

Program  
Review  
New Position  
Request  
Presentation

Dr. Wong, MD; Marcos Chacon Jr., LMFT



# Full-Time Office Assistant

**Requesting  
allocation for  
½ a position**

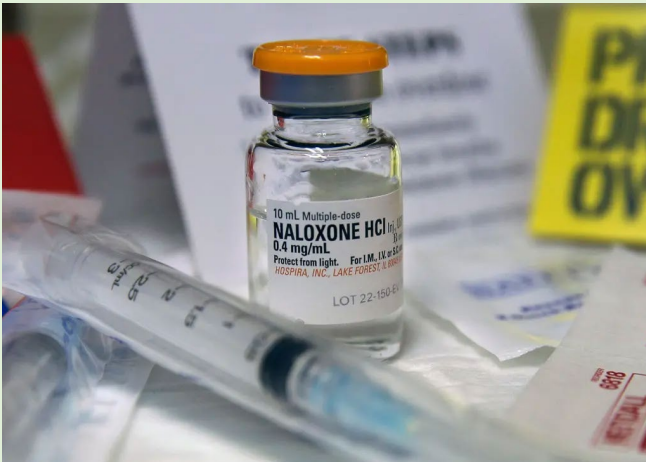


**The difference to  
fund this position  
will be through the  
ongoing Mental  
Health Grant**

# This full-time OAll position supports:

## **Senate Bill 367**

Requires community college Health Centers to distribute dosages of a federally approved opioid overdose reversal medication.



## **Senate Bill 893**

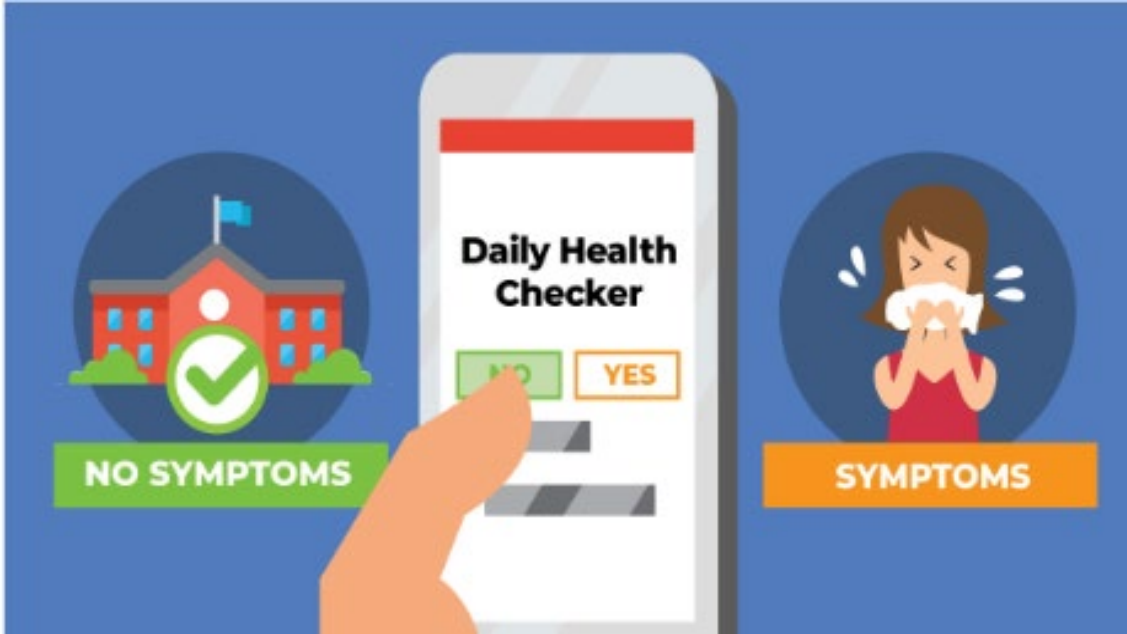
Promotes student basic needs at San Mateo County Community College District, which includes healthcare.

