> |
| | | | <p>01/13/2011 - 12 out of 14 (86%) students chose the right answer</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2010 - 2011</p> | |

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| | | | <p>06/01/2008 - 16 out of 20 students (80%) answered the question correctly.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2009 - 2010</p> | |
| | <p>CAN Dept - Kinesiology, Athletics, and Dance - CAN KINE 250 - Personal Trainer Prep:Anatomy & Physiology</p> <p>- Action of muscle in an exercise - Students will identify and apply the correct muscle responsible for a certain action in a specific exercises. (Created By CAN Dept - Kinesiology, Athletics, and Dance)</p> | <p>Assessment Method: Students will be given questions about identifying the right action of muscles in specific exercise. There will be five questions given to identify five actions of specific muscles and they will match the specific exercise that will engage the certain muscles.</p> <p>Assessment Method Category: Exam</p> <p>Success Criterion: 70 % of the class need to receive five points</p> | | |
| | <p>CAN Dept - Kinesiology, Athletics, and Dance - CAN KINE 251 - Personal Trainer: Health Appraisal and Exercise Prescription</p> <p>- Aerobic Capacity - Students will know the exercise program recommendations to improve aerobic capacity for a healthy adult. (Created By CAN Dept - Kinesiology, Athletics, and Dance)</p> | <p>Assessment Method: Students will be given an exam on exercise programming to answer the recommendation for exercise program design: Frequency, Intensity, Time and Type. Total of 4 points will be given (1 point for each correct answer).</p> <p>Assessment Method Category: Exam</p> <p>Success Criterion: More 80% of the students need to answer correctly the 4 required fields: Frequency, Intensity, Time and Type.</p> | <p>02/29/2012 - 92 % of the students answered all the correct fields (11 out of 12). Only one student couldn't recall the exercise prescription.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2010 - 2011</p> <p>Related Documents: SLO_Data_KINE_251_SPRING11.doc</p> | <p>06/18/2010 - These are the following findings: 86 % of the students answered the Frequency correctly 80 % of the students answered the</p> |

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| | | | <p>intensity correctly 100 % of the students knew the recommended time for exercise program design and 80% of the students named the types of aerobic workout to improve CV fitness</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2009 - 2010</p> <p>Related Documents: FITN 251 SLO SPRIN10.doc</p> | |
| | <p>CAN Dept - Kinesiology, Athletics, and Dance - CAN KINE 251 - Personal Trainer: Health Appraisal and Exercise Prescription - Flexibility - Students will design exercise program to improve flexibility for a healthy adult, (Created By CAN Dept - Kinesiology, Athletics, and Dance)</p> | <p>Assessment Method: Students will be given an exam on exercise programming to answer the recommendation for exercise program design: Frequency, Intensity, Time and Type. Total of 4 points will be given (1 point for each correct answer).</p> <p>Assessment Method Category: Exam</p> <p>Success Criterion: 80% of the students need to score 3 points or higher.</p> | <p>08/18/2013 - 81 % of the students received 3 points or higher. If we break it down to the question asked "What are the ACSM recommendations for improving flexibility in a healthy adult?"</p> <p>Frequency: Intensity: Duration: Type:</p> <p>72 % of the students received 1 point under the design - frequency and intensity of flexibility. As an action, I would spend more time teaching the frequency and intensity topic in flexibility training.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p> <p>Related Documents: KINE 251 Spring 2013</p> | |

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| | CAN Dept - Kinesiology, Athletics, and Dance - CAN KINE 251 - Personal Trainer: Health Appraisal and Exercise Prescription Muscular Hypertrophy - Students will design exercise program to improve muscular hypertrophy. (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Students will be given an exam on exercise programming to answer the recommendation for exercise program design: Frequency, Sets, and Repetitions. Total of 3 points will be given (1 point for each correct answer). Assessment Method Category: Exam Success Criterion: 80% of the students need to score 2 points or higher | 08/18/2013 - Only 63% of the students knew the correct recommendations for hypertrophy program design. More time will be spent on getting students familiar with the resistance training program design (especially on the topic hypertrophy). Result Type: Criterion not met Reporting Cycle: 2012 - 2013 Related Documents: KINE251_SLO2_Spring2013 | |

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| Exhibit interpersonal communication, cooperative relationships and social interaction within diverse and dynamic environments. | CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 125 - Beginning Salsa - etiquette - Demonstrate proper partner etiquette, and develop his/her own salsa dancing style (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Checklist of qualitative observation <ol style="list-style-type: none"> 1 point, handshake 1 point, verbal greeting 1 point, friendly approach (smile, body language, etc) 1 point, friendly departure (smile, body language, etc) Assessment Method Category: Presentation/Performance Success Criterion: 70% of students need to complete 3 or more points | 05/24/2013 - 86% students completed successfully via demonstration checklist Result Type: Criterion met Reporting Cycle: 2012 - 2013 <hr/> 08/20/2012 - 92% of students met this success criterion Result Type: Criterion met Reporting Cycle: 2011 - 2012 <hr/> 12/17/2011 - 100% of students demonstrated 3 or more points required to meet the "proper partner etiquette" criterion on a regular basis Result Type: Criterion met Reporting Cycle: 2011 - 2012 | |

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| | CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 143 - Intermediate Ballet - jumps - student will be able to perform pa de bourre and jete jumps linking together with correct technique (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: use of checklist. Total 4 points 1 point - correct footwork 1 point - correct arm work 1 point - correct/rhythmic push-off phase 1 point - correct landing Assessment Method Category: Presentation/Performance Success Criterion: 70% of the students will receive 3 or more points | 02/08/2014 - All of the three students out of four completed the assignment and received 3 or more points. The fourth student did not participate in the assessment. Report for DANC 140.2 and DANC 140.3 Result Type: Criterion met Reporting Cycle: 2013 - 2014 07/05/2013 - 90% of the students performed the jumps correctly. For details see spreadsheet (result name SLO 3 - intermediate) Result Type: Criterion met Reporting Cycle: 2012 - 2013 Related Documents: SLO_140SPRING2013 05/23/2012 - all students correctly performed the jumps with full four points Result Type: Criterion met Reporting Cycle: 2011 - 2012 Related Documents: SLOs_DANC1.xlsx 06/30/2011 - 76 % of the students received 3 or more points. Result Type: Criterion met Reporting Cycle: 2010 - 2011 | |

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| | | | Result Type: Criterion met Reporting Cycle: 2012 - 2013 Related Documents: SLO's summer 2012 FITN 112.docx | |
| | | | 06/27/2012 - FITN 112 Spring 2012 (Fitness Center): Logging CV Progression: 28 of 35 students (80%) correctly document their fitness logs. Result Type: Criterion met Reporting Cycle: 2011 - 2012 Related Documents: SLO's spring 2012 FITN 112.docx | |
| | | | 02/13/2012 - FITN 112 Fall 2011 (Fitness Center): Logging CV Progression: 30 of 36 students (83%) correctly documented their fitness log. Result Type: Criterion met Reporting Cycle: 2011 - 2012 Related Documents: Fall 2011 FITN 112 CRN 92726.docx | 01/25/2012 - Continue same action plan. Action Plan Category: Other |
| | | | 05/24/2011 - 61 Total Students 4 excused from test due to health restrictions 7% 7 unable to complete test 11% 50 successfully completed test 82% Result Type: Criterion met Reporting Cycle: 2010 - 2011 | |

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| | | | <p>03/22/2011 - 64 Total Students-Spring 2010</p> <p>6 excused from test due to health restrictions 9%</p> <p>2 unable to complete test 3%</p> <p>56 successfully completed test 88%</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2009 - 2010</p> <hr/> <p>01/03/2011 - 58 Total Students in course for fall 2010</p> <p>3 excused from test due to health restrictions 5%</p> <p>3 unable to complete test 5 %</p> <p>52 students successfully completed test 90%</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2010 - 2011</p> <hr/> | |
| | <p>CAN Dept - Kinesiology, Athletics, and Dance - CAN FITN 117 - Fitn. Assessment/Conditioning</p> <p>- Goal - SLO 1) Students will identify a goal to improve fitness level. (Created By CAN Dept - Kinesiology, Athletics, and Dance)</p> | <p>Assessment Method: Teacher will give out an assignment to identify an appropriate fitness goal.</p> <p>Assessment Method Category: Capstone Assignment/Project</p> <p>Success Criterion: 80% of students will achieve their fitness goal</p> | | |
| | <p>CAN Dept - Kinesiology, Athletics, and Dance - CAN FITN 118 - Beginning Fitness Center</p> <p>- Body Composition - SLO 1) Students</p> | | | |

