

# Justification for the Hire of a Part-Time Assistant Athletic Trainer

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# Why?

- ▶ To meet the needs of the growth of the Athletics Department and better serve the student-athletes of Cañada College
- ▶ Building 1 renovations
- ▶ Addition of a new sport
- ▶ Participation in the non-traditional season of sport

# Background Info

- ▶ Athletic Trainer duties
  - ▶ Emergency Response - injury evaluation and treatment, infection control, practice and game medical coverage
  - ▶ Preventative Care - baseline concussion testing, pre-participation physicals, athlete education
  - ▶ Rehabilitation Services - physical therapy
  - ▶ Administrative Responsibilities - creating emergency action plans and standing operating procedures, injury documentation, insurance claims, physician referrals, supply order and budget management
- ▶ California Community College Athletic Association
  - ▶ Bylaw 9 - Medical Policies
  - ▶ Bylaw 3 - Contests and Seasons of Sport

# With Only 1 ATC on Staff...

## Increase in # of Athletes Served

Year	Total Athletes (In-season)
2006-07	130
2007-08	117
2008-09	110
2009-10	128
2010-11	140
2011-12	142
2012-13	134
2013-14	153

## Increase in Comp Time Totals

Year	Total Hours Accrued
2006-07	292
2007-08	96
2008-09	184.5
2009-10	153
2010-11	193.5
2011-12	216.5
2012-13	300
2013-14	329

# Growth & Development of Athletics

- ▶ Student-athletes - serving a population of the college that has higher than average graduation and transfer rates
  - ▶ Training and working to better themselves all year round - currently have no medical support during their offseason conditioning classes and non-traditional seasons
- ▶ Building 1 renovations - teams moving off-campus for estimated 1.5 years
  - ▶ Still require medical coverage
  - ▶ Conflicts in game scheduled in close time proximity
- ▶ Anticipated addition of a new sport - increases number of athletes to be served
- ▶ Updates in medical coverage legislation - non-traditional seasons

# Non-Traditional Season Participation

- ▶ Bylaw 3 (Contests and Seasons of Sport) of CCCAA Constitution establishes “TRADITIONAL” and “NON-TRADITIONAL” seasons of sport
- ▶ CCCAA: Bylaw 9 applies to all sanctioned CCCAA contests including traditional season games, traditional season scrimmages, AND non-traditional season scrimmages - additional 21 scrimmages played
- ▶ Represents a legal duty for ATC to be present at defined events
- ▶ Currently we are treating out-of-season teams as fitness classes and sending all injuries through the insurance process via the Health Center
  - ▶ Increase in medical costs and insurance premiums on injuries that could be handled in-house

# Recommendations from CCCATA

## Proper Care for Athletes by Size of Programs

- 1.5 AT'S      **Small-**Athletics Programs-  
                         < 75 participants      (1-5 teams)
- 2-2.5      **Medium-** Athletics Programs-  
                         75-200 participants (5-12 teams).
- 2.5 TO 5      **Large-** Athletics Programs-  
                         > 200 participants      (12-20+teams).

**COMPETITORS** = Athletes recorded on Form 3

**PARTICIPANTS** = Form 3, red / grey shirts, cuts, quit etc.

**NOTE:**    1 ATC = one full time 12 month position,  
                 .5 = a half of full time position (ex. 20 hours per week)

# Conclusion

- ▶ Benefits of an additional staff member outweighs the additional salary:
  - ▶ Cost containment in medical bills and insurance premiums
  - ▶ Continuity of in-house care all year round
  - ▶ Compliance with intercollegiate athletics' governing body to avoid liability
- ▶ Our student-athletes are training off-season and in...we have a responsibility to provide adequate medical coverage