



## Success with EOPS! Graduation and Transfer



This past May 2016 we recognized our students for graduating and/or transferring. We are very proud and honored to be a part of our students' success!

**185 Success Stories!**

**46 Transfer**

**139 Total Certificates & Degrees**

26 Certificates

113 Associates Degrees



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### Office Hours:

Monday & Thursday

8am-4:30pm

Tuesday & Wednesday

8am-7pm

Friday 8am-12pm

(650) 306-3300

caneops@smccd.edu

facebook.com/canada.eops

## EOPS Progress Reports

**Please submit EOPS Progress Reports by: Friday, October 14, 2016!**

- ◆ Progress Reports were mailed out the week of September 19th.
- ◆ Give instructors time to complete the form.
- ◆ Progress Report forms are required for all classes.

## Priority Registration

Eligible EOPS/CARE/CalWORKs/FYSI students have priority registration for Spring 2017 on November 2, 2016. Take advantage of this great benefit and register for the classes that you need! We will be offering EOPS Drop-In Counseling and assistance with registration. Stop by the Transfer Center on November 2nd and 3rd.

Refreshments will also be served!





# *EOPS Counseling Appointment Guidelines*



**FALL 2016**

Please complete each of the 3 required counseling contacts by the stated deadline:

**1st Contact: Aug. 17 – Sept. 23**

**2nd Contact: Sept. 26 – Oct. 28**

**3rd Contact: Oct. 31 – Dec. 2**

## *EOPS Group Counseling*



### **Time Management**

Wednesday, September 28th, 1pm-2pm Bldg. 9 Rm. 154 (CIETL)

Presented By: Lorraine Barrales-Ramirez

### **The “How To” of Career/Major Decision Making**

Thursday, October 13th, 1pm-2pm Bldg. 9 Rm. 154 (CIETL)

Presented By: Dega Teclerariam

### **UC TAGs & CSU ADTs**

Wednesday, October 26th, 1pm-2pm Bldg. 9 Rm. 154 (CIETL)

Presented By: Soraya Sohrabi

### **CSU & UC Applications**

Thursday, November 3rd, 1pm-2pm Bldg. 9 Rm. 154 (CIETL)

Presented By: Soraya Sohrabi

### **Scholarship Personal Statements**

Thursday, November 17th, 1pm-2pm Bldg. 9 Rm. 154 (CIETL)

Presented By: Lorraine Barrales-Ramirez



## *EOPS Drop In Counseling*

**Mondays 12pm—1:30pm & Tuesdays 12pm-1 pm**



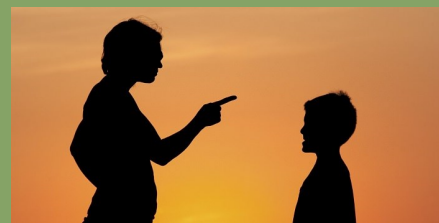
## CARE/CalWORKs Workshops

### What To Do When Children Lie: How To Raise Honest, Responsible Children

**Presenter: Susan Belton**

**Friday, Sept. 16th, 12pm-1:30pm**

**Bldg. 3 Rm. 104**



### Finding The Light Within

**Presenter: Pablo Gonzales**

**Friday, October 21st, 12:00pm-1:30pm**

**Bldg. 3 Rm. 104**

### CalFIT

**Presenter: C.J. Jones**

**Friday, December 9th**

**12pm-1:30pm**

**Bldg. 3 Rm. 104**



## CARE & CalWORKs Support Group Meetings

### *Staying Connected With Your Children*

#### *and Holiday Resources*

Friday, Sept. 30th, 12pm-1:30pm

Bldg. 3 Rm. 104

### *Managing and Coping With Stressors*

Friday, Oct. 7th, 12pm-1:30pm

Bldg. 13 Rm. 110

### *The Importance Of Self Care*

Friday, Nov. 4th, 12pm-1:30pm

Bldg. 13 Rm. 110

### *Inter-Semester Activity Ideas*

Friday, Dec. 2nd, 12pm-1:30pm

Bldg. 13 Rm. 110

# EOPS Student Club

## EOPS Student Club Upcoming Meetings

- Thursday, October 27th
- Thursday, November 3rd
- Thursday, November 17th
- Thursday, December 1

All students are welcome! Please consider participating in the club's activities and fundraising events!!



*We are very excited to have our  
NEW EOPS Club Officers:*

- |                        |                  |
|------------------------|------------------|
| <b>Cristhel Gomez</b>  | <b>President</b> |
| <b>Mario Chavac</b>    | <b>Treasurer</b> |
| <b>Benita Kayembe</b>  | <b>Secretary</b> |
| <b>Dulce Alvarado</b>  | <b>ICC Rep</b>   |
| <b>Shayenne Walker</b> | <b>ICC Rep</b>   |



# University Visits

Find your Future



September **25** | **San Francisco Exploratorium**  
9am-6pm | Latino Engineering Day