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| | will demonstrate ability to assess own body composition (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Teacher will observe the ability to assess own body composition by using a worksheet from fitness center web site. Assessment Method Category: Portfolio Success Criterion: 80% of students be able to assess their body composition | 09/11/2013 - FITN 118 Summer 2013: 20 of 24 (83%): successfully assessed their body composition. Result Type: Criterion met Reporting Cycle: 2013 - 2014 Related Documents: SLOs summer 2013 FITN 118 53566.docx | |
| | | | 06/27/2013 - FITN 118 Spring 2013: 67 of 86 (78%) of the students successfully assessed their body composition. Result Type: Criterion met Reporting Cycle: 2011 - 2012 Related Documents: SLOs SPRING 2013 FITN 118.docx | |
| | | | 02/13/2013 - FITN 118 Fall 2012: 45 of 57 (79%) of the students successfully assessed their body composition. Result Type: Criterion met Reporting Cycle: 2012 - 2013 Related Documents: SLOs fall 2012 FITN 118 CRN 90886.docx | |
| | | | 10/10/2012 - FITN 118 Summer 2012: 27 of 33 (82%) of students successfully assessed their body composition. Result Type: Criterion met Reporting Cycle: 2013 - 2014 Related Documents: SLOs summer 2012 FITN 118.docx | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
|-----|--|---|--|--------------------|
| | | | <p>06/26/2012 - FITN 118 Spring 2012: 53 of 66 (80%) of students successfully assessed their body composition.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2011 - 2012</p> <p>Related Documents: Spring 2012 SLO's FITN 118 CRN 40519 40520 40521 40522 40523 .docx </p> | |
| | | | <p>01/16/2012 - FITN 118 Fall 2011: 35 of 46 (76%) of students successfully assessed their body composition.</p> <p>Result Type: Inconclusive</p> <p>Reporting Cycle: 2011 - 2012</p> <p>Related Documents: Fall 2011 FITN 118 90886 .docx </p> | |
| | | | <p>09/20/2011 - FITN 118 Summer 2011: 71 of 91 (78%) of students successfully assessed their body composition.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2011 - 2012</p> <p>Related Documents: SLO summer 2011 FITN 118 #53566 53575 53581.docx </p> | |
| | <p>CAN Dept - Kinesiology, Athletics, and Dance - CAN FITN 119 - Intermediate Fitness Center</p> <p>- Strength Training Program - SLO 1)</p> <p>Design a strength training program that incorporates all major muscle groups.</p> <p>(Created By CAN Dept - Kinesiology,</p> | <p>Assessment Method: Teacher will examine the designed workout plan by students.</p> <p>Assessment Method Category: Other</p> <p>Success Criterion:</p> | <p>09/12/2013 - FITN 119 Summer 2013: 28 of 30 (93%) of students properly designed their workout plan.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle:</p> | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
|-----|-----------------------|---|---|--------------------|
| | Athletics, and Dance) | 80% of students will properly design their workout plan | <p>2013 - 2014</p> <p>Related Documents: SLOs summer 2013 FITN 118 53566.docx</p> <hr/> <p>06/27/2013 - FITN 119 Spring 2013: 38 of 46 (83%) of students properly designed their workout plan.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p> <p>Related Documents: SLOs spring 2013 FITN 119.docx</p> <hr/> <p>02/13/2013 - FITN 119 Fall 2012: 29 of 40 (73%) of students designed their workout plan properly.</p> <p>Result Type: Criterion not met</p> <p>Reporting Cycle: 2012 - 2013</p> <p>Related Documents: SLOs fall FITN 119 CRN 90895 90896 90897 90898 90900 90928 90902 90903 90904.docx</p> <hr/> <p>10/11/2012 - FITN 119 Summer 2012: 16 of 20 (80%) of students designed their workout plan properly.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p> <p>Related Documents: SLOs summer 2012 FITN 119 53587 .docx</p> <hr/> <p>06/26/2012 - FITN 119 Spring 2012: 30 of 38 (79%) of students successfully designed a workout plan.</p> <p>Result Type:</p> | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
|-----|--|--|--|---|
| | | | <p>Criterion met</p> <p>Reporting Cycle: 2011 - 2012</p> <p>Related Documents: SLO's spring 2012 FITN 119 40529.docx</p> | |
| | | | <p>01/11/2012 - FITN 119 Fall 2011: 32 of 41 (78%) of students designed thier workout plan properly.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2011 - 2012</p> <p>Related Documents: Fall 2011 FITN 119 CRN 90895.docx</p> | <p>01/24/2012 - Continue same action plan.</p> <p>Action Plan Category: Other</p> |
| | | | | |
| | <p>CAN Dept - Kinesiology, Athletics, and Dance - CAN FITN 123 - Cardio Pump Fitness</p> <p>- Fitness - SLO 1) Improve muscle strength (Created By CAN Dept - Kinesiology, Athletics, and Dance)</p> | <p>Assessment Method: will be assessed by ability of student to use heavier weights and increased repetitions during exercises.</p> <p>Assessment Method Category: Pre and post testing</p> <p>Success Criterion: 75% of the class will show improvement in strength by performing increased repetitions of push-ups and sit-ups during pre and post testing</p> <p>Related Documents: SLO 85934 FITN 123 FALL 11.docx SLO 42017 FITN 123 Sp 11.docx</p> | <p>09/10/2013 - FITN 123 Spring 13: Push-ups increase on average by 6.5 and sit-ups increased on average by 7.6.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p> <p>Related Documents: 42017 FITN 123 Cardio Pump SLO's SP '13.xlsx</p> <p>01/29/2013 - FITN 123 Fall 2012: Push-ups increased on average by 8.6 (40%). Sit-ups increased on average 6.2 (23%).</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p> <p>Related Documents: 85934 FITN 123 Cardio Pump SLO</p> | <p>09/10/2013 - This class has been banked due to course leveling and the initiation of course families.</p> <p>Action Plan Category: Other</p> <p>01/29/2013 - Same plan</p> <p>Action Plan Category: Conduct Further Assessment</p> |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
|-----|-----------------|--|--|---|
| | | | F '12.xlsx 09/20/2012 - FITN 123 Spring 2012: Push-ups increased on average by 5.3 (24%). Sit ups increase on average by 3 (5%). Result Type: Criterion met Reporting Cycle: 2011 - 2012 Related Documents: 42017 FITN 123 SP '12 SLO.xlsx | |
| | | | 01/26/2012 - See Documents Result Type: Criterion met Reporting Cycle: 2012 - 2013 Related Documents: SLO 42017 FITN 123 Sp 11.docx SLO 85934 FITN 123 FALL 11.docx 42017 FITN 123 Cardio Pump SLO's SP '13.xlsx 85934 FITN 123 Cardio Pump SLO F '12.xlsx | 03/31/2012 - Continue to do the same - no change, Action Plan Category: Conduct Further Assessment |
| | | | 01/23/2012 - FITN 123 Fall 2011: Push-ups increased on average by 7.2. Sit-ups increased on average by 9.5. Result Type: Criterion met Reporting Cycle: 2011 - 2012 Related Documents: SLO 85934 FITN 123 FALL 11.docx | |
| | | | 10/12/2011 - FITN 123 Spring 2011: Push-ups increased on average by 7 (24% increase) and sit-ups increased on average by 6.75 (24% increase). Result Type: Criterion met | 03/29/2012 - The action plan is to continue to do the same as it has showed positive results |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
|-----|--|--|---|---|
| | | | Reporting Cycle: 2010 - 2011 Related Documents: SLO 42017 FITN 123 Sp 11.docx | |
| | | | 03/11/2011 - 50% of student could lift more weight. Result Type: Criterion not met Reporting Cycle: 2009 - 2010 Related Documents: SLO 42017 FITN 123 Sp 11.docx | 03/11/2011 - lift more weights. more often. Action Plan Category: Plan purchase of new equipment or supplies |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN FITN 151 - Step Aerobics - aerobic - Student will be able to perform at least of 30 minute continuous activity on the step. (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: A stop watch will be used to record the time of the performance for 30 minutes without rest. Assessment Method Category: Presentation/Performance Success Criterion: 80% of the students should be able to perform the activity for more than 30 minutes. | | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN FITN 153 - Soccer Conditioning - Fitness - SLO 1) Students will improve cardiovascular endurance, muscle strength and agility. (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Students will be assessed by using the Cooper Test. The Cooper Test is measured by running 2 miles under 12 minutes. Assessment Method Category: Pre and post testing Success Criterion: 90% of the student-athletes will show an improvement in their two mile run. Related Documents: | | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
|-----|---|--|---|--|
| | | SLO 51129 FITN 153 AC Summer 2011.xlsx | | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN FITN 210 - Individual Weight Conditioning - Fitness - SLO 1) Identify current fitness level and target various areas for improvement. (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Pre-test and post-test (beginning, middle and end of semester) Assessment Method Category: Pre and post testing Success Criterion: 75 % of students will show improvement in strenght and cardio capacity. | 03/31/2012 - criterion met for most athletes - all athletes are at different stages of the season. Some are in season and the lifting is lighter while other athletes are lifting with more intensity. Result Type: Criterion met Reporting Cycle: 2011 - 2012 Related Documents: SLO 90730 FITN 210 AC Fall 2011.docx SLO 40782 FITN 210 Spring 2011.docx Garcia 33494 FITN 210-LA Spring 2011.xlsx Garcia 84082 FITN 210 AG Fall 2011.xlsx Garcia 84083 FITN 210 AA Fall 2011.xlsx | 03/31/2012 - Continue to do the same. Coaches will give athletes individual training programs. Action Plan Category: Conduct Further Assessment |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN FITN 332 - Stretching and Flexibility - Flexibility - SLO:1 Improve flexibility. (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: will be assessed by pre and post flexibility testing using the figure finder stretch tester. Assessment Method Category: Pre and post testing Success Criterion: the student will show a numerical improvement at the end of the semester as shown by the figure finder stretch tester Related Documents: | 09/10/2013 - FITN 332 LA Spring 2013 (Devlin): Class avarage of improvement in flexibility was just over 4 centimeters. Result Type: Criterion met Reporting Cycle: 2012 - 2013 Related Documents: 41340 Stretch & Flex SLO's SP '13.xlsx 12/19/2012 - FITN 332 AA Stretching and Flexibility | 05/29/2013 - Keep the same action plan Action Plan Category: Other |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
|-----|-----------------|---|--|--------------------|
| | | SLO 41340 FITN 332 Spring 2011 (3).docx | <p>SLO: 1 Fall 2012 OUTCOME DATA: 40 students (80%) showed improvement in flexibility 10 students (19%) stayed the same 8 students measured decreased flexibility Result Type: Criterion met Reporting Cycle: 2012 - 2013 Related Documents: SLO report FITN 332 F12.doc</p> <hr/> <p>09/19/2012 - FITN 332 LA Spring 2012 (Devlin): The class flexibility improvement, on average, was 2 centimeters. Result Type: Criterion met Reporting Cycle: 2011 - 2012 Related Documents: 41340 FITN 332 SP '12 SLO.xlsx</p> <hr/> <p>06/05/2012 - McGill Spring 2012: OUTCOME DATA: 55 students completed course 67% (37 students) showed improvement 15% (8 students) remained the same 18% (10 students) decreased ? This decrease was due to injuries and one pregnancy. Criterion successfully met Result Type: Criterion met Reporting Cycle: 2012 - 2013 Related Documents: FITN 332 SLO Report McGill SP 2012.doc intercession exercises-McGill.docx</p> | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
|-----|-----------------|---|--|--------------------|
| | | | <p>03/20/2012 - Almost all studnets showed an improvement in flexibility.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2011 - 2012</p> <p>Related Documents: SLO 41340 FITN 332 Spring 2011 (3).docx </p> | |
| | | | <p>12/17/2011 - 56 students (80%) showed improvement in flexibility 13 students (19%) stayed the same 1 excused ? back injury</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2011 - 2012</p> | |
| | | | <p>09/06/2011 - FITN 332 Spring 2011 (Devlin): Flexibility improved on average by 3.4 (12%) centimeters.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2010 - 2011</p> <p>Related Documents: SLO 41340 FITN 332 Spring 2011 (3).docx </p> | |
| | | | <p>06/18/2010 - There was an overall low level of fitness at the beginning of the semester and that the students had little knowledge of exercise techniques. Students noticed gains in flexibility throughout day to day activities by the end of the semester.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2009 - 2010</p> | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
|-----|--|---|---|---|
| | | | Garcia 38925 Team 111-AX Spring 2011.xlsx | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN TEAM 115 - Advanced Basketball - Stance - SLO 1: Students will demonstrate an athletic stance with perfect balance. (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: SLO 1: Teacher will observe and assess key characteristics of the perfect stance by using a grading scale of 1 to 4. Assessment Method Category: Presentation/Performance Related Documents: Garcia 38317 Team 115-AX Spring 2011.xlsx | 09/12/2012 - TEAM 115 AX Spring 2012: The average student rating on stance/balance was 3.1 on a scale of 1-5. Result Type: Criterion met Reporting Cycle: 2011 - 2012 Related Documents: 38317 TEAM 115 AX Spring 2012 Garcia.xlsx 03/29/2012 - This outcome was met. Result Type: Criterion met Reporting Cycle: 2011 - 2012 Related Documents: Garcia 38317 Team 115-AX Spring 2011.xlsx 09/12/2011 - TEAM 115 AX Spring 2011: Average student rating was 3.5 on a scale of 1-5. Result Type: Criterion met Reporting Cycle: 2010 - 2011 Related Documents: Garcia 38317 Team 115-AX Spring 2011.xlsx 09/06/2013 - TEAM 115 AX Spring 2013: The student average rating for stance/balance was 3.5 | 03/29/2012 - To continue the same Action Plan Category: Conduct Further Assessment |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
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| | | | <p>on a scale of 1-5.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p> <p>Related Documents: 38317 TEAM 115 AX Spring 2013 Garcia.xlsx </p> | |
| | <p>CAN Dept - Kinesiology, Athletics, and Dance - CAN TEAM 141 - Beginning Soccer</p> <p>- Basic skills of Soccer - SLO 1)</p> <p>Students will be able to demonstrate a proficiency of all the basic skills of soccer. (Created By CAN Dept - Kinesiology, Athletics, and Dance)</p> | <p>Assessment Method: Will be assessed by demonstrated ability of the student in a repetitive exercise. Example: Passing - ankle locked, toe pointed up, ball struck with the instep, proper follow through, toe of planting foot and hips facing target, ball has top-spin.</p> <p>Assessment Method Category: Pre and post testing</p> | <p>05/13/2014 - Team 141.1.2.3.4BX 35/40 students demonstrate basic skills of soccer</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2013 - 2014</p> <hr/> <p>09/10/2013 - TEAM 141 SXH (Sat) Spring 2013: Class average rating for skill/technical ability was 2.8.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p> <p>Related Documents: 31543 TEAM 141 SXH SP '13 SLO Results.xlsx </p> <hr/> <p>01/29/2013 - TEAM 141 SXH (Sat) Fall 2012: The class average rating on skill/technical ability was 2.4 on a scale of 1-5.</p> <p>Result Type: Inconclusive</p> <p>Reporting Cycle: 2012 - 2013</p> <p>Related Documents: 81568 TEAM 141 SHX Beginning Soccer SLO F '12.xlsx </p> | <p>01/29/2013 - Continue same action plan next semester.</p> <p>Action Plan Category: Conduct Further Assessment</p> <hr/> <p>03/29/2012 - None at this time.</p> <p>Action Plan Category: Conduct Further Assessment</p> |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
|-----|-----------------|---|--|--------------------|
| | | | <p>09/20/2012 - TEAM 141 SXH (Sat) Spring 2102: The class aveage on skill/technical ability was 3 on a scale of 1-5.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2011 - 2012</p> <p>Related Documents: 31543 TEAM 141 SXH SP '12 SLO.xlsx </p> | |
| | | | <p>09/20/2012 - TEAM 141 CX Spring 2012: Class average rating on skill/technical ability was 2.4.</p> <p>Result Type: Inconclusive</p> <p>Reporting Cycle: 2011 - 2012</p> <p>Related Documents: 41379 TEAM 141 CX SP '12.xlsx </p> | |
| | | | <p>01/25/2012 - TEAM 141 SXH (Sat) Fall 2011: The average skill level was rated at 3.2 on a sliding scale of 1-5.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2011 - 2012</p> <p>Related Documents: SLO 81568 Team 141 SXH Fall 2011.docx </p> | |
| | | | <p>09/08/2011 - TEAM 141 CX Spring 2011: The average skill level/technical ability for this class was 3.8.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2010 - 2011</p> <p>Related Documents: SLO 41379 Team 141 CX Spring </p> | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
|-----|---|--|--|--------------------|
| | | | 2011.docx 09/07/2011 - TEAM 141 SXH (Sat) Spring 2011: The average skill level/technical ability for this class was 3.07. Result Type: Criterion met Reporting Cycle: 2010 - 2011 Related Documents: SLO 31543 Team 141 SXH Spring 2011.xlsx | |
| | | | 05/28/2010 - The majority of the students in the class were able to perform this skill at a high level during repetitive exercises. Some students struggled with accuracy when pressure was added and also struggled when under pressure in small sided games. Result Type: Criterion met Reporting Cycle: 2009 - 2010 | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN VARS 154 - Varsity Soccer - advanced defensive tactics - students will be able to demonstrate advanced defending tactics and skills (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Students will be assessed pre and post on a scale of 1-5. Competitive games will also be a form of assessment during the season. Assessment Method Category: Presentation/Performance Success Criterion: 80% of students will show improvement in individual, group and team defending skills and techniques throughout the season. | 02/05/2013 - 30/31 96% of students showed improvement in post test Result Type: Criterion met Reporting Cycle: 2012 - 2013 01/29/2013 - VARS 154 AB Fall 2012 (Devlin): The skill/technical ability average rating was 2.3. Result Type: Inconclusive | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
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| | | Related Documents: SLO 84192 VARS 154 AB Fall 2011.docx | Reporting Cycle: 2012 - 2013 Related Documents: 84192 VARS 154 AB Varsity Soccer SLO F '12.xlsx 03/29/2012 - The varsity level was low this year so the students were able to show improvement by the end of the season. Result Type: Criterion met Reporting Cycle: 2011 - 2012 Related Documents: SLO 84192 VARS 154 AB Fall 2011.docx | 03/29/2012 - The action plan is to recruit better athletes. Action Plan Category: Make staffing changes |
| | | | 01/23/2012 - VARS 154 AB Fall 2011 (Devlin): The average rating for defending skills was 2.6 on a scale of 1-5. Result Type: Inconclusive Reporting Cycle: 2011 - 2012 Related Documents: SLO 84192 VARS 154 AB Fall 2011.docx | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
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| Analyze and understand the discipline of kinesiology to apply appropriate scientific and quantitative conclusions to physical activity. | CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 140 - Beginning Ballet - Alignment - Students will demonstrate a ballet step with proper alignment. (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Teacher will observe and assess key points of body position, alignment and movement by using a check list Assessment Method Category: Presentation/Performance | 06/03/2010 - Two students received 4 points, two students received 3 points, two students received 2 points and one student received one point. Result Type: Criterion met | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
|-----|-----------------|--|---|--------------------|
| | | <p>Success Criterion: Scale 1-4 will be used 1 - Poor body alignment while demonstrating the step 2 - Adequate body alignment while demonstrating the step - Students have major mistakes while demonstrating the step - needs improvement 3 - Effective - Students have minor mistakes while demonstrating the step 4 - Excellent body position - Students masters the position without any mistakes.</p> | <p>Reporting Cycle: 2009 - 2010</p> | |
| | | <p>Assessment Method: Teacher will observe and assess key points of body position, alignment and movement by using a check list Students were graded on a 1-5 scale when demonstrating a ballet step. I observed their body's alignment in the ballet step. 1 - Poor alignment - Student requires less more than four corrections in the ballet step 2- Bellow average - Student requires less than four corrections in the ballet step 3- Student has an average alignment. Student requires less than three corrections in the ballet step 4- Very good Alignment. Student requires less than two corrections in the ballet step 5 - Excellent alignment. Students has perfected the ballet step</p> | <p>12/25/2013 - 79% of the students received 3 or more points. For detailed results refer to the attached SLO document (result SLO 1). I am reporting this for DANC 140.1</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2013 - 2014</p> <p>Related Documents: SLO fall 2013</p> | |
| | | <p>Assessment Method Category: Presentation/Performance</p> <p>Success Criterion: At least 60% of the students need to</p> | <p>07/05/2013 - 100 % of the students received 3 or more points which means they had a very good and excellent alignment. For details, see the spreadsheet (result SLO1).</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p> <p>Related Documents: SLO_140SPRING2013</p> <p>12/18/2012 - Only 2 out of 8 students received less than 3 points. So 75% of</p> | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
|-----|-----------------|--|--|--------------------|
| | | reach at least 3 points on a scale 1-5 | <p>the students met the criterion.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p> <p>Related Documents: SLO_Ballet_Fall12.xlsx</p> <hr/> <p>05/23/2012 - 7% received 1 points,14% received 3 points, 65% of the students received 4 points, 14% received 5 points. 93 % of the students received 3 or more points</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2011 - 2012</p> <p>Related Documents: SLOs_DANC.xlsx</p> <hr/> <p>12/15/2011 - 83% of the students achieved more than 3 points on the alignment. Some students need to still work on flexibility of legs to improve alignment.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2011 - 2012</p> <hr/> <p>06/30/2011 - 72% of students received 3 or more points</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2010 - 2011</p> <hr/> <p>01/11/2011 - 8% of the students received 2 points, 23% of the students received 3 points, 46% of the students received 4 points, 23% of the students received 5 points. Total of 92% of the students received 3</p> | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
|-----|---|--|--|--------------------|
| | | | <p>or more points.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2010 - 2011</p> <hr/> <p>06/03/2010 - 86% of the students recieved more than 3 points.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2009 - 2010</p> <p>Related Documents: SLO_DATA_DANC_140.doc</p> <hr/> | |
| | <p>CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 143 - Intermediate Ballet</p> <p>- Ballet Step - Students will demonstrate an intermediate ballet step with proper alignment (Created By CAN Dept - Kinesiology, Athletics, and Dance)</p> | <p>Assessment Method: Students were graded on a 1-5 scale when demonstrating an intermediate ballet step. I observed their body?s alignment in the ballet step.</p> <p>1 - Poor alignment - Student requires less more than four corrections in the ballet step</p> <p>2- Bellow average - Student requires less than four corrections in the ballet step</p> <p>3- Student has an average alignment. Student requires less than three corrections in the ballet step</p> <p>4- Very good Alignment. Student requires less than two corrections in the ballet step</p> <p>5 ? Excellent alignment. Students has perfected the ballet step</p> <p>Assessment Method Category: Presentation/Performance</p> <p>Success Criterion: At least 60% of the students need to reach at least 3 points on a scale 1-5</p> | <p>02/08/2014 - All of the three students out of four completed the assignment and received 3 or more points. The fours student did not participate in the assessment. Report for DANC 140.2 and DANC 140.3</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2013 - 2014</p> <hr/> <p>07/05/2013 - Four out of five student presented the ballet steps with four or more points. For details see spreadsheet (result name SLO 2 - intermediate)</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p> <p>Related Documents: SLO_140SPRING2013</p> <hr/> <p>12/18/2012 - All of the five students received four and five points.</p> <p>Result Type:</p> | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
|-----|-----------------|---|---|--------------------|
| | | | <p>Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p> <p>Related Documents: SLO_Ballet_Fall12.xlsx</p> <hr/> <p>05/23/2012 - 86% of students received 3 or more points.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2011 - 2012</p> <p>Related Documents: SLOs_DANC1.xlsx</p> <hr/> <p>12/15/2011 - 75% of the students received at least 3 points. Students need to work on precision of arm placement and core strength to improve alignment.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2011 - 2012</p> <hr/> <p>06/30/2011 - 76% of students received 3 or more points.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2010 - 2011</p> <hr/> <p>01/11/2011 - 10% - 1 point 10% - 2 points 20% - 3 points 20% - 4 points 40% - 5 points.</p> <p>Total of 80% of the students received 3 points or more</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2010 - 2011</p> | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
|-----|--|--|---|--------------------|
| | | | <p>06/17/2010 - 75% of the students achieved more then 3 points on the grading</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2009 - 2010</p> <p>Related Documents: SLO_DATA_DANC_143.doc</p> | |
| | | <p>Assessment Method: Scale 1-4 will be used 1 - Poor body alignment while demonstrating the step 2 - Adequate body alignment while demonstrating the step - Students have major mistakes while demonstrating the step - needs improvement 3 - Effective - Students have minor mistakes while demonstrating the step 4 - Excellent body position - Students masters the position without any mistakes.</p> <p>Assessment Method Category: Presentation/Performance</p> <p>Success Criterion: More than 60% of the students will be able to receive 3 points and above</p> | | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 143 - Intermediate Ballet - pirouette - Perform a pirouette with correct foot technique, spotting and balance (Created By CAN Dept - Kinesiology, Athletics, and Dance) | <p>Assessment Method: Use of checklist. Total 4 points 1 point - correct foot placement 1 point - correct spotting 1 point - correct arm movement 1 point correct balance/stablility</p> <p>Assessment Method Category: Presentation/Performance</p> <p>Success Criterion: 70% of the students will receive 3 or</p> | <p>02/08/2014 - All of the three students out of four completed the assignment and received 3 or more points. The fours student did not participate in the assessment. Report for DANC 140.2 and DANC 140.3</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2013 - 2014</p> | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
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| | | more points | <p>07/05/2013 - Four out of five students presented a correct pirouette and received four or more points. For details see spreadsheet (result name SLO 1 - intermediate)</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p> <p>Related Documents: SLO_140SPRING2013</p> <p>05/23/2012 - 86% of students received 3 or more points.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2011 - 2012</p> <p>Related Documents: SLOs_DANC1.xlsx</p> <p>06/30/2011 - 76 % of the students received 3 or more points.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2010 - 2011</p> | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 143 - Intermediate Ballet - jumps - student will be able to perform pa de bourre and jete jumps linking together with correct technique (Created By CAN Dept - Kinesiology, Athletics, and Dance) | <p>Assessment Method: use of checklist. Total 4 points 1 point - correct footwork 1 point - correct arm work 1 point - correct/rhythmic push-off phase 1 point - correct landing</p> <p>Assessment Method Category: Presentation/Performance</p> <p>Success Criterion: 70% of the students will receive 3 or more points</p> | <p>02/08/2014 - All of the three students out of four completed the assignment and received 3 or more points. The fourth student did not participate in the assessment. Report for DANC 140.2 and DANC 140.3</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2013 - 2014</p> | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
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| | | | <p>07/05/2013 - 90% of the students performed the jumps correctly. For details see spreadsheet (result name SLO 3 - intermediate)</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p> <p>Related Documents: SLO_140SPRING2013</p> <hr/> <p>05/23/2012 - all students correctly performed the jumps with full four points</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2011 - 2012</p> <p>Related Documents: SLOs_DANC1.xlsx</p> <hr/> <p>06/30/2011 - 76 % of the students received 3 or more points.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2010 - 2011</p> <hr/> | |
| | <p>CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 220 - Conditioning for Dance Techniq</p> <p>- Flexibility - Students will increase flexibility as required for dance. (Created By CAN Dept - Kinesiology, Athletics, and Dance)</p> | <p>Assessment Method: Use of sit and reach box</p> <p>Assessment Method Category: Pre and post testing</p> <p>Success Criterion: Students will improve flexibility in hamstrings by at least 1 centimeter.</p> <p>Related Documents: SLODANC 220 Data_SPRING 2010.doc</p> | <p>06/17/2010 - Students in average improved flexibility by 4 centimeters</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2009 - 2010</p> <p>Related Documents: SLODANC 220 Data_SPRING 2010.doc</p> <hr/> | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
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| | CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 220 - Conditioning for Dance Techniq - aerobic test - Students will be able to perform three blocks of choreography without rest for 20 minutes (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: a stopwatch will be used to record whether the student performed the full choreography without rest Assessment Method Category: Presentation/Performance Success Criterion: 80% of the students should be able to perform the choreography | | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 220 - Conditioning for Dance Techniq - balance - Students will develop balance by standing on the ball of the foot on one leg for more than 1 minute (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Test- standing on one leg on the ball of the foot for one minute. Use of stopwatch to record the time. Assessment Method Category: Presentation/Performance Success Criterion: 80% of the students will be able to stand on one leg for more than 1 minutes | | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 400 - Dance Production - Analyze a Dance - Analyze specific choreography of a specific dance. (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Students will watch an assigned dance and be able to analyze the choreography and comment for further improvement Assessment Method Category: Capstone Assignment/Project Success Criterion: 75 of students will complete successfully the report/project | | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
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| | CAN Dept - Kinesiology, Athletics, and Dance - CAN FITN 151 - Step Aerobics - CV system - Students will improve in the cardiovascular system. (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Teacher will assess cardiovascular endurance using measurements of post exercise heart rate at the beginning and end of semester.Students have to do the same test at the beginning and at the end of the semester. The step test consisted of a 3 minute stepping on a bench at a 12inch height in a 98 bpm rhythm. The students warmed up first and the test was explained. They measured their Heart Rate immediately after the test. If their Heart Rate dropped at the end of the semester means that they improved their cardiovascular system. Assessment Method Category: Pre and post testing Success Criterion: Students will lower their HR by at least 5 bpm | 01/11/2011 - 4 out of 10 students improved their HR. However 6 out of 10 students did not improve their HR. All of the students worked hard during the semester and experienced changes in various ways (body weight reduction, doing well on the tests, had better concentration etc). I would say the results were hard to measure since students used locating the carotid artery and for some students it was hard to find and measure HR. So I would say the test was unreliable since we didn't use any objective equipment to measure HR. Result Type: Inconclusive Reporting Cycle: 2010 - 2011 <hr/> 06/18/2010 - 12 out of 15 student lowered their HR, which means 80% of the class improved. As far as the other three students, they had noticed other improvement such as loss of body weight. One of them was not coming regularly to the class and it was clear that would not get any results. Another important note to take into consideration is that the students in this test were learning how to take their Heart Rate for the first time so that might give us some errors too. Result Type: Criterion met Reporting Cycle: 2009 - 2010 | 01/11/2011 - Use HR monitors for more objective measurement! <hr/> |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN FITN 151 - Step Aerobics - aerobic - Student will be able to | | | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
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| | perform at least of 30 minute continuous activity on the step. (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: A stop watch will be used to record the time of the performance for 30 minutes without rest. Assessment Method Category: Presentation/Performance Success Criterion: 80% of the students should be able to perform the activity for more than 30 minutes. | | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN KINE 101 - Introduction to Kinesiology - Survey of Subfields - Examine the various subfields or foundations in kinesiology, such as exercise science, biomechanics, sport psychology, sociology, sports medicine, and exercise physiology. (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: 9 five point quizzes will be administered to show demonstrated understanding of subfields. Assessment Method Category: Other Success Criterion: Success is met if 80% of students receive 36 points in all quizzes throughout the semester. | 02/05/2013 - 20/41 48% of students recieved 36 points in all quizzes Result Type: Criterion not met Reporting Cycle: 2012 - 2013 | |
| | | | 08/17/2012 - 10/27 students recieved 36 points or better out of 45 total quize points 37% success rate Result Type: Criterion not met Reporting Cycle: 2011 - 2012 | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN KINE 101 - Introduction to Kinesiology - Sociocultural Factors - Analyze sociocultural factors, such as gender, race, age, and socioeconomic status, that influence participation in physical activity and exercise. (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Written articulation during the final exam essay; the student will demonstrate understanding of the complex dynamics of ethnic and cultural factors in American sport. Furthermore, be able to critically analyze the current trends in the sport and the dominant national conversation about sport and gender, | 05/13/2014 - 33/40 83% of Students scored a C or better on the mid term essay Result Type: Criterion met Reporting Cycle: 2013 - 2014 | 02/01/2014 - 29/33 87% of Students |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
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| | | <p>race, age, and socioeconomic status.</p> <p>Assessment Method Category: Essay</p> <p>Success Criterion: Success is met if 80% of students receive a passing grade of C or better.</p> | <p>scored a C or better on th essay</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2013 - 2014</p> <hr/> <p>06/01/2013 - 32/38 84% of Students Scored a C or better on the essay assignment</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p> <hr/> <p>02/05/2013 - 36/41 87% of students recieved a C or better</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p> <hr/> <p>08/17/2012 - 23/27 students recieved a C or Better</p> <p>85% Success rate</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2011 - 2012</p> <hr/> | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN KINE 101 - Introduction to Kinesiology - Career Preparation - Identify and further prepare for career options available within the field of kinesiology. (Created By CAN Dept - Kinesiology, Athletics, and Dance) | <p>Assessment Method: Develop professional portfolio, including a cover Letter, resume, certifications, and work of note.</p> <p>Assessment Method Category: Portfolio</p> <p>Success Criterion: Success is met if 80% of students receive 80 points or more in portfolio assignment.</p> | <p>02/05/2013 - 31/41 76 % of the students recieved 80 points or better on thier portfolios</p> <p>Result Type: Criterion not met</p> <p>Reporting Cycle: 2012 - 2013</p> <hr/> <p>08/17/2012 - 23/27 students recieved 80 points or more</p> | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
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| | | | 85% success rate Result Type: Criterion met Reporting Cycle: 2011 - 2012 | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN KINE 250 - Personal Trainer Prep:Anatomy & Physiology - Energy system - Students will describe the three main energy systems as they relate to exercise training. (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Teacher will use an essay question asking students to define the role of each of the three main energy systems and how would they apply it to a certain exercise program. 2 points will be given for correct written answer of each energy system and its application. Total of 6 points will be awarded. Assessment Method Category: Essay Success Criterion: 80% of the students need to achieve 4 points out of 6 total points | 01/10/2013 - 8 out of 11 students received 6 full points. Only one student received less than 4 points. Result Type: Criterion met Reporting Cycle: 2012 - 2013 Related Documents: KINEFall12.xlsx | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN KINE 251 - Personal Trainer: Health Appraisal and Exercise Prescription - Aerobic Capacity - Students will know the exercise program recommendations to improve aerobic capacity for a healthy adult. (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Students will be given an exam on exercise programming to answer the recommendation for exercise program design: Frequency, Intensity, Time and Type. Total of 4 points will be given (1 point for each correct answer). Assessment Method Category: Exam Success Criterion: More 80% of the students need to answer correctly the 4 required fields: Frequency, Intensity, Time and Type. | 02/29/2012 - 92 % of the students answered all the correct fields (11 out of 12). Only one student couldn't recall the exercise prescription. Result Type: Criterion met Reporting Cycle: 2010 - 2011 Related Documents: SLO_Data_KINE_251_SPRINg11.doc | 06/18/2010 - These are the following findings: 86 % of the students answered the Frequency correctly 80 % of the students answered the |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
|-----|---|--|---|--------------------|
| | | | <p>intensity correctly 100 % of the students knew the recommended time for exercise program design and 80% of the students named the types of aerobic workout to improve CV fitness</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2009 - 2010</p> <p>Related Documents: FITN 251 SLO SPRIN10.doc</p> | |
| | <p>CAN Dept - Kinesiology, Athletics, and Dance - CAN KINE 251 - Personal Trainer: Health Appraisal and Exercise Prescription - Flexibility - Students will design exercise program to improve flexibility for a healthy adult, (Created By CAN Dept - Kinesiology, Athletics, and Dance)</p> | <p>Assessment Method: Students will be given an exam on exercise programming to answer the recommendation for exercise program design: Frequency, Intensity, Time and Type. Total of 4 points will be given (1 point for each correct answer).</p> <p>Assessment Method Category: Exam</p> <p>Success Criterion: 80% of the students need to score 3 points or higher.</p> | <p>08/18/2013 - 81 % of the students received 3 points or higher. If we break it down to the question asked "What are the ACSM recommendations for improving flexibility in a healthy adult?"</p> <p>Frequency: Intensity: Duration: Type:</p> <p>72 % of the students received 1 point under the design - frequency and intensity of flexibility. As an action, I would spend more time teaching the frequency and intensity topic in flexibility training.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p> <p>Related Documents: KINE 251 Spring 2013</p> | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
|-----|--|--|---|--------------------|
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN KINE 251 - Personal Trainer: Health Appraisal and Exercise Prescription - Muscular Hypertrophy - Students will design exercise program to improve muscular hypertrophy. (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Students will be given an exam on exercise programming to answer the recommendation for exercise program design: Frequency, Sets, and Repetitions. Total of 3 points will be given (1 point for each correct answer). Assessment Method Category: Exam Success Criterion: 80% of the students need to score 2 points or higher | 08/18/2013 - Only 63% of the students knew the correct recommendations for hypertrophy program design. More time will be spent on getting students familiar with the resistance training program design (especially on the topic hypertrophy). Result Type: Criterion not met Reporting Cycle: 2012 - 2013 Related Documents: KINE251_SLO2_Spring2013 | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN KINE 308 - Introduction to Fitness-Related Injuries - program design - Develop prudent athletic injury management and rehabilitation programs for the extremities. (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Student will be assessed using a 100-point checklist, broken down by critical components that will be necessary in a comprehensive program design. Points will be assigned to each section based on importance to the design as a whole. Assessment Method Category: Presentation/Performance Success Criterion: Success is met if 80% of the students achieve a score of 80 points or more Related Documents: KINE308_1AssessmentRubric | | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN KINE 308 - Introduction to Fitness-Related Injuries - postural assessment - Assess proper standing posture and be able to recognize abnormalities from a lateral view using a plumb line. (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Student will be assessed using a 5-item checklist of each plumbline point. Each item will be valued at 2 points, for a total value of 10 points. Assessment Method Category: Presentation/Performance Success Criterion: | | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
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| | | <p>Success is met if 80% of the students achieve a score of 8 points or more</p> <p>Related Documents: KINE 308 Postural assessment checklist</p> | | |
| | <p>CAN Dept - Kinesiology, Athletics, and Dance - CAN KINE 308 - Introduction to Fitness-Related Injuries - Range of Motion Assessment - Perform three selected range of motion assessments. (Created By CAN Dept - Kinesiology, Athletics, and Dance)</p> | <p>Assessment Method: Student will be assessed using a 5-item checklist for each selected range of motion. Each item will be valued at 2 points, for a total value of 10 points.</p> <p>Assessment Method Category: Presentation/Performance</p> <p>Success Criterion: Success is met if 80% of the students achieve a score of 8 points or more</p> <p>Related Documents: KINE 308 range of motion checklist</p> | | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
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| Demonstrate and improve fitness components along with alignment, body positioning, special awareness, or rhythm while performing exercise movements. | <p>CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 125 - Beginning Salsa</p> <p>- partner position - Demonstrate and maintain proper partner closed position, body placement, lead and follow (Created By CAN Dept - Kinesiology, Athletics, and Dance)</p> | <p>Assessment Method: Checklist of specific patterns including basic step, cross body lead, hook turn, etc.</p> <p>Example: cross body lead: a. 1 point, proper number of steps b. 1 point, proper direction c. 1 point, proper lead/follow technique d. 1 point, proper timing</p> <p>Assessment Method Category: Presentation/Performance</p> <p>Success Criterion:</p> | <p>12/19/2013 - 94% completed successfully</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p> <hr/> <p>05/24/2013 - 92% students completed successfully via demonstration checklist</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p> | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
|-----|--|--|---|--------------------|
| | | 70% of the students will receive 3 or more points | <p>01/22/2013 - 84% of the students received 3 or more points, practical exam partner position via cross body lead</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p> <hr/> <p>08/20/2012 - 92% of the students met success criterion</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2011 - 2012</p> <hr/> <p>12/17/2011 - 78.2% students received 3 or more points</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2011 - 2012</p> <hr/> | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 125 - Beginning Salsa - shine steps - Demonstrate beginning shine steps (also known as freestyle steps, no partner) (Created By CAN Dept - Kinesiology, Athletics, and Dance) | <p>Assessment Method: Checklist of specific patterns including stylized basic, right and left turns, arm styling</p> <p>Example: stylized basic:</p> <ul style="list-style-type: none"> a. 1 point, proper number of steps b. 1 point, proper direction c. 1 point, proper technique d. 1 point, proper timing <p>Assessment Method Category: Presentation/Performance</p> <p>Success Criterion: 70 % of the students will receive 3 or more points</p> | <p>05/24/2013 - 85% students completed successfully via demonstration checklist</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p> <hr/> <p>08/20/2012 - 92% of the students met success criterion</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2011 - 2012</p> <hr/> <p>12/17/2011 - 78.2% students received 3 or more points</p> <p>Result Type: Criterion met</p> | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
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| | | | Reporting Cycle: 2011 - 2012 <hr/> 06/06/2011 - 100% of students demonstrated 3 or more points required to meet the "beginning shine steps" criterion Result Type: Criterion met Reporting Cycle: 2010 - 2011 <hr/> | |
| | | | <hr/> 12/19/2013 - 79% completed successfully Result Type: Criterion met Reporting Cycle: 2012 - 2013 <hr/> 05/24/2013 - 89% of the students successfully completed via demonstration checklist Result Type: Criterion met Reporting Cycle: 2012 - 2013 <hr/> 01/22/2013 - 79% of the students received 3 or more points for demonstrating 125 final pattern Result Type: Criterion met Reporting Cycle: 2012 - 2013 <hr/> 08/20/2012 - 92% of the students met this success criterion Result Type: Criterion met Reporting Cycle: | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 126 - Intermediate Salsa - final pattern - Demonstrate and maintain proper body placement, proper direction, and proper transitions of Final Pattern (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Checklist of particular aspects of Dance 125 final pattern: a. 1 point, proper number of steps b. 1 point, proper direction c. 1 point, proper lead/follow technique d. 1 point, proper timing Assessment Method Category: Presentation/Performance Success Criterion: 70% of the students will receive 3 or more points | | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
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| | | | 2011 - 2012 | |
| | | | 12/17/2011 - 80.0% students received 3 or more points Result Type: Criterion met Reporting Cycle: 2011 - 2012 | |
| | | | | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 126 - Intermediate Salsa - intermediate shine steps - Demonstrate intermediate shine steps (also known as freestyle steps, no partner) (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Checklist of specific freestyle patterns: a. 1 point, proper number of steps b. 1 point, proper direction c. 1 point, proper technique d. 1 point, proper timing Assessment Method Category: Presentation/Performance Success Criterion: 70 % of the students will receive 3 or more points | 12/19/2013 - 87% successfully met this criterion Result Type: Criterion met Reporting Cycle: 2013 - 2014 | |
| | | | 05/24/2013 - 83% students successfully completed via demonstration checklist Result Type: Criterion met Reporting Cycle: 2012 - 2013 | |
| | | | 08/20/2012 - 79% of the students met this criterion Result Type: Criterion met Reporting Cycle: 2011 - 2012 | |
| | | | 12/17/2011 - 80.0% students received 3 or more points Result Type: Criterion met Reporting Cycle: 2011 - 2012 | |
| | | | | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 126 - | | | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
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| | Intermediate Salsa - dance style - Demonstrate own salsa dancing style by choreographing and presenting intermediate dance pattern. (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Checklist of qualitative and quantitative observation: a. 1 point, pattern quality (original, unique, creative, etc) b. 1 point, correct timing c. 1 point, correct number of steps d. 1 point, ability to effectively convey to the class Assessment Method Category: Presentation/Performance Success Criterion: 70% of the students will receive 3 or more points | 12/19/2013 - 80% of the students successfully completed this SLO Result Type: Criterion met Reporting Cycle: 2013 - 2014 <hr/> 05/24/2013 - 81% students completed successfully via demonstration checklist Result Type: Criterion met Reporting Cycle: 2012 - 2013 <hr/> 08/20/2012 - 79% of the students met this criterion Result Type: Criterion met Reporting Cycle: 2011 - 2012 <hr/> 12/17/2011 - 80.0% students received 3 or more points Result Type: Criterion met Reporting Cycle: 2011 - 2012 <hr/> | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 140 - Beginning Ballet - Alignment - Students will demonstrate a ballet step with proper alignment. (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Teacher will observe and assess key points of body position, alignment and movement by using a check list Assessment Method Category: Presentation/Performance Success Criterion: Scale 1-4 will be used 1 - Poor body alignment while demonstrating the step 2 - Adequate body alignment while demonstrating the step - Students have | 06/03/2010 - Two students received 4 points, two students received 3 points, two students received 2 points and one student received one point. Result Type: Criterion met Reporting Cycle: 2009 - 2010 <hr/> | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
|-----|-----------------|---|--|--------------------|
| | | <p>major mistakes while demonstrating the step - needs improvement</p> <p>3 - Effective - Students have minor mistakes while demonstrating the step</p> <p>4 - Excellent body position - Students masters the position without any mistakes.</p> | | |
| | | <p>Assessment Method: Teacher will observe and assess key points of body position, alignment and movement by using a check list Students were graded on a 1-5 scale when demonstrating a ballet step. I observed their body's alignment in the ballet step. 1 - Poor alignment - Student requires less more than four corrections in the ballet step 2- Bellow average - Student requires less than four corrections in the ballet step 3- Student has an average alignment. Student requires less than three corrections in the ballet step 4- Very good Alignment. Student requires less than two corrections in the ballet step 5 - Excellent alignment. Students has perfected the ballet step</p> <p>Assessment Method Category: Presentation/Performance</p> <p>Success Criterion: At least 60% of the students need to reach at least 3 points on a scale 1-5</p> | <p>12/25/2013 - 79% of the students received 3 or more points. For detailed results refer to the attached SLO document (result SLO 1). I am reporting this for DANC 140.1</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2013 - 2014</p> <p>Related Documents: SLO fall 2013</p> <hr/> <p>07/05/2013 - 100 % of the students received 3 or more points which means they had a very good and excellent alignment. For details, see the spreadsheet (result SLO1).</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p> <p>Related Documents: SLO_140SPRING2013</p> <hr/> <p>12/18/2012 - Only 2 out of 8 students received less than 3 points. So 75% of the students met the criterion.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p> <p>Related Documents:</p> | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
|-----|-----------------|---|--|--------------------|
| | | | SLO_Ballet_Fall12.xlsx 05/23/2012 - 7% received 1 points,14% received 3 points, 65% of the students received 4 points, 14% received 5 points. 93 % of the students received 3 or more points Result Type: Criterion met Reporting Cycle: 2011 - 2012 Related Documents: SLOs_DANC.xlsx | |
| | | | 12/15/2011 - 83% of the students achieved more than 3 points on the alignment. Some students need to still work on flexibility of legs to improve alignment. Result Type: Criterion met Reporting Cycle: 2011 - 2012 | |
| | | | 06/30/2011 - 72% of students received 3 or more points Result Type: Criterion met Reporting Cycle: 2010 - 2011 | |
| | | | 01/11/2011 - 8% of the students received 2 points, 23% of the students received 3 points, 46% of the students received 4 points, 23% of the students received 5 points. Total of 92% of the students received 3 or more points. Result Type: Criterion met Reporting Cycle: 2010 - 2011 | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
|-----|---|---|--|--------------------|
| | | | <p>06/03/2010 - 86% of the students recieved more than 3 points.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2009 - 2010</p> <p>Related Documents: SLO_DATA_DANC_140.doc</p> | |
| | <p>CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 140 - Beginning Ballet</p> <p>- Meaning of a Ballet Step - Students will explain the meaning of a ballet step. (Created By CAN Dept - Kinesiology, Athletics, and Dance)</p> | <p>Assessment Method: Students will be given assignment. The teacher will assess their explanation of the meaning of various steps in the ballet terminology</p> <p>Assessment Method Category: Essay</p> <p>Success Criterion: Student will receive five points for completed explanations of the steps. 70% of the students should receive 3 or more points.</p> | <p>02/08/2014 - 79% of the students received 3 or more points. For more info refer to the SLO document (SLO2). I am reporting this for DANC 140.1</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2013 - 2014</p> <p>Related Documents: SLO fall 2013</p> | |
| | | | <p>07/05/2013 - 79% of the students received 3 or more points. For details see spreadsheet (result name SLO 2).</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p> <p>Related Documents: SLO_140SPRING2013</p> | |
| | | | <p>05/23/2012 - All students who did the assignment received 5 points</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2011 - 2012</p> <p>Related Documents: SLOs_DANC.xlsx</p> | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
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| | | | <p>06/30/2011 - 50% of the students received more than 3 points.</p> <p>Result Type: Criterion not met</p> <p>Reporting Cycle: 2010 - 2011</p> | |
| | <p>CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 140 - Beginning Ballet</p> <p>- Rhythm - Student will recognize the basic structure of music (Created By CAN Dept - Kinesiology, Athletics, and Dance)</p> | <p>Assessment Method: Students will perform a basic ballet choreography on music</p> <p>Assessment Method Category: Presentation/Performance</p> <p>Success Criterion: 60% of the students will perform correctly on basic structure of music.</p> | <p>12/25/2013 - 63% of the students received 3 or more points. For detailed results refer to the attached SLO document (result SLO 3). I am reporting this for DANC 140.1</p> <p>Result Type: Criterion not met</p> <p>Reporting Cycle: 2013 - 2014</p> <p>Related Documents: SLO fall 2013</p> | <p>01/14/2014 - More time will be spent on teaching rhythm for the Spring Semester.</p> |
| | | | <p>07/05/2013 - 86% of the students received 3 or more points. For details see spreadsheet (SLO3).</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p> <p>Related Documents: SLO_140SPRING2013</p> | |
| | | | <p>05/23/2012 - 7% of student received 1 points, 15 % of students received 2 points, 28% of students received 3 points, 35% of students received 4 points, 15 % of students received 5 points. Total of 78 % of students received 3 or more points.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle:</p> | |

