

August 2025

Honors Student Newsletter



Honors Recognition 2025



Stay Connected!

For updates, events, student spotlights, and tips:

☞ Follow us on instagram

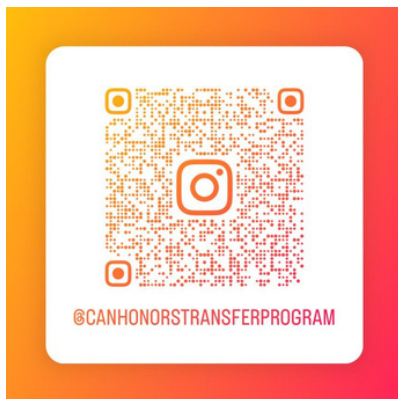
@CanHonorsTransferProgram

☞ Join the Honors Canvas Shell

<https://smccd.instructure.com/>

☞ See the program website:

<https://canadacollege.edu/honorsprogram/>



Questions?



- Honors Counselor Daryan Chan
 - chanry@smccd.edu
- Honors Coordinator Rebekah Taveau
 - <https://calendly.com/taveaur>
- Honors Ambassador Nathan Tam
 - tamn1@my.smccd.edu

Contact Information



Rebekah Taveau
Honors
Coordinator

Tel. (650) 381-3547

Email: taveaur@smccd.edu

Office: Bldg. 3 rm 235

Office Hours

- Drop in M: 2-4pm
- M-F by appointment:

<https://calendly.com/taveaur>



Honors
Counselor
Daryan Chan

Tel. 650-877-2698

Email: chanry@smccd.edu

Office Hours

- Mondays: 12pm-6pm
- Tuesdays: 12pm-6pm
- Wednesdays: 12:30pm-6:30pm

Meet our new

Honors Counselor



DARYAN'S OFFICE HOURS!

**Monday, Tuesday and
Wednesday**

12 pm to 7 pm

CONTACT



Daryan Chan



chanry@smccd.edu



**Cañada College
Counseling Division**

Counselor

Daryan Chan

Before joining Cañada in 2015, Daryan counseled, taught, and worked at a variety of colleges, including Skyline College, San Francisco State University, University of California, Los Angeles (UCLA), College of San Mateo, and City College of San Francisco.

He earned his M.Ed. from the University of California, Los Angeles. His counseling and teaching interests concern the social dimensions of career planning and educational attainment, with an emphasis on the relationship between education and social upward mobility.

Recurring topics that appear in Daryan's classes include the social and political implications of higher education, the importance of self-awareness and self-assessment in career satisfaction, and the connection between individual achievement and community involvement.

Daryan believes that contributing to the community that fosters your achievement is fundamental to life satisfaction. He looks forward to working with all of you as a part of the Honors Transfer Program.

Honors Student Ambassadors



Nathan Tam

Honors Student Ambassador

Tel.: 650-699-2593

Email: tamn1@my.smccd.edu

**Office Hours: Tuesday and
Thursday, 3-4 PM**

Building 9 room 106

Nathan Tam is a Concurrent Student at Cañada College. This is his third year in the Honors Transfer Program and his first as an Honors Ambassador. He is grateful for the opportunities HTP has given him to grow both academically and personally. This summer, Nathan earned six associate degrees and is continuing to pursue one more. Through the program, he has also presented his research at both at the Bay Honors Consortium and the Western Regional Honors Council in April this year, experiences that have deepened his passion for learning and sharing knowledge. Nathan looks forward to meeting fellow students and hearing the amazing ideas they bring to the community.

Honors Student Ambassadors



Honors Student Ambassador

Starting Soon!

Stay tuned for contact
information and hours

Andréia Morais

Hello, my name is Andréia Morais, and I am currently studying Business at Cañada College and College of San Mateo. I am passionate about entrepreneurship, leadership, and creating opportunities that bring people together. As an Honors Program Ambassador, I am excited to support and inspire other students to make the most of the program. My long-term goal is to transfer to a four-year university and continue developing both my academic journey and community involvement. Please don't hesitate to reach out if you need support or have questions about HTP.

Propose an Honors Contract

Earn Honors units in any transferable course by doing an Honors Contract

1. Read the guidelines for Honors Contracts at the [HTP website](#).
2. Ask a professor whose class you are in if they would consider being your Honors Contract Professor (Taking IDST 150 helps/is required for HTP*).
3. Follow the guidelines on the [website](#) to do [Step 1: Honors Research Proposal](#) and get your professor's feedback.
4. Revise and refine the proposal until your professor approves it.
5. [Submit your proposal to the HTP website](#) by Oct. 1.
6. Work throughout the semester on your Honors research project until your professor agrees you are finished.
7. Submit your "[Step 2: Completion Form](#)" by Dec. 8.
8. Make sure your professor responds to the emailed request to approve. Then the Honors Coordinator will notify Admissions & Records to give you Honors credit

***Play 1-min IDST 150 Honors Research Seminar Video**





IDST 150

Honors Research Seminar



Benefits of Enrolling in IDST 150

- ✓ Get support finishing a quality honors project for an Honors Contract or with a research paper for an Honors Class
- ✓ Complement the support from honors contract or honors professor
- ✓ Be guided on each step of the research and writing process
- ✓ Gain strategies for efficient, effective, and enjoyable research and writing
- ✓ Learn strategies for maintaining motivation and balancing commitments
- ✓ Beat procrastination!
- ✓ Participate in a student cohort exchanging ideas and keeping each other accountable
- ✓ Prepare to present at the Cañada College Honors Research Showcase and Bay Area Honors Consortium (BHC)
- ✓ Earn 1 unit of honors credit upon finishing IDST 150



IDST 150 Details

Wed. Sept. 3- Dec. 10

✓ ✓ ✓

Meets Every Other Wednesday: 3:10-5 pm

In Person or Synchronous via Zoom

Has eight sessions ([See WebSMART](#) for dates)



Questions?

