



IDST 150

Honors Research Seminar



Benefits of Enrolling in IDST 150

- ✓ Get support to finish a quality honors project for an honors contract or get support with a research paper for an honors class.
- ✓ Compliment the support from honors contract or honors professor
- ✓ Be guided on each step of the research and writing process
- ✓ Gain strategies for an efficient, effective, and enjoyable research and writing process
- ✓ Learn strategies for maintaining your motivation and balancing your commitments
- ✓ Beat procrastination!
- ✓ Participate in a student cohort exchanging ideas and keeping each other accountable
- ✓ Prepare to present at the Cañada College Honors Research Showcase and Bay Area Honors Consortium (BHC)
- ✓ Earn 1 unit of honors credit upon finishing IDST 150



IDST 150 Details

- ✓ Meets Every Other Wednesday: 3:10-5pm Online via Zoom or
- ✓ Asynchronous modality offered
- ✓ Has eight sessions ([See websmart](#) for dates)



Cañada College

Questions?

Contact

Rebekah Sidman-Taveau

Honors Program Coordinator



taveaur@smccd.edu



650-381-3547



Bldg. 03-235 or via zoom



<https://calendly.com/taveaur>



Honors Transfer Program Website

<https://canadacollege.edu/honorsprogram/index.php>