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| | | | <p>2011 - 2012</p> <p>Related Documents: SLOs_DANC.xlsx</p> <hr/> <p>06/30/2011 - 72% of the students performed the correctly the basic ballet choreography.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2010 - 2011</p> | |
| | <p>CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 143 - Intermediate Ballet</p> <p>- Ballet Step - Students will demonstrate an intermediate ballet step with proper alignment (Created By CAN Dept - Kinesiology, Athletics, and Dance)</p> | <p>Assessment Method: Students were graded on a 1-5 scale when demonstrating an intermediate ballet step. I observed their body's alignment in the ballet step.</p> <p>1 - Poor alignment - Student requires less more than four corrections in the ballet step</p> <p>2- Bellow average - Student requires less than four corrections in the ballet step</p> <p>3- Student has an average alignment. Student requires less than three corrections in the ballet step</p> <p>4- Very good Alignment. Student requires less than two corrections in the ballet step</p> <p>5 ? Excellent alignment. Students has perfected the ballet step</p> <p>Assessment Method Category: Presentation/Performance</p> <p>Success Criterion: At least 60% of the students need to reach at least 3 points on a scale 1-5</p> | <p>02/08/2014 - All of the three students out of four completed the assignment and received 3 or more points. The fours student did not participate in the assessment. Report for DANC 140.2 and DANC 140.3</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2013 - 2014</p> <hr/> <p>07/05/2013 - Four out of five student presented the ballet steps with four or more points. For details see spreadsheet (result name SLO 2 - intermediate)</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p> <p>Related Documents: SLO_140SPRING2013</p> <hr/> <p>12/18/2012 - All of the five students received four and five points.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p> | |