Contact

Rebekah Sidman-Taveau



taveaur@smccd.edu



65 0-38 1-35 47



Bldg. 03-235 or via zoom



<https://calendly.com/taveaur>



Honors Transfer Program Website

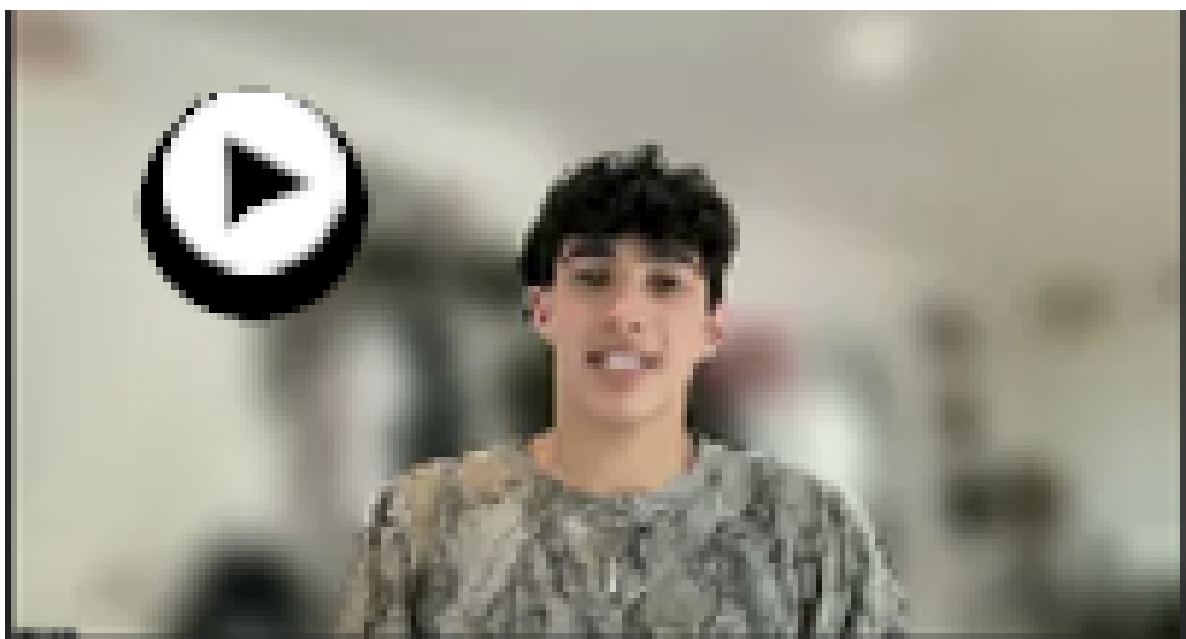
<https://ca.nad.ac.ol.leg.e.edu/honorsprogram/index.php>

IDST 150 Honors Research Seminar

Watch 1-Min. Student Video Testimonials



Blake Mathews, transferring to Columbia University fall 2026



Arya Shadan, transferred to Stanford University fall 2024

Research this fall. Apply in March to
present at Cañada in mid-April.



Honors Research Showcase



Research this fall. Apply in Jan. to
present at WRHC April 23-25.

Western Regional Honors Council Conference (WRHC)



Research this fall. Apply in Feb. to
present at Stanford Univ. in late April.

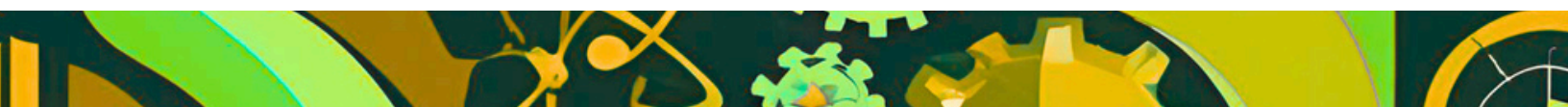


BHC – Bay Honors Consortium

The Bay Honors Consortium (BHC) hosts the annual Honors Research Symposium. The 2026 symposium takes place at Stanford University.



14th annual community college
honors research symposium
uc berkeley
april 26, 2025
bayhonors.org/symposium





FALL 2025 HONORS TRANSFER WORKSHOP



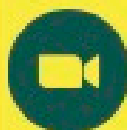
Wednesday, October 22



2:30-4:30 pm



Building 13, Room 330



Also Available via Zoom:

Meeting ID:

816 8681 5647

Passcode: Honors

Zoom: Access via QR



**2:30-4:00 pm
Information Session**

**4:00-4:30 pm
Refreshments &
Q & A**

**All Honors Transfer
Program Students
and Prospective
Students Welcome!**

Come Learn About:

- ▶ Honors Transfer Program Criteria
- ▶ Exciting Priority Transfer Agreements
- ▶ Transfer Benefits and Opportunities.



Questions?

Contact

Rebekah Sidman-Taveau

Honors Program Coordinator



taveaun@smccd.edu



(650) 381-3547



Bldg. 03-235 or via zoom



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