October **08** | **CSU Monterey Bay**  
8:30am-5pm | Preview Day

October **14** | **UC Berkeley**  
7am | Engineering Day

October **15** | **Cal State East Bay**  
8am-3pm | Preview Day

October **22** | **UC Merced**  
6:30am-6:30pm | Preview Day

October **28** | **Cal Poly/ San Luis Obispo**  
6am-7pm | Preview Day

November **04** | **UC Davis**  
6:45am-6:30pm | STEM Day

November **05** | **San Jose State**  
8am-2pm | Preview Day | Engineering



## *Student Success Stories*

My life in a nutshell

By Lorena Ruiz

Growing up as a first generation college student has not always been easy, but I feel that if it wasn't for my journey on the educational roller-coaster I would not have appreciated where I am today. I'm not the fastest learner and having learning disabilities has not made it smooth. Who would have thought that a student such as myself with learning disabilities would be able to graduate from a community college and move on to a university. In fact, I believe that Cañada College has molded me to who I am as an individual today. Cañada College for me will always be home, as I feel that it was by far the best decision I have made. Thanks to all the faculty and staff that was there to support me, motivate, and encourage me I feel blessed. EOPS was one of many programs that I was a part of, helped guide me in the right direction making sure that I was on top of my units to transfer, as well as to have check-ins to make sure that my grades were acceptable. Some of the obstacles that I had to overcome for me as an individual at times it felt impossible, but with all the support and help that I received made my time at Cañada very pleasant and welcoming. I am proud to say that I am currently on my last year at California State University East Bay expected to graduate in Spring of 2017 with a Bachelor's Degree in Human Development. From the bottom of my heart thank you Cañada College.



*Lorena Ruiz*

*Alumni Class of 2013*



*Paula Garcia*

*Alumni Class of 2014*

As someone who never graduated high school, I always believed that obtaining an education was not for me. I grew up as an immigrant from Guatemala raised in Redwood City by a single mother. My life was mapped out to become a lifetime minimum wage laborer. But after becoming a mother of three, I realized that the only way I was going to get a good paying job, to support my family, was to obtain an education.

Although I had not been in school for over 10 years, I decided to pursue an accounting degree in 2011. I began by attending Berkeley City College for a year before transferring to Cañada in 2012.

Upon beginning my studies at Cañada, I stumbled across the EOPS program. Throughout my two years at Cañada, they provided me with unlimited moral support and guidance. The program manager, support staff and my counselor helped me achieve my educational goals as well as gave me a place I could turn to if I ever felt like I needed someone to talk to. I also felt more comfortable pursuing my educational choices once I would speak to my counselor.

After graduating from Cañada in 2014, I transferred to Menlo College where I graduated with a BS in Accounting this past May. I am currently awaiting to start my position as a staff auditor at a public accounting firm, Moss Adams, in November. Until then I am dedicating my time to being a mother and studying for the CPA, an exam accounting licensing test. You may find me in the library from time to time, feel free to say hi!

I encourage all of you to pursue your dreams no matter what obstacles may get in your way. Although it's a cliché saying, it's true. I should have been another statistic just like many people that I know, but I chose to be different. I hope I can inspire you to do the same.

## Financial Aid News

Students and parents can now file the FAFSA and California Dream Act Application earlier. With the new cycle, the 2017-2018 FAFSA & Dream Act Application is now available as of October 1, 2016, rather than January 1, of 2017. Students can use their 2015 income tax information. Watch out for special FAFSA Tuesday and Dream Act Wednesday application workshops to get help.

**If you are a financial aid recipient and are still receiving paper checks, you can sign up for direct deposit to your bank account or for a Money Network disbursement card. Visit the financial aid web site for more information**  
<http://canadacollege.edu/financialaid/myfunds.php>.

### CalWORKs Scholarship - "Portraits of Success"

If you are a CalWORKs student with a GPA of 2.00, you're invited to apply for the CalWORKs Scholarship "Portraits of Success". *Portraits of Success* is a publication of the CalWORKs Association designed to recognize the outstanding achievements of CalWORKs students as they overcome life's challenges.

If you are interested, please contact Sarah Aranyakul, CalWORKs Counselor and Coordinator  
[aranyakuls@smccd.edu](mailto:aranyakuls@smccd.edu) or 650-381-3529

### *Fall 2016 Important Dates*

October 12	FLEX DAY (NO CLASSES)
October 14	Last day to submit EOPS Progress Reports
October 28	Last day to fulfill 2nd EOPS Counseling Appointment
October 31	Last day to file petitions in Admissions & Records for Degrees and Certificates
<b>November 1</b>	<b>Cañada Scholarships Application opens for 2016-2017</b>
November 2	EOPS Priority Registration
November 11	Veterans Day (HOLIDAY)
November 16	Last day to WITHDRAW from semester length courses with a "W"
November 24	Thanksgiving (HOLIDAY)
November 25-27	Declared Recess
November 30	Deadline to submit CSU & UC Applications
December 2	Last day to fulfill 3rd EOPS Counseling Appointment
December 11-17	Final Exams
<b>December 16</b>	<b>EOPS Status Letters go out to students</b>
December 17	Day and Evening Classes End
December 23-31	& January 1, 2 Winter Recess
January 3	EOPS Office REOPENS
January 4	Fall 2016 Grades available on Websmart

### EOPS/CARE/CalWORKs/ FYSI TEAM

Lizette Bricker  
Interim Dean of Counseling

Lorraine Barrales-Ramirez  
EOPS/CARE/FYSI Counselor &  
Coordinator

Sarah Aranyakul  
EOPS/CalWORKs Counselor &  
CalWORKs Coordinator

José Romero  
EOPS/CARE/CalWORKs/FYSI  
Program Services Coordinator

Cindy Mata  
EOPS Counselor

Dega Teclerariam  
EOPS Counselor

Jessica Boyle  
EOPS/CARE/FYSI  
Retention Specialist

Claudia Dorantes  
EOPS/CARE/CalWORKs/FYSI  
Office Assistant

Peter Tam  
Accounting Technician

Mayra Arellano  
College Recruiter