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| | | | <p>Related Documents: SLO_Ballet_Fall12.xlsx</p> <hr/> <p>05/23/2012 - 86% of students received 3 or more points. Result Type: Criterion met Reporting Cycle: 2011 - 2012</p> <p>Related Documents: SLOs_DANC1.xlsx</p> <hr/> <p>12/15/2011 - 75% of the students received at least 3 points. Students need to work on precision of arm placement and core strength to improve alignment. Result Type: Criterion met Reporting Cycle: 2011 - 2012</p> <hr/> <p>06/30/2011 - 76% of students received 3 or more points. Result Type: Criterion met Reporting Cycle: 2010 - 2011</p> <hr/> <p>01/11/2011 - 10% - 1 point 10% - 2 points 20% - 3 points 20% - 4 points 40% - 5 points.</p> <p>Total of 80% of the students received 3 points or more Result Type: Criterion met Reporting Cycle: 2010 - 2011</p> <hr/> <p>06/17/2010 - 75% of the students achieved more then 3 points on the grading</p> | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
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| | | | Result Type: Criterion met Reporting Cycle: 2009 - 2010 Related Documents: SLO_DATA_DANC_143.doc | |
| | | Assessment Method: Scale 1-4 will be used 1 - Poor body alignment while demonstrating the step 2 - Adequate body alignment while demonstrating the step - Students have major mistakes while demonstrating the step - needs improvement 3 - Effective - Students have minor mistakes while demonstrating the step 4 - Excellent body position - Students masters the position without any mistakes. Assessment Method Category: Presentation/Performance Success Criterion: More than 60% of the students will be able to receive 3 points and above | | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 143 - Intermediate Ballet - pirouette - Perform a pirouette with correct foot technique, spotting and balance (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Use of checklist. Total 4 points 1 point - correct foot placement 1 point - correct spotting 1 point - correct arm movement 1 point correct balance/stablility Assessment Method Category: Presentation/Performance Success Criterion: 70% of the students will receive 3 or more points | 02/08/2014 - All of the three students out of four completed the assignment and received 3 or more points. The fours student did not participate in the assessment. Report for DANC 140.2 and DANC 140.3 Result Type: Criterion met Reporting Cycle: 2013 - 2014 07/05/2013 - Four out of five students presented a correct pirouette and received four or more points. For details | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
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| | | | <p>see spreadsheet (result name SLO 1 - intermediate)</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p> <p>Related Documents: SLO_140SPRING2013</p> <hr/> <p>05/23/2012 - 86% of students received 3 or more points.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2011 - 2012</p> <p>Related Documents: SLOs_DANC1.xlsx</p> <hr/> <p>06/30/2011 - 76 % of the students received 3 or more points.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2010 - 2011</p> <hr/> | |
| | <p>CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 143 - Intermediate Ballet</p> <p>- jumps - student will be able to perform pa de bourre and jete jumps linking together with correct technique (Created By CAN Dept - Kinesiology, Athletics, and Dance)</p> | <p>Assessment Method: use of checklist. Total 4 points 1 point - correct footwork 1 point - correct arm work 1 point - correct/rhythmic push-off phase 1 point - correct landing</p> <p>Assessment Method Category: Presentation/Performance</p> <p>Success Criterion: 70% of the students will receive 3 or more points</p> | <p>02/08/2014 - All of the three students out of four completed the assignment and received 3 or more points. The fourth student did not participate in the assessment. Report for DANC 140.2 and DANC 140.3</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2013 - 2014</p> <hr/> <p>07/05/2013 - 90% of the students performed the jumps correctly. For details see spreadsheet (result name SLO 3 - intermediate)</p> | |

