

Cañada College –AA-T/AS-T Degree Requirements

Graduation from Cañada College with the Associate in Arts for Transfer (AA-T) Degree or the Associate in Science for Transfer (AS-T) Degree is based on:

- Completion of minimum of 60 CSU-transferable semester units
- Minimum grade point average (GPA) of at least 2.0 in all CSU-transferable coursework. While a minimum of 2.0 is required for admission, some majors may require a higher GPA. Please consult with a counselor for more information.
- Completion of a minimum of 18 semester units in an “AA-T” or “AS-T” **major** as listed below and detailed in the Associate Degrees, Certificates, Transfer section of the college catalog. *All courses in the major must be completed with a grade of C or better or a “P” if the course is taken on a “pass-no pass” basis (title 5 § 55063).*
- Certified completion of the California State University General Education-Breadth pattern (CSU GE Breadth); OR the Intersegmental General Education Transfer Curriculum (IGETC) pattern

KINESIOLOGY

Associate in Arts Degree for Transfer (AA –T)

Core and Selective Requirements

Complete Core Courses, 15 units	Term Completed/In-Progress	Grade/In-Progress
<input type="checkbox"/> BIOL 250 Human Anatomy (4 Units)		
<input type="checkbox"/> BIOL 260 Human Physiology (5 Units)		
<input type="checkbox"/> KINE 101 Introduction to Kinesiology (3 Units)		

Movement Based Courses: Select a maximum of one course from any 3 of the following areas for a maximum of 3 units.

Area 1: Dance – All courses are 1 unit each

	Term Completed/In-Progress	Grade/In-Progress
<input type="checkbox"/> DANCE 121.1, 121.2, 121.3, 121.4 - Modern Dance I-IV		
<input type="checkbox"/> DANC 125.1, 125.2, 125.3, 125.4 - Salsa I-IV		
<input type="checkbox"/> DANC 130.1, 130.2, 130.3, 130.4 - Jazz Dance I-IV		
<input type="checkbox"/> DANC 140.1, 140.2, 140.3, 140.4 - Ballet I-IV		
<input type="checkbox"/> DANC 150.1, 150.2, 150.3, 150.4 – Hip Hop I-IV		
<input type="checkbox"/> DANC 151.1, 151.2, 151.3, 151.4 - Social Dance I-IV		
<input type="checkbox"/> DANC 220 - Dance Conditioning		
<input type="checkbox"/> DANC 400.1, 400.2, 400.3, 400.4 - Dance Production I-IV		
<input type="checkbox"/> DANC 115.1, 115.2, 115.3, 115.4- Mexican Folkloric Dance I-IV		

Area 2: Fitness - All courses are 1 unit each

	Term Completed/In-Progress	Grade/In-Progress
<input type="checkbox"/> FITN 112 - Cross Training		
<input type="checkbox"/> FITN 117 - Fitness Assessment & Conditioning		
<input type="checkbox"/> FITN 118 - Beginning Fitness Center		
<input type="checkbox"/> FITN 119 - Inter. Fitness Center		
<input type="checkbox"/> FITN 122 - Total Body Burn		
<input type="checkbox"/> FITN 128 - Get on the Ball Exercising		
<input type="checkbox"/> FITN 152 – Basketball Conditioning		
<input type="checkbox"/> FITN 153 - Soccer Conditioning		
<input type="checkbox"/> FITN 154 - Volleyball Conditioning		
<input type="checkbox"/> FITN 210 - Varsity Weight Conditioning		
<input type="checkbox"/> FITN 227.1, 227.2, 227.3, 227.4 – TRX Suspension Training I-IV		
<input type="checkbox"/> FITN 235 - Boot Camp		
<input type="checkbox"/> FITN 304.1, 304.2, 304.3, 304.4 - Walking Fitness I-IV		
<input type="checkbox"/> FITN 332.1, 332.2 - Flexibility and Stretching I		
<input type="checkbox"/> FITN 334.1, 334.2, 334.3, 334.4 - Yoga I-IV		
<input type="checkbox"/> FITN 335.1, 335.2, 335.3, 335.4 - Pilates I-IV		

<i>Area 3: Individual Sports - All courses are 1 unit each</i>	Term Completed/In-Progress	Grade/In-Progress
<input type="checkbox"/> INDV 160.1, 160.2, 160.3, 160.4 - Golf I-IV		
<input type="checkbox"/> INDV 251.1, 251.2, 251.3, 251.4 - Tennis I-IV		

<i>Area 4: Team Sports - All courses are 1 unit each</i>	Term Completed/In-Progress	Grade/In-Progress
<input type="checkbox"/> TEAM 105 - Advanced Baseball		
<input type="checkbox"/> TEAM 111.1, 111.2, 111.3, 111.4 - Basketball I-IV		
<input type="checkbox"/> Team 132.1, 132.2, 132.3, 132.4 – Flag Football I -IV		
<input type="checkbox"/> TEAM 141.1, 141.2, 141.3, 141.4 - Soccer I-IV		
<input type="checkbox"/> TEAM 148.1- 148.2, 148.3, 148.4 - Indoor Soccer		
<input type="checkbox"/> TEAM 171.1, 171.2, 171.3, 171.4 - Volleyball I-IV		
<input type="checkbox"/> TEAM 184 Soccer: Skill Development and Conditioning		
<input type="checkbox"/> TEAM 185 Expert Volleyball Training		
<input type="checkbox"/> TEAM 187 Tennis: Skill Development and Conditioning		

Selective Courses, choose a minimum of 6 units from the following:	Term Completed/In-Progress	Grade/In-Progress
<input type="checkbox"/> BIOL 130 - Human Biology (3 Units) AND		
<input type="checkbox"/> 132 - Human Biology Laboratory (1 Units)		
<input type="checkbox"/> CHEM 210 - General Chemistry I (5 Units) OR		
<input type="checkbox"/> CHEM 410 - Chemistry For Health Sciences (4 Units)		
<input type="checkbox"/> Math 200 – Elementary Probability and Statistics (4 units)		
<input type="checkbox"/> PHYS 210 – General Physics I (4 Units)		

Total Core/Selective Requirements: 21 Units

General Education Requirements:

- Certified Completion of CSU GE Breadth Pattern (34-39 Semester Units)

_____/_____
Units completed / Units in-progress

OR

- Certified Completion of IGETC Pattern (37 semester Units)

_____/_____
Units completed / Units in-progress

Elective: Transferable elective courses to total 60 units (if applicable).

Please note that awarding an AA-T/AS-T degree is pending the successful completion of all requirements listed above.