## **The 2022-2027 Educational Master Plan Strategic Initiative Goal 1.2**

Ensure adequate services are available in the evenings



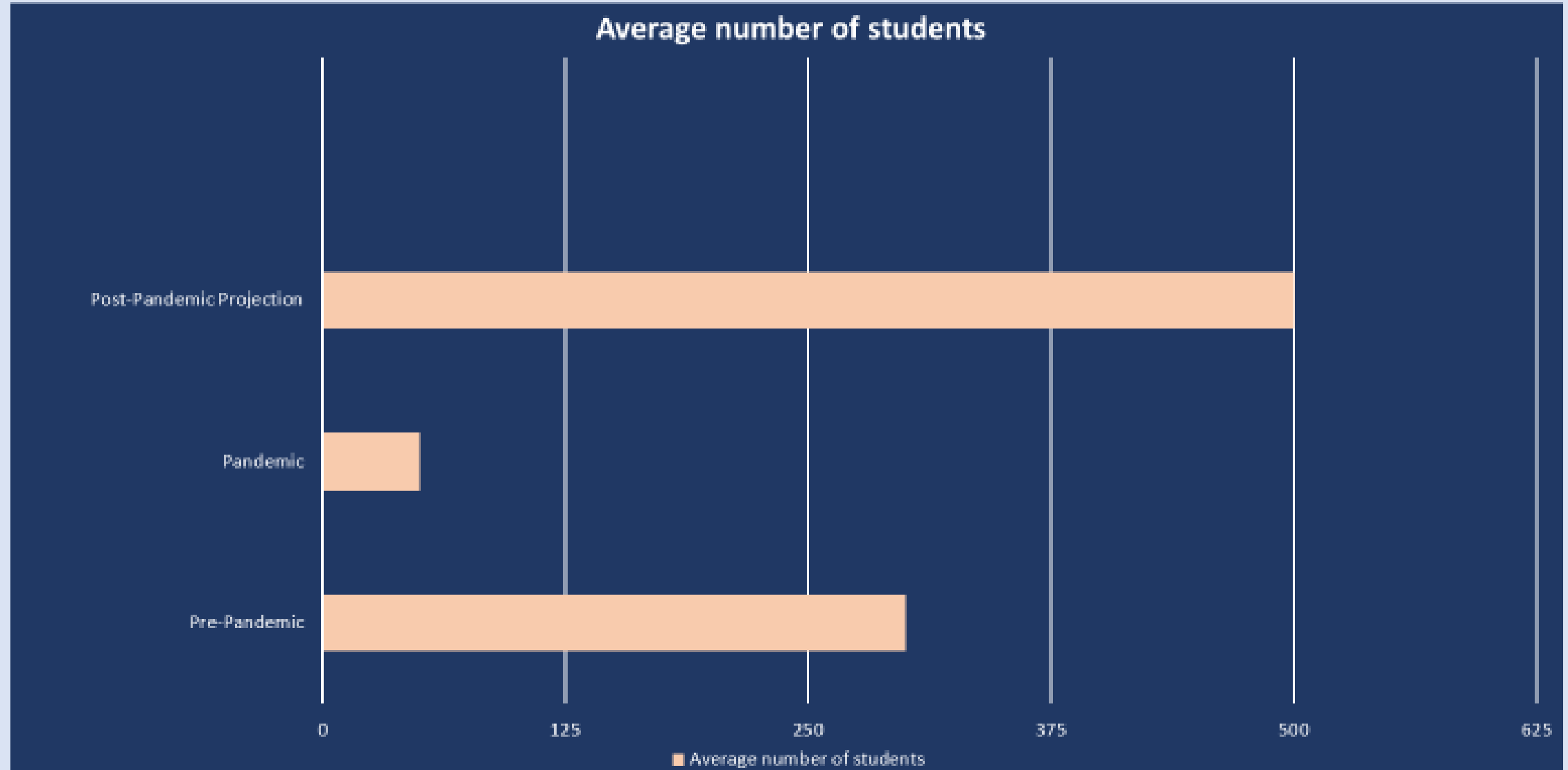
# DATA THAT SUPPORTS THE NEED FOR THIS POSITION



## August 17 to November 10th:

- We have received over 255 in-person visitors that the Health Center office assistant has had to screen.
- Over 100 PCC interest forms and referrals needed to be processed.

# Health Center Data





# Our Current Achievements



## PERSONAL COUNSELING CENTER

- Increased the number of bi-lingual therapists
- Had over 300 students attending Personal Counseling events last fiscal year

## HEALTH CENTER

- is now a MEDI-CAL facility
- is a Family PACT certified site
- offers Gender affirming services

# What we'd do if we get a full-time office assistant

- Create a triage so that the front desk can perform an initial screening evaluation and give priority appointments for urgent cases.
- Offer more in person therapy appointments every day of the week and a couple of evenings
- Process paperwork and file in a timely manner.
- Reduce longer wait times for scheduling students.



# But we also currently have struggles

- PCC has never had an office assistant dedicated to them for more than 5% of the DRC Office Assistant's time.
- Personal counselors and nurses have to schedule their own appointments and doing clerical duties, which takes time away from seeing students.
- There is no one at the front desk to implement a triage for the PCC like our sister colleges
- The Health Center's Office Assistant is only a part-time employee, so the Health Center front office closes at 1:30pm, Mon - Thurs.
- The Health Center and PCC cannot be open on Fridays because there is no one to work at the front desk on Fridays.





# If a Full-Time Office Assistant Position is NOT filled...

## The Health Center and Personal Counseling Center:

- Will not be able to be open every day.
- Will not have a point person in the office who can keep the student safe until a healthcare professional can come to the front of the office.
- Will not be able to schedule students in a timely manner.
- Staffing will not be in compliance with state laws, which puts us at risk for lawsuits (SB367, Medi-Cal)
- We cannot offer Family PACT services, which means students will have to pay out of pocket for certain treatments/procedures.
- We will have to continue relying on Public Safety to come assist students when the front office is closed.
- Nurses and therapists will continue to cover the front desk, which means they will have less time for one-on-one appointments with students.