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| | | | <p>2012 - 2013</p> <hr/> <p>05/01/2012 - All of the above beginning hip-hop dance movement were inserted into the choreography of two beginning hip-hop dances. Students were given both a midterm and final dance combination to be demonstrated and performed by the end of the semester. Instructor graded on knowledge and execution of steps. 80% of students received 5 points Result Type: Criterion met Reporting Cycle: 2012 - 2013</p> <hr/> | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 150 - Hip Hop - Rhythm and counting on steps - Students will demonstrate counting full and half beats without music and perform hip-hop steps while counting. (Created By CAN Dept - Kinesiology, Athletics, and Dance) | <p>Assessment Method: Checklist: a. 1 point, verbally counting b. 2 points, perform hip-hop steps while counting Assessment Method Category: Presentation/Performance Success Criterion: 80% of students will receive 3 points</p> | <p>12/20/2013 - 92% of students demonstrated both verbally and physically counting of steps and rhythm in doing so through "call and response" exercises throughout the semester. Result Type: Criterion met Reporting Cycle: 2013 - 2014</p> <hr/> <p>01/18/2013 - Average assessment for both a. verbally counting and b. perform hip-hop steps while counting averaged 88% Result Type: Criterion met Reporting Cycle: 2012 - 2013</p> <hr/> <p>05/01/2012 - 95% of students were able to verbally count. Teacher would count and students would respond with the same set of counts. Teacher observation</p> | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
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| | | | <p>and interaction ensured success in this area.</p> <p>90% of students were able to perform hip-hop steps while counting. Teacher observed and corrected students that were not able to by joining them by practicing and demonstrating until they were successful.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p> | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 150 - Hip Hop - Learning and performing a hip-hop dance - Students will perform a dance (sixteen counts of eight) learned throughout the semester. (Created By CAN Dept - Kinesiology, Athletics, and Dance) | <p>Assessment Method: Checklist:</p> <ul style="list-style-type: none"> a. 2 points for sequencing of dance movements. b. 2 points for proper rhythm applied for dance moves. c. 2 points for execution of hip hop dance moves. d. 2 points for demonstrating clarity of dance movements. e. 2 points performance and self-confidence in dancing. <p>Total 10 points.</p> <p>Assessment Method Category: Presentation/Performance</p> <p>Success Criterion: 70% of the students will receive 10 points.</p> | <p>12/20/2013 - 80% of students were able to perform a. through e.</p> <p>Teacher evaluated both the Mid-term and Final Dance Combination.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2013 - 2014</p> <p>01/18/2013 - average on 5 elements of assessment was 74%</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p> <p>05/08/2012 - Combining both the midterm and final dance, 70% of students performed a dance comprised of sixteen counts of eight. Checklist of a through e were met successfully.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p> | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
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| | CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 151 - Beginning Social Dance - Dance step - Student will demonstrate a basic step with correct form, weight change and foot pattern without a partner. (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Teacher will observe and assess basic form and foot pattern. Students were graded on a 1-5 scale when demonstrating step. 1 - Poor foot pattern- Student requires more than four corrections 2- Bellow average - Student requires less than four corrections 3- Average. Student requires less than three corrections 4- Very good. Student requires less than two corrections 5 - Excellent. Students has perfected the step Assessment Method Category: Presentation/Performance Success Criterion: 70 % of the student will have a score higher than 3 points | 07/09/2013 - 93% of the students received 3 or more points. Attached is the document (SLO1) in numbers. Result Type: Criterion met Reporting Cycle: 2012 - 2013 Related Documents: Ballroom_Spring2013 <hr/> 05/22/2012 - 21 % of the students received 3 points, 21 % of the students received 4 points and 58% of the students received full 5 points. Result Type: Criterion met Reporting Cycle: 2011 - 2012 <hr/> 01/13/2011 - 1 point - 7% 2 points - 7% 3 points - 20% 4 points - 20% 5 points - 47% Total of 87% of the students received higher than 3 points. Result Type: Criterion met Reporting Cycle: 2010 - 2011 | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 151 - Beginning Social Dance - Rhythm - Student will demonstrate rhythmic accuracy (Created | Assessment Method: Teacher will observe and assess whether the students dance the steps on correct rhythm | 05/22/2012 - 71% of the students demonstrated the steps on correct rhythm. Result Type: | 05/22/2012 - Instructor will still look for ways to explain and rhythm better. |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
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| | By CAN Dept - Kinesiology, Athletics, and Dance) | <p>Students were graded 0-1 scale 0- student does not dance the steps on correct rhythm 1- student dances the steps on correct rhythm</p> <p>Assessment Method Category: Presentation/Performance</p> <p>Success Criterion: 80 % of the students dance the steps on correct rhythm</p> | <p>Criterion not met</p> <p>Reporting Cycle: 2011 - 2012</p> <hr/> <p>12/15/2011 - 64% of the students understood the rhythm of the selected dance.</p> <p>Result Type: Criterion not met</p> <p>Reporting Cycle: 2011 - 2012</p> | <p>Action Plan Category: Use New or Revised Teaching methods</p> <hr/> <p>12/15/2011 - More classes will be spent on presenting rhythmical structure of music. Some students couldn't coordinate the beat with their movements. More practice will be spent on music.</p> |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 151 - Beginning Social Dance - Partner hold and form - Demonstrate a step with proper dance partner hold and form. (Created By CAN Dept - Kinesiology, Athletics, and Dance) | <p>Assessment Method: Total 3 points 1 point - hold 1 point - form 1 point - correct footwork</p> <p>Assessment Method Category: Presentation/Performance</p> <p>Success Criterion: 80 % of the students will receive 2 or more points</p> | <p>07/09/2013 - 90% of the students received 2 or more points. Attached data is shown under name: SLO2.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p> <p>Related Documents: Ballroom_Spring2013</p> <hr/> <p>05/22/2012 - 85 % of the students received full three points. Only 15 % of the students couldn't maintain the hold while doing the footwork/steps.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2011 - 2012</p> | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 153 - Intermediate Social Dance - step - Student will demonstrate a intermediate step with correct form and foot pattern. (Created | <p>Assessment Method: Teacher will observe and assess basic form and foot pattern. Students were graded on a 1-5 scale when demonstrating step.</p> | <p>05/22/2012 - 83 % of the class received full points. Only 17% received 4 points.</p> <p>Result Type: Criterion met</p> | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
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| | By CAN Dept - Kinesiology, Athletics, and Dance) | <p>1 - Poor foot pattern- Student requires more than four corrections</p> <p>2- Bellow average - Student requires less than four corrections</p> <p>3- Average. Student requires less than three corrections</p> <p>4- Very good. Student requires less than two corrections</p> <p>5 - Excellent. Students has perfected the step</p> <p>Assessment Method Category: Presentation/Performance</p> <p>Success Criterion: 70 % of the student will have a score higher than 3 points</p> | <p>Reporting Cycle: 2011 - 2012</p> <hr/> <p>01/13/2011 - 2 points - 21% 3 points - 7% 4 points - 21% 5 points - 50% Total - 80% of the students received higher than 3 points</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2010 - 2011</p> <hr/> | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 153 - Intermediate Social Dance - lead/follow - Student demonstrates lead/follow technique (Created By CAN Dept - Kinesiology, Athletics, and Dance) | <p>Assessment Method: 0 - Student does not use correct technique of lead/follow 1 - Student uses correct technique of lead/follow</p> <p>Assessment Method Category: Presentation/Performance</p> <p>Success Criterion: 80% of the students will use correct technique of lead/follow</p> | <p>05/22/2012 - Lead and follow technique was practiced more in this class. 83% of the students received one point and understood the lead and follow technique.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2011 - 2012</p> <hr/> <p>12/15/2011 - Half of the students need to improve in lead and follow technique.</p> <p>Result Type: Criterion not met</p> <p>Reporting Cycle: 2011 - 2012</p> | <p>12/15/2011 - More time will be spent on lead and follow technique. More exercises will be given to improve lead and follow.</p> <p>Action Plan Category: Use New or Revised Teaching methods</p> <p>Follow-Up: 05/22/2012 - Two exercises were added for the students to use at the beginning of the class. It was successful since students were applying the technique to the dances</p> |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
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| | | | | Follow-Up: they learned in the course. |
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| | CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 153 - Intermediate Social Dance - arm usage - Student will demonstrate proper arm usage (styling) within dance (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: 0 point - student does not use arm styling Assessment Method Category: Presentation/Performance Success Criterion: 80% of the students need to demonstrate arm styling | | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 156 - Advanced Social Dance - step - Student will demonstrate advanced steps with correct form, weight change and foot pattern (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Teacher will observe and assess basic form and foot pattern. Students were graded on a 1-5 scale when demonstrating step. 1 - Poor foot pattern- Student requires more than four corrections 2- Below average - Student requires less than four corrections 3- Average. Student requires less than three corrections 4- Very good. Student requires less than two corrections 5 - Excellent. Students has perfected the step Assessment Method Category: Presentation/Performance Success Criterion: 70 % of the student will have a score higher than 3 points | 01/13/2011 - 40 % of the students received 2 points 60% of the students received 5 points The criterion was not met since there were only 5 students in the class and the class was combined with the intermediate level students. Result Type: Criterion not met Reporting Cycle: 2010 - 2011 | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
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| | CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 156 - Advanced Social Dance - styling - Students will demonstrate various dances with correct styling. (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Instructor will use checklist 0- dance was performed without the usage of correct styling (arms) 1-dance was performed without the usage of correct styling (arms) Assessment Method Category: Presentation/Performance Success Criterion: 70% of the students will perform the dance with correct styling | 05/22/2012 - In this class students work on more styling and 75% of the students received 1 point for correct styling. Result Type: Criterion met Reporting Cycle: 2011 - 2012 <hr/> 12/15/2011 - 40% of students understood correct styling. Result Type: Criterion not met Reporting Cycle: 2011 - 2012 | 12/15/2011 - More arm exercises will be given in class. Action Plan Category: Use New or Revised Teaching methods Follow-Up: 05/22/2012 - At the beginning of the class I introduced styling exercises. |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 156 - Advanced Social Dance - pattern/choreography - Student will be able to demonstrate a full dance choreography (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Total three points 1 point - correct form 1 point - the steps are linked together properly 1 point- correct lead and follow Assessment Method Category: Presentation/Performance Success Criterion: 80 % of the students will be able to receive two or more points | 05/22/2012 - All of the students received one point and linked three steps together. Result Type: Criterion met Reporting Cycle: 2011 - 2012 | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 205 - Beginning Jazz Dance - Plie, releve, tendue - Students must demonstrate a plie, releve, & tendue (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Student will demonstrate proper execution of plie, releve and tendue. Use of 5 points. Assessment Method Category: Presentation/Performance Success Criterion: | 12/27/2011 - All students were successful in demonstration of plie, releve and tendue. Great student learning outcome. Result Type: Criterion met | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
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| | | Student will demonstrate proper execution of plie, releve and tendue. Use of Pass/fail observation. 5 points | Reporting Cycle: 2010 - 2011 <hr/> 06/03/2011 - All students were able to demonstrate accurately the plie, releve, & tendue. Result Type: Criterion met Reporting Cycle: 2010 - 2011 <hr/> 06/19/2010 - All students succeeded in demonstrating proper alignment & isolation exercises. All students were to demonstrate the exercises with confidence. Result Type: Criterion met Reporting Cycle: 2010 - 2011 <hr/> | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 205 - Beginning Jazz Dance - Isolations-Alignment - Student will demonstrate body isolations with proper body alignment (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Student will demonstrate proper body isolations and body alignment. Pass/Fail Observation. 10 points Assessment Method Category: Presentation/Performance Success Criterion: Student will demonstrate proper body isolations and body alignment. Pass/Fail Observation. 10 Points | 08/20/2012 - All students successfully passed the observation of demonstrating proper body isolations & body alignment. Result Type: Criterion met Reporting Cycle: 2012 - 2013 <hr/> 06/03/2011 - All students were able to demonstrate the body isolations with proper body alignment. Result Type: Criterion met Reporting Cycle: 2010 - 2011 <hr/> | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
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| | CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 205 - Beginning Jazz Dance - Chase, Square, Pivot - Student will demonstrate chase, jazz square & pivot turn while traveling across floor. (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Student will demonstrate proper execution of chase, jazz square and pivot turn. 10 points Assessment Method Category: Presentation/Performance Success Criterion: Student will demonstrate proper execution of chase, jazz square and pivot turn. Pass/Fail Observation. 10 points | 01/19/2013 - All students performed the chase, jazz square & pivot turn with success. Result Type: Criterion met Reporting Cycle: 2012 - 2013 <hr/> 08/20/2012 - All students were successful at demonstrating chase, jazz square & pivot turns. Result Type: Criterion met Reporting Cycle: 2012 - 2013 | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 210 - Beginning/Intermediate Jazz - passe, grande plie & arabasque - Student will learn passe, grande plie & arabasque (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Student will demonstrate a proficiency in passe, grande plie & arabasque. 5 points Assessment Method Category: Presentation/Performance Success Criterion: Student will demonstrate a proficiency in passe, grande plie & arabasque. 5 points | 12/27/2011 - All students were successful in their demonstration of passe, grande plie & arabasque. Great results from students! Result Type: Criterion met Reporting Cycle: 2010 - 2011 <hr/> 06/19/2010 - All students were successful demonstrating the locomotion movements across the floor. Result Type: Criterion met Reporting Cycle: 2010 - 2011 | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 210 - Beginning/Intermediate Jazz - choreography - Student will perform choreography taught in class (Created | Assessment Method: Student will demonstrate a mastery of choreography taught in class. 10 Points Assessment Method Category: | 01/10/2013 - All students demonstrated the choreography with confidence & accuracy Result Type: | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
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| | By CAN Dept - Kinesiology, Athletics, and Dance) | Presentation/Performance Success Criterion: Student will demonstrate a mastery of choreography taught in class. 10 Points | Criterion met Reporting Cycle: 2012 - 2013 <hr/> 08/20/2012 - All students successfully performed choreography taught in class. Result Type: Criterion met Reporting Cycle: 2012 - 2013 | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 215 - Intermediate Jazz - Chaîne turns - Student will learn chaîne turns across the floor (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Student will demonstrate proper chaîne turns across the floor. 5 points Assessment Method Category: Presentation/Performance Success Criterion: Student will demonstrate proper chaîne turns across the floor. 5 points | 12/27/2011 - All students demonstrated proper chaîne turns across the floor. Great performance from the students! Result Type: Criterion met Reporting Cycle: 2010 - 2011 <hr/> 06/19/2010 - Students performed in front of class or in our dance production confidently both dance combinations taught throughout the semester. Result Type: Criterion met Reporting Cycle: 2010 - 2011 | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 215 - Intermediate Jazz - Choreography - Student will perform solo choreography taught in class (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Student will accurately perform solo choreograph taught in class. 10 Points Assessment Method Category: Presentation/Performance Success Criterion: Student will accurately perform solo choreograph taught in class. 10 Points | 01/10/2013 - Student performed choreography with confidence & accuracy. Result Type: Criterion met Reporting Cycle: 2012 - 2013 <hr/> 08/20/2012 - All students performed the choreography, solo that was taught in | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
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| | | | class. Result Type: Criterion met Reporting Cycle: 2012 - 2013 | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 215 - Intermediate Jazz - Counts of Eight - Student will choreograph 3 counts of eight to music. (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Student will choreograph 3 counts of eight to music. 10 Points Assessment Method Category: Presentation/Performance Success Criterion: Student will successfully choreograph 3 counts of eight to music. 10 Points | 08/20/2012 - All students were successful in choreographing 3 counts of eight to music. Result Type: Criterion met Reporting Cycle: 2012 - 2013 | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 220 - Conditioning for Dance Techniq - Flexibility - Students will increase flexibility as required for dance. (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Use of sit and reach box Assessment Method Category: Pre and post testing Success Criterion: Students will improve flexibility in hamstrings by at least 1 centimeter. Related Documents: SLODANC 220 Data_SPRING 2010.doc | 06/17/2010 - Students in average improved flexibility by 4 centimeters Result Type: Criterion met Reporting Cycle: 2009 - 2010 Related Documents: SLODANC 220 Data_SPRING 2010.doc | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 400 - Dance Production - Body Movement - Students will demonstrate a body movement based on the principles of choreography. (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Teacher will observe and assess key points by using a grading scale 1-4. Assessment Method Category: Presentation/Performance Success Criterion: 80% of the students will receive a better score than 2 | | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
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| | CAN Dept - Kinesiology, Athletics, and Dance - CAN FITN 112 - Cross Training - CV Fitness - Document cardiovascular fitness (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Timed one mile walk test or 12 minute run test Assessment Method Category: Presentation/Performance Success Criterion: Student will complete the walk test at 3 mph or faster | 09/18/2013 - FITN 112 Summer 2013 (Fitness Center) Logging CV Progression: 9 of 12 students (75%) correctly documented their fitness logs. Result Type: Criterion not met Reporting Cycle: 2013 - 2014 Related Documents: SLOs summer 2013 FITN 112 54586.docx | |
| | | | 06/27/2013 - FITN 112 Spring 2013 (Fitness Center) Logging CV Progression: 25 of 28 students (89%) correctly documented their fitness logs. Result Type: Criterion met Reporting Cycle: 2012 - 2013 Related Documents: SLO's springs 2013 FITN 112.docx | |
| | | | 02/15/2013 - FITN 112 Fall 2012 (Fitness Center) Logging CV Progression: 14 of 16 students (88%) correctly documented their fitness logs. Result Type: Criterion met Reporting Cycle: 2012 - 2013 Related Documents: SLO's fall 2012 FITN 112.docx | |
| | | | 10/17/2012 - FITN 112 Summer 2012 (Fitness Center) Logging CV Progression. 16 of 18 students (89%) correctly documented their fitness logs. Result Type: Criterion met | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
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| | | | Reporting Cycle: 2012 - 2013 Related Documents: SLO's summer 2012 FITN 112.docx | |
| | | | 06/27/2012 - FITN 112 Spring 2012 (Fitness Center): Logging CV Progression: 28 of 35 students (80%) correctly document their fitness logs. Result Type: Criterion met Reporting Cycle: 2011 - 2012 Related Documents: SLO's spring 2012 FITN 112.docx | |
| | | | 02/13/2012 - FITN 112 Fall 2011 (Fitness Center): Logging CV Progression: 30 of 36 students (83%) correctly documented their fitness log. Result Type: Criterion met Reporting Cycle: 2011 - 2012 Related Documents: Fall 2011 FITN 112 CRN 92726.docx | 01/25/2012 - Continue same action plan. Action Plan Category: Other |
| | | | 05/24/2011 - 61 Total Students 4 excused from test due to health restrictions 7% 7 unable to complete test 11% 50 successfully completed test 82% Result Type: Criterion met Reporting Cycle: 2010 - 2011 | |
| | | | 03/22/2011 - 64 Total Students-Spring 2010 6 excused from test due to health | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
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| | | | <p>restrictions 9%</p> <p>2 unable to complete test 3%</p> <p>56 successfully completed test 88%</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2009 - 2010</p> <hr/> <p>01/03/2011 - 58 Total Students in course for fall 2010</p> <p>3 excused from test due to health restrictions 5%</p> <p>3 unable to complete test 5 %</p> <p>52 students successfully completed test 90%</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2010 - 2011</p> <hr/> | |
| | <p>CAN Dept - Kinesiology, Athletics, and Dance - CAN FITN 117 - Fitn. Assessment/Conditioning</p> <p>- Goal - SLO 1) Students will identify a goal to improve fitness level. (Created By CAN Dept - Kinesiology, Athletics, and Dance)</p> | <p>Assessment Method: Teacher will give out an assignment to identify an appropriate fitness goal.</p> <p>Assessment Method Category: Capstone Assignment/Project</p> <p>Success Criterion: 80% of students will achieve their fitness goal</p> <hr/> | | |
| | <p>CAN Dept - Kinesiology, Athletics, and Dance - CAN FITN 118 - Beginning Fitness Center</p> <p>- Body Composition - SLO 1) Students will demonstrate ability to assess own body composition (Created By CAN Dept - Kinesiology, Athletics, and</p> | <p>Assessment Method: Teacher will observe the ability to assess own body composition by using a worksheet from fitness center web site.</p> <p>Assessment Method Category: Portfolio</p> | <p>09/11/2013 - FITN 118 Summer 2013: 20 of 24 (83%): successfully assessed their body composition.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle:</p> | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
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| | Dance) | Success Criterion: 80% of students be able to assess their body composition | 2013 - 2014 Related Documents: SLOs summer 2013 FITN 118 53566.docx <hr/> 06/27/2013 - FITN 118 Spring 2013: 67 of 86 (78%) of the students successfully assessed their body composition. Result Type: Criterion met Reporting Cycle: 2011 - 2012 Related Documents: SLOs SPRING 2013 FITN 118.docx <hr/> 02/13/2013 - FITN 118 Fall 2012: 45 of 57 (79%) of the students successfully assessed their body composition. Result Type: Criterion met Reporting Cycle: 2012 - 2013 Related Documents: SLOs fall 2012 FITN 118 CRN 90886.docx <hr/> 10/10/2012 - FITN 118 Summer 2012: 27 of 33 (82%) of students successfully assessed their body composition. Result Type: Criterion met Reporting Cycle: 2013 - 2014 Related Documents: SLOs summer 2012 FITN 118.docx <hr/> 06/26/2012 - FITN 118 Spring 2012: 53 of 66 (80%) of students successfully assessed their body composition. Result Type: Criterion met Reporting Cycle: | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
|-----|---|---|--|--------------------|
| | | | <p>2011 - 2012</p> <p>Related Documents: Spring 2012 SLO's FITN 118 CRN 40519 40520 40521 40522 40523 .docx</p> <hr/> <p>01/16/2012 - FITN 118 Fall 2011: 35 of 46 (76%) of students successfully assessed their body composition.</p> <p>Result Type: Inconclusive</p> <p>Reporting Cycle: 2011 - 2012</p> <p>Related Documents: Fall 2011 FITN 118 90886 .docx</p> <hr/> <p>09/20/2011 - FITN 118 Summer 2011: 71 of 91 (78%) of students successfully assessed their body composition.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2011 - 2012</p> <p>Related Documents: SLO summer 2011 FITN 118 #53566 53575 53581.docx</p> <hr/> | |
| | <p>CAN Dept - Kinesiology, Athletics, and Dance - CAN FITN 119 - Intermediate Fitness Center</p> <p>- Strength Training Program - SLO 1)</p> <p>Design a strength training program that incorporates all major muscle groups. (Created By CAN Dept - Kinesiology, Athletics, and Dance)</p> | <p>Assessment Method: Teacher will examine the designed workout plan by students.</p> <p>Assessment Method Category: Other</p> <p>Success Criterion: 80% of students will properly design their workout plan</p> | <p>09/12/2013 - FITN 119 Summer 2013: 28 of 30 (93%) of students properly designed their workout plan.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2013 - 2014</p> <p>Related Documents: SLOs summer 2013 FITN 118 53566.docx</p> <hr/> <p>06/27/2013 - FITN 119 Spring 2013: 38 of 46 (83%) of students properly</p> | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
|-----|-----------------|--|--|--------------------|
| | | | <p>designed their workout plan.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p> <p>Related Documents: SLOs spring 2013 FITN 119.docx</p> <hr/> <p>02/13/2013 - FITN 119 Fall 2012: 29 of 40 (73%) of students designed their workout plan properly.</p> <p>Result Type: Criterion not met</p> <p>Reporting Cycle: 2012 - 2013</p> <p>Related Documents: SLOs fall FITN 119 CRN 90895 90896 90897 90898 90900 90928 90902 90903 90904.docx</p> <hr/> <p>10/11/2012 - FITN 119 Summer 2012: 16 of 20 (80%) of students designed their workout plan properly.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p> <p>Related Documents: SLOs summer 2012 FITN 119 53587 .docx</p> <hr/> <p>06/26/2012 - FITN 119 Spring 2012: 30 of 38 (79%) of students successfully designed a workout plan.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2011 - 2012</p> <p>Related Documents: SLO's spring 2012 FITN 119 40529 .docx</p> <hr/> | |

