



RESOURCE FAMILY APPROVAL MODULE FOUR: POSITIVE PARENTING & PSYCH MEDS

Pre-Service Training

Agenda

2

- Structure
- Boundaries
- Punishment vs. Discipline
- Managing Emotional & Behavioral Needs
- Psychotropic Medications
- Case Vignette

3

Activity

Mapping Out Our Daily Routines

What Does Structure Look Like?

4

- ❑ Establishing Daily Routines & Expectations
- ❑ Establishing Household Rules
- ❑ Following Through on Appropriate & Reasonable Consequences
- ❑ Modeling Desirable Behavior
- ❑ Maintaining Consistency

Benefits of Daily Structure

5

- ❑ Structure is key to promoting a child's emotional and physical safety and well-being:
 - Provides the security of knowing what to expect
 - Fosters cooperation and reduction in power struggles
 - Promotes mastery and independent functioning
 - Offers containment and balance for daily transition periods (meal time; school readiness; homework; bed time)

What Does Boundary Setting Look Like?

6

- ❑ Establishing expectations around physical touch
- ❑ Establishing expectations around privacy
- ❑ Establishing expectations around respect for each other's personal possessions
- ❑ Establishing expectations around family and social engagement

Benefits of Boundary Setting

7

- Boundaries are also key to promoting a child's emotional and physical safety and well-being:
 - Emphasis on internal and external boundaries
 - Establishes what is appropriate versus inappropriate
 - Offers corrective emotional and physical experiences
 - Reduces shaming and/or violation of personal space

Punishment vs. Discipline

8

	Punishment	Discipline
Purpose	Instill Fear to Prevent Behavior in the Future	Corrective Learning Experience
Attitude of Parent	Anger & Frustration	Love & Concern
Emotional Outcome on Child	Fear, Guilt, Shame	Security & Responsibility

9

Activity

Positive Parenting Scenarios

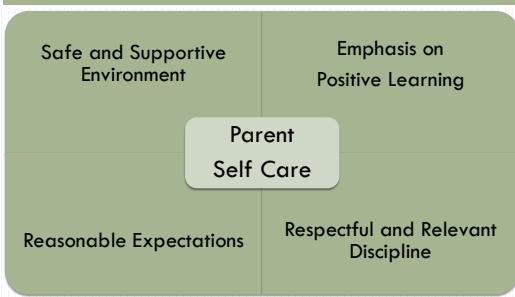
Managing Emotional & Behavioral Needs

10

Praise	Grounding	Affection	Behavior Charts	Yelling
When/Then	Modifying Environments	Spanking	Time In/ Time Out	Natural Consequences
Removing Privileges	Quality Time	Family Meetings	Shaming	Rewards/Incentives
Negative Attention	Ask-Say-Do	Planned Ignoring	Redirection	Active Listening
Offering Choices	Modeling	Logical Consequences	Transitional Prompts	Calm Down Strategies

Principles of Positive Parenting

11



What to Expect from Positive Parenting

12

- Limit Testing
- Power Struggles
- Crisis before Recovery
- Long Term Outcomes

13

Activity

Common Child & Adolescent Diagnoses

Judicial Authorization

- Judicial Authorization is required prior to administering psychotropic medications
- Implemented as a statewide improvement plan to monitor and ensure safe administration to children/youth in care
- Authorization is obtained through the completion of a Psychotropic Medication Protocol Application JV 220

Consent for Medication Treatment

- Consent to the use of psychotropic medications is required by state law
- Prescribing physicians are required to discuss the risk and benefits of: the proposed medication, alternative treatments, and/or non-treatment
- Authority to consent for children/youth in care is case specific ranging from:
 - Bio Parent(s)
 - Child Welfare Agency
 - Courts
 - Guardian at Litem
 - Non-Minor Dependent (18 years or older)

Assent for Medication Treatment

- Assent refers to the process of obtaining agreement from the child/youth regarding their medication treatment plan
- Similar to consent this involves a child/youth understanding what medication is being prescribed, how it is expected to help them, and how it might make them think, feel and/or act
- Assent is designed to ensure a child/youth has an active role in their treatment plan

Role of Resource Family with Psychotropic Medication Administration

- Seek or obtain knowledge on prescribed medication
- Administer medication only as prescribed
- Provide safe storage of all medications
- Ensure that the child/youth takes the medication
- Monitor for side effects and/or improvements
- Attendance and advocacy at scheduled medication management appointments
- Obtain timely refills to ensure no gaps in medication treatment

Next Time...

18

- Types of Childhood Trauma
- Traumatic Stress Response Cycle
- Understanding Trauma Triggers
- Daily Impact of Trauma Exposure