IUD = \$1310



Nexplanon = \$1010



STI testing =  
\$80-379



“When health is absent, wisdom cannot reveal itself, art cannot manifest, strength cannot fight, wealth becomes useless, and intelligence cannot be applied.” - Herophilus



# Cañada College

PERSONAL COUNSELING CENTER (PCC)

**Resource Request 2022**

## Full-Time Personal Counselor

Presenters:  
Marcos Chacon Jr.  
Bettina Lee



# 2nd Full-Time Personal Counselor Position Supports:

## **College Goal 1.14**

Strengthen and scale student affinity programs and other student support programs

## **College Goal 4.13**

Advocate for the District to allocate sufficient resources needed to grow innovations in new as well as existing academic and support programs.

## **College Goal 1.2**

Ensure adequate services are available in the evenings

## **Senate Bill 893**

Promotes access to affordable healthcare, which includes personal counseling services.

# Funding

- 50% from Mental Health Grant
- 50% from Health Center Funds



## DATA SUPPORTS OUR REQUEST

Semester	# of Clients
Fall 2019	28
Spring 2020	54
Fall 2020	53
Spring 2021	70
Spring 2022	95
Fall 2022 as of November 2022	132





# ACHIEVEMENTS for 2021-2022 School Year



- Hired 2 bi-lingual interns
- Hosted over 5 events and numerous trainings, attended by over 300 participants
- Offered group sessions
- Demand for more presentations have grown
- Our partnerships have grown with:
  - NDNU
  - San Francisco State University
  - County of Mental Health
  - CORA

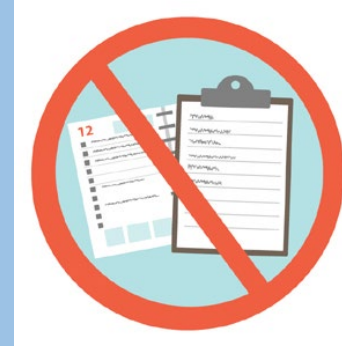
# What we'd do if we get a 2nd full-time Personal Counselor:



Offer drop ins



Offer therapy sessions every day  
Offer therapy sessions in the evenings



Implement a no waitlist policy



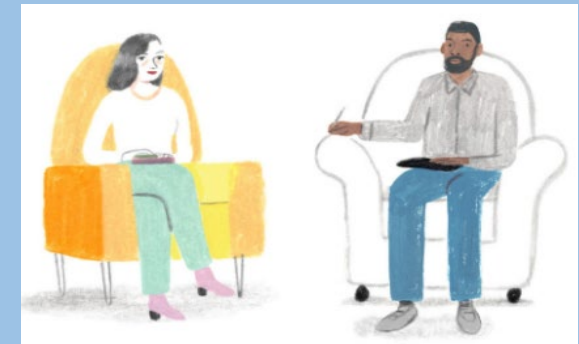
Offer more frequent and longer therapy sessions



Start special programs



Justice  
R elated  
S tudents



Align with our sister colleges who all have 2 full-time personal counselors plus their own office assistant

**BUT here is what we are struggling with right now:**

IT'S A CANDIDATE'S MARKET OUT THERE  
**ARE YOU READY TO COMPETE?**

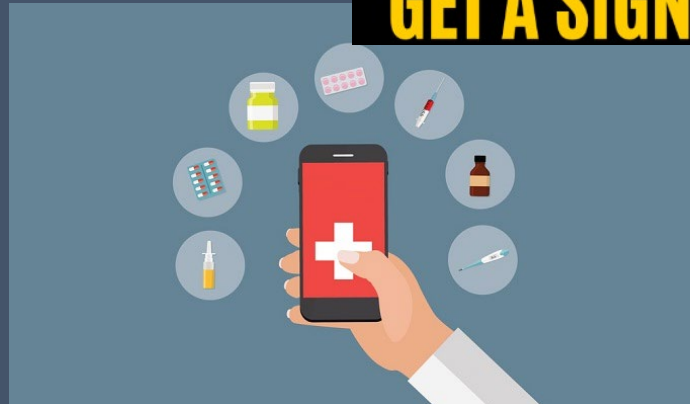


**More and more students  
are requesting in-person  
therapy sessions.**

**BUT we cannot find  
licensed therapists  
who are willing to  
accept adjunct  
positions.**



**GET A SIGNING BONUS**



## If a 2nd full-time personal counselor position is NOT filled...

- Wait time for students to see a personal counselor will remain one month or longer
- Therapy sessions will be shorter and less often
- Drop in hours will not be offered
- In person appointments on Fridays and evenings will not be offered
- Personal counselors will continue to manage the front desk and do clerical duties, which takes away from more one-on-one appointments with students.
- We will not be prepared for future mental health needs