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| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
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| | | | Reporting Cycle: 2011 - 2012 Related Documents: 42017 FITN 123 SP '12 SLO.xlsx | |
| | | | 01/26/2012 - See Documents Result Type: Criterion met Reporting Cycle: 2012 - 2013 Related Documents: SLO 42017 FITN 123 Sp 11.docx SLO 85934 FITN 123 FALL 11.docx 42017 FITN 123 Cardio Pump SLO's SP '13.xlsx 85934 FITN 123 Cardio Pump SLO F '12.xlsx | 03/31/2012 - Continue to do the same - no change, Action Plan Category: Conduct Further Assessment |
| | | | 01/23/2012 - FITN 123 Fall 2011: Push-ups increased on average by 7.2. Sit-ups increased on average by 9.5. Result Type: Criterion met Reporting Cycle: 2011 - 2012 Related Documents: SLO 85934 FITN 123 FALL 11.docx | |
| | | | 10/12/2011 - FITN 123 Spring 2011: Push-ups increased on average by 7 (24% increase) and sit-ups increased on average by 6.75 (24% increase). Result Type: Criterion met Reporting Cycle: 2010 - 2011 Related Documents: SLO 42017 FITN 123 Sp 11.docx | 03/29/2012 - The action plan is to continue to do the same as it has showed positive results |
| | | | 03/11/2011 - 50% of student could lift more weight. Result Type: | 03/11/2011 - lift more weights. more often. |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
|-----|--|---|---|--|
| | | | <p>Criterion not met</p> <p>Reporting Cycle: 2009 - 2010</p> <p>Related Documents: SLO 42017 FITN 123 Sp 11.docx</p> | <p>Action Plan Category: Plan purchase of new equipment or supplies</p> |
| | <p>CAN Dept - Kinesiology, Athletics, and Dance - CAN FITN 153 - Soccer Conditioning</p> <p>- Fitness - SLO 1) Students will improve cardiovascular endurance, muscle strength and agility. (Created By CAN Dept - Kinesiology, Athletics, and Dance)</p> | <p>Assessment Method: Students will be assessed by using the Cooper Test. The Cooper Test is measured by running 2 miles under 12 minutes.</p> <p>Assessment Method Category: Pre and post testing</p> <p>Success Criterion: 90% of the student-athletes will show an improvement in their two mile run.</p> <p>Related Documents: SLO 51129 FITN 153 AC Summer 2011.xlsx</p> | | |
| | <p>CAN Dept - Kinesiology, Athletics, and Dance - CAN FITN 210 - Individual Weight Conditioning</p> <p>- Fitness - SLO 1) Identify current fitness level and target various areas for improvement. (Created By CAN Dept - Kinesiology, Athletics, and Dance)</p> | <p>Assessment Method: Pre-test and post-test (beginning, middle and end of semester)</p> <p>Assessment Method Category: Pre and post testing</p> <p>Success Criterion: 75 % of students will show improvement in strenght and cardio capacity.</p> | <p>03/31/2012 - criterion met for most athletes - all athletes are at different stages of the season. Some are in season and the lifting is lighter while other athletes are lifting with more intensity.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2011 - 2012</p> <p>Related Documents: SLO 90730 FITN 210 AC Fall 2011.docx SLO 40782 FITN 210 Spring 2011.docx</p> | <p>03/31/2012 - Continue to do the same. Coaches will give athletes individual training programs.</p> <p>Action Plan Category: Conduct Further Assessment</p> |

