

# Flex Day Feedback Analysis

## Increasing Interactivity:

- **Feedback**
  - “I liked that both sessions that I attended were interactive. Meaning that I didn't just sit and hear someone speak, but rather participated as a group or worked on my own Canvas module.”
  - “Require sessions to be interactive, not just lectures”
- **Response**
  - Required presenters to describe how their session will be interactive in session proposal

## Introduction:

Looking over the feedback from flex day, there were two things I noticed/remembered. 1) We changed the session proposal form based on feedback requesting more interactive sessions. 2) Equity sessions, more than other topics, received quite a bit of session-specific positive feedback.

## Session-Specific Feedback we have received:

**Observation and interpretation:** Very few specific sessions get mentioned in our survey (n=15 out of 200 responses), BUT of the fifteen specific sessions that were mentioned 67% were related to equity. This evidence suggests that sessions related to equity are particularly valuable to participants.

1. “Puente: Pedagogies of Cariño was an amazing workshop where I got a sense of community to collaborate with and make our college support services and faculty safe for students.”
2. “Please see more workshops from Umoja and student panels from various areas, maybe guided pathways?”
3. “Learning about Cañada’s Equity Goals and Responding to micro-aggressions using the GARDE method at the Cultural Center”
4. “I liked the full morning and afternoon workshops with a specific focus. Like the Micro-aggression workshop and Pronouns 101.”
5. “The three sessions offered/given by Rae Ann Ianniello and Sonia Malek were so timely and helpful.”
6. “The Puente Pedagogy workshop was great, and I gained valuable tools to implement immediately when coaching students.”
7. “I really enjoyed the Center Yourself Through Journaling: For You and Your Students session. It was a nice break to do something creative during FLEX day.”

8. "I really appreciated the themed aspect of the day. I focused on the events for supporting the LGBTQIA+ community, and I felt fulfilled and supported and educated."
9. "really enjoyed the Center Yourself Through Journaling: For You and Your Students session. We tend to get so caught up in our stressful lives that we forget/neglect self-care. This session was beneficial to the mental health of employees."
10. (positive feedback) "The brave space discussions and activities."
11. "The session on Journaling was excellent. I would offer it again. There should always be a session for coordinators."
12. "The dynamic discussion in the local GE workshop"
13. "I loved Alison Field's presentation on local BIPOC histories. Very well done. I also liked the journaling workshop, but had to leave early. I would love to attend both of these again."
14. "The morning Reflecting Out session. It was almost like a performance, but a very personal one. Very intimate and emotional. Several of us cried. Many of us could not stop talking about it for days. I think we should offer this again and it could include other stories. They were beautifully told and so amazing."
15. "A.I. session was really interesting. Equity session was really good. Both had good discussions and breakouts."