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| | | | <p>2011 - 2012</p> <p>Related Documents: 41340 FITN 332 SP '12 SLO.xlsx</p> <hr/> <p>06/05/2012 - McGill Spring 2012: OUTCOME DATA: 55 students completed course 67% (37 students) showed improvement 15% (8 students) remained the same 18% (10 students) decreased ? This decrease was due to injuries and one preganancy. Criterion successfully met</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p> <p>Related Documents: FITN 332 SLO Report McGill SP 2012.doc intercession exercises-McGill.docx</p> <hr/> <p>03/20/2012 - Almost all studnets showed an improvement in flexibility.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2011 - 2012</p> <p>Related Documents: SLO 41340 FITN 332 Spring 2011 (3).docx</p> <hr/> <p>12/17/2011 - 56 students (80%) showed improvement in flexibility 13 students (19%) stayed the same 1 excused ? back injury</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2011 - 2012</p> <hr/> | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
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| | | | <p>09/06/2011 - FITN 332 Spring 2011 (Devlin): Flexibility improved on average by 3.4 (12%) centimeters.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2010 - 2011</p> <p>Related Documents: SLO 41340 FITN 332 Spring 2011 (3).docx</p> <hr/> <p>06/18/2010 - There was an overall low level of fitness at the beginning of the semester and that the students had little knowledge of exercise techniques. Students noticed gains in flexibility throughout day to day activities by the end of the semester.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2009 - 2010</p> <hr/> | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN FITN 334 - Yoga - Asana - Students will demonstrate a yoga pose "asana" with proper posture (Created By CAN Dept - Kinesiology, Athletics, and Dance) | <p>Assessment Method: Teacher will observe and assess key points of proper posture by using a grading scale 1-5 Students were graded on a 1-5 scale when demonstrating a Yoga Pose. I observed their body's alignment in the pose. 1 - Poor alignment - Student requires less more than four corrections in the pose 2- Bellow average - Student requires less than four corrections in the pose 3- Student has an average alignment. Student requires less than three corrections in the pose 4- Very good Alignment. Student</p> | <p>12/25/2013 - I combined both of my classes and all of the fours levels of Yoga FITN 334.1, 334.2, 334.3, and 334.4 on a spreadsheet. 94 % of the students received e 3 or more points. For detailed information refer to the SLO spreadsheet.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2013 - 2014</p> <p>Related Documents: SLO YOGA Fall 2013</p> <hr/> <p>07/05/2013 - I combined both of my classes on a spreadsheet. The name of the SLO is SLO1 on the spreadsheet. 31</p> | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
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| | | <p>requires less than two corrections in the pose</p> <p>5 - Excellent alignment. Students has perfected the pose</p> <p>Assessment Method Category: Presentation/Performance</p> <p>Success Criterion: 70% of the students should receive 3 or more points</p> | <p>(60%) out of 51 students received 5 points and 16 (31%) received 4 points which means 91 % of the student had a very good to excellent alignment.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p> <p>Related Documents: YOGA_SLOSPRING2013</p> <hr/> <p>05/24/2012 - I created a spreadsheet that includes both of my classes. So, I am going to report the results for both classes at once. To break it down: 50% of the students received 5 points and 41% of the students received 4 points, 7% received 3 points and 2% received 2 points. 98% of the students received more than 3 points.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2011 - 2012</p> <p>Related Documents: Yoga spring 12</p> <hr/> <p>12/15/2011 - In my MW class all of the students who were assessed received 3 or more points. To break it down: 78% of the students received 5 points and 22% of the students received 4 points. In my TTH class all of the students who were assessed received 3 or more points. To break it down: 65% of the students received 5 points, 30% of the students received 4 points and 5 % of the students received 3 points.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2011 - 2012</p> <hr/> | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
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| | | | <p>06/30/2011 - In the TTH class all of the students received 3 or more points. To break it down 17% received 3 points, 33 % received 4 points and 50% received 5 points. In the MW class all of the students received 3 or more points. To break it down. 20 % of the students received 3 points, 47 % of the students received 4 points and 33% of the students received 5 points.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2010 - 2011</p> | |
| | | | <p>01/11/2011 - In the Monday/Wednesday class 8 % of the students received 3 pints, 63% of the students received 4 points and 29% of the students received 5 points. In the Tuesday Thursday class 7% of the students received 3 points, 36% of the students received 4 points and, 57% of the students received 5 points. No evaluated students received less than 3 points.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2010 - 2011</p> | |
| | | | <p>06/17/2010 - 83% of the students recieved 3 or more points</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2009 - 2010</p> <p>Related Documents: SLODATA_FITN334_SPRING_10.doc</p> | |
| | | | <p>06/01/2008 - I assessed on a scale 1-5 and gave each point for each joint properly aligned.</p> | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
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| | | | <p>38% receive 5 points, 38% received 4 points and 23 % received 3 points. Nobody received 1 or 2 points.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2009 - 2010</p> | |
| | <p>CAN Dept - Kinesiology, Athletics, and Dance - CAN TEAM 111 - Beginning Basketball</p> <p>- Skills - SLO 1) Identify current fundamental skills of basketball play and develop individual skill improvement. (Created By CAN Dept - Kinesiology, Athletics, and Dance)</p> | <p>Assessment Method: Skills test for 20 minutes.</p> <p>Assessment Method Category: Pre and post testing</p> <p>Success Criterion: 75% if the students will be able to demonstrate the proper fundamental skills of basketball using the grading scale from 1-4.</p> <p>Related Documents: Garcia 38925 Team 111-AX Spring 2011.xlsx</p> | <p>09/06/2013 - TEAM 111AX Spring 2013: The average student rating on skills/technique was 3 on a scale of 1-5.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p> <p>Related Documents: 38925 TEAM 111 AX Spring 2013 Garcia.xlsx</p> <p>09/12/2012 - TEAM 111 AX Spring 2012: The average student rating for skills was 3 on a scale of 1-5.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2011 - 2012</p> <p>Related Documents: 38925 TEAM 111 AX Spring 2012 SLO (Garcia).xlsx</p> <p>03/29/2012 - Most skills levels were met.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2011 - 2012</p> <p>09/12/2011 - TEAM 111 AX Spring 2011: The average student rating was 3.4 on a scale of 1-5.</p> | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
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| | | | Result Type: Criterion met Reporting Cycle: 2010 - 2011 Related Documents: Garcia 38925 Team 111-AX Spring 2011.xlsx | |
| | CAN Dept - Kinesiology, Athletics, and Dance - CAN TEAM 115 - Advanced Basketball - Stance - SLO 1: Students will demonstrate an athletic stance with perfect balance. (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: SLO 1: Teacher will observe and assess key characteristics of the perfect stance by using a grading scale of 1 to 4. Assessment Method Category: Presentation/Performance Related Documents: Garcia 38317 Team 115-AX Spring 2011.xlsx | 09/12/2012 - TEAM 115 AX Spring 2012: The average student rating on stance/balance was 3.1 on a scale of 1-5. Result Type: Criterion met Reporting Cycle: 2011 - 2012 Related Documents: 38317 TEAM 115 AX Spring 2012 Garcia.xlsx | |
| | | | 03/29/2012 - This outcome was met. Result Type: Criterion met Reporting Cycle: 2011 - 2012 Related Documents: Garcia 38317 Team 115-AX Spring 2011.xlsx | 03/29/2012 - To continue the same Action Plan Category: Conduct Further Assessment |
| | | | 09/12/2011 - TEAM 115 AX Spring 2011: Average student rating was 3.5 on a scale of 1-5. Result Type: Criterion met Reporting Cycle: 2010 - 2011 Related Documents: Garcia 38317 Team 115-AX Spring 2011.xlsx | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
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| | | | <p>09/06/2013 - TEAM 115 AX Spring 2013: The student average rating for stance/balance was 3.5 on a scale of 1-5.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p> <p>Related Documents: 38317 TEAM 115 AX Spring 2013 Garcia.xlsx </p> | |
| | <p>CAN Dept - Kinesiology, Athletics, and Dance - CAN TEAM 141 - Beginning Soccer</p> <p>- Basic skills of Soccer - SLO 1)</p> <p>Students will be able to demonstrate a proficiency of all the basic skills of soccer. (Created By CAN Dept - Kinesiology, Athletics, and Dance)</p> | <p>Assessment Method: Will be assessed by demonstrated ability of the student in a repetitive exercise. Example: Passing - ankle locked, toe pointed up, ball struck with the instep, proper follow through, toe of planting foot and hips facing target, ball has top-spin.</p> <p>Assessment Method Category: Pre and post testing</p> | <p>05/13/2014 - Team 141.1.2.3.4BX 35/40 students demonstrate basic skills of soccer</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2013 - 2014</p> <p>09/10/2013 - TEAM 141 SXH (Sat) Spring 2013: Class average rating for skill/technical ability was 2.8.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p> <p>Related Documents: 31543 TEAM 141 SXH SP '13 SLO Results.xlsx </p> <p>01/29/2013 - TEAM 141 SXH (Sat) Fall 2012: The class average rating on skill/technical ability was 2.4 on a scale of 1-5.</p> <p>Result Type:</p> | <p>01/29/2013 - Continue same action plan next semester.</p> <p>Action Plan Category: Conduct Further Assessment</p> <p>03/29/2012 - None at this time.</p> <p>Action Plan Category: Conduct Further Assessment</p> |

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| | | | <p>Inconclusive</p> <p>Reporting Cycle: 2012 - 2013</p> <p>Related Documents: 81568 TEAM 141 SHX Beginning Soccer SLO F '12.xlsx</p> <hr/> <p>09/20/2012 - TEAM 141 SXH (Sat) Spring 2102: The class aveage on skill/technical ability was 3 on a scale of 1-5.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2011 - 2012</p> <p>Related Documents: 31543 TEAM 141 SXH SP '12 SLO.xlsx</p> <hr/> <p>09/20/2012 - TEAM 141 CX Spring 2012: Class average rating on skill/technical ability was 2.4.</p> <p>Result Type: Inconclusive</p> <p>Reporting Cycle: 2011 - 2012</p> <p>Related Documents: 41379 TEAM 141 CX SP '12.xlsx</p> <hr/> <p>01/25/2012 - TEAM 141 SXH (Sat) Fall 2011: The average skill level was rated at 3.2 on a sliding scale of 1-5.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2011 - 2012</p> <p>Related Documents: SLO 81568 Team 141 SXH Fall 2011.docx</p> <hr/> <p>09/08/2011 - TEAM 141 CX Spring 2011: The average skill level/technical</p> | |

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| | | | <p>ability for this class was 3.8.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2010 - 2011</p> <p>Related Documents: SLO 41379 Team 141 CX Spring 2011.docx </p> <hr/> <p>09/07/2011 - TEAM 141 SXH (Sat) Spring 2011: The average skill level/technical ability for this class was 3.07.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2010 - 2011</p> <p>Related Documents: SLO 31543 Team 141 SXH Spring 2011.xlsx </p> <hr/> <p>05/28/2010 - The majority of the students in the class were able to perform this skill at a high level during repetitive exercises. Some students struggled with accuracy when pressure was added and also struggled when under pressure in small sided games.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2009 - 2010</p> <hr/> | |
| | <p>CAN Dept - Kinesiology, Athletics, and Dance - CAN VARS 154 - Varsity Soccer</p> <p>- advanced defensive tactics - students will be able to demonstrate advanced</p> | <p>Assessment Method: Students will be assessed pre and post on a scale of 1-5. Competitive games will also be a form of assessment during the season.</p> | <p>02/05/2013 - 30/31 96% of students showed improvement in post test</p> <p>Result Type: Criterion met</p> | |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
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| | defending tactics and skills (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method Category: Presentation/Performance Success Criterion: 80% of students will show improvement in individual, group and team defending skills and techniques throughout the season. Related Documents: SLO 84192 VARS 154 AB Fall 2011.docx | Reporting Cycle: 2012 - 2013 <hr/> 01/29/2013 - VARS 154 AB Fall 2012 (Devlin): The skill/technical ability average rating was 2.3. Result Type: Inconclusive Reporting Cycle: 2012 - 2013 Related Documents: 84192 VARS 154 AB Varsity Soccer SLO F '12.xlsx <hr/> 03/29/2012 - The varsity level was low this year so the students were able to show improvement by the end of the season. Result Type: Criterion met Reporting Cycle: 2011 - 2012 Related Documents: SLO 84192 VARS 154 AB Fall 2011.docx <hr/> 01/23/2012 - VARS 154 AB Fall 2011 (Devlin): The average rating for defending skills was 2.6 on a scale of 1-5. Result Type: Inconclusive Reporting Cycle: 2011 - 2012 Related Documents: SLO 84192 VARS 154 AB Fall 2011.docx | 03/29/2012 - The action plan is to recruit better athletes. Action Plan Category: Make staffing changes |

| SLO | Course Outcomes | Means of Assessment & Success Criteria / Tasks | Results | Action & Follow-Up |
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| Demonstrate professional and ethical decision-making and civic responsibility when applying knowledge of kinesiology. | CAN Dept - Kinesiology, Athletics, and Dance - CAN DANC 400 - Dance Production - Lighting - Students will identify the lighting and technical aspects of the performance (Created By CAN Dept - Kinesiology, Athletics, and Dance) | Assessment Method: Students will be given questions to analyze the technical and lighting aspects of the performance <hr/